



ΕΛΛΗΝΙΚΗ ΝΕΦΡΟΛΟΓΙΚΗ ΕΤΑΙΡΕΙΑ
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ΝΕΦΡΟΛΟΓΙΑΣ

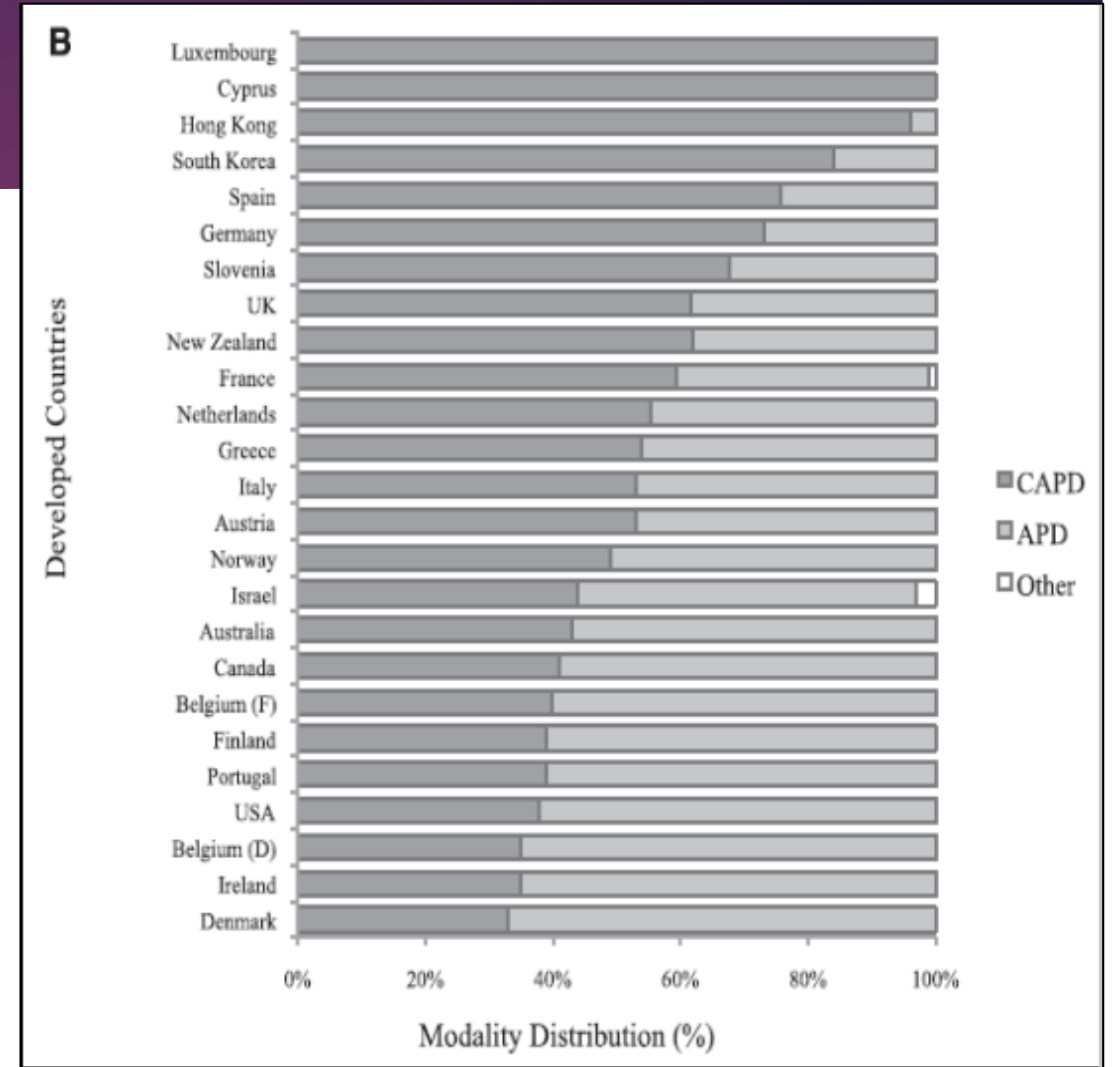
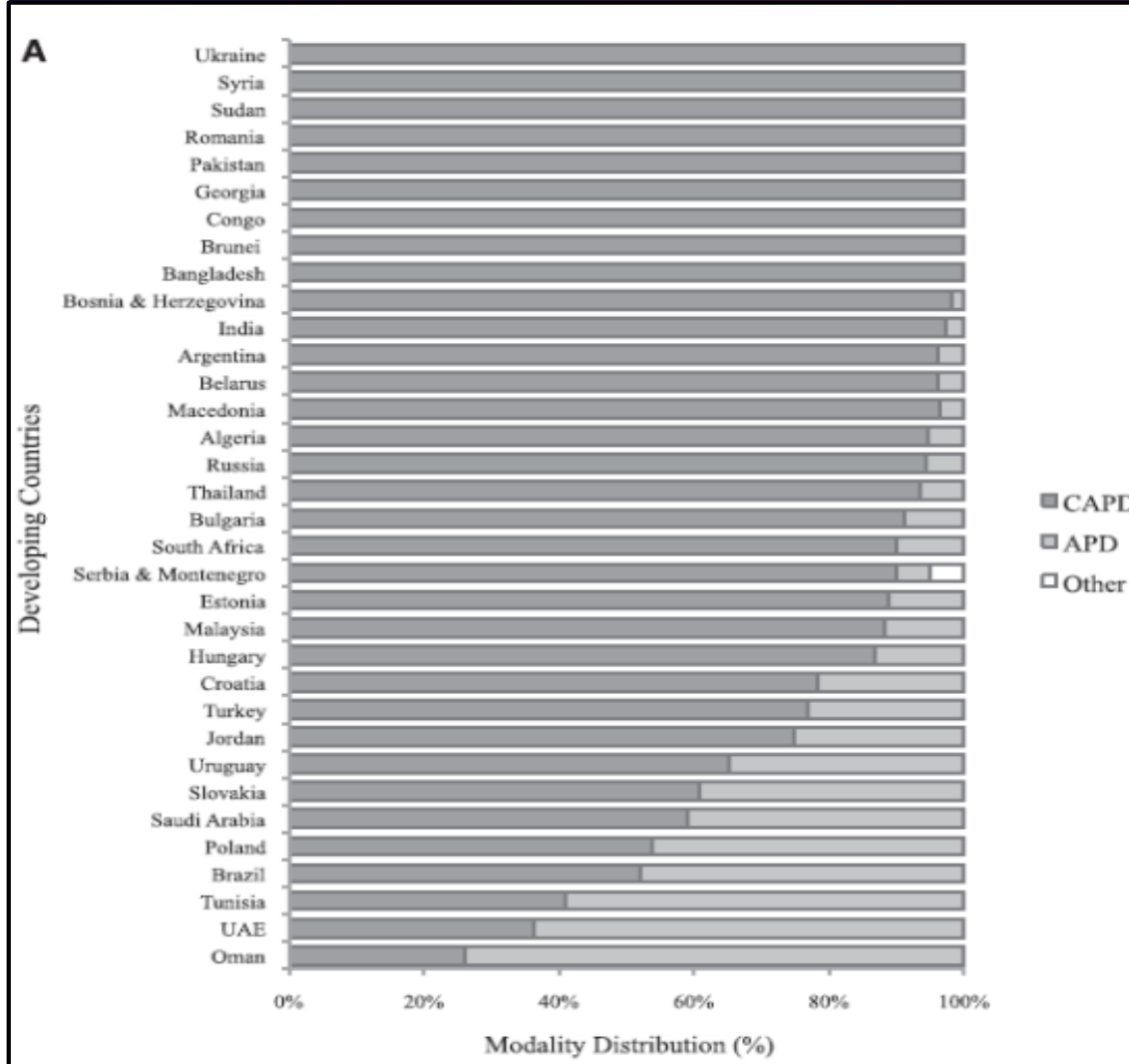
ΜΕΓΑΡΟ ΔΙΕΘΝΕΣ ΣΥΝΕΔΡΙΑΚΟ ΚΕΝΤΡΟ - ΑΘΗΝΑ



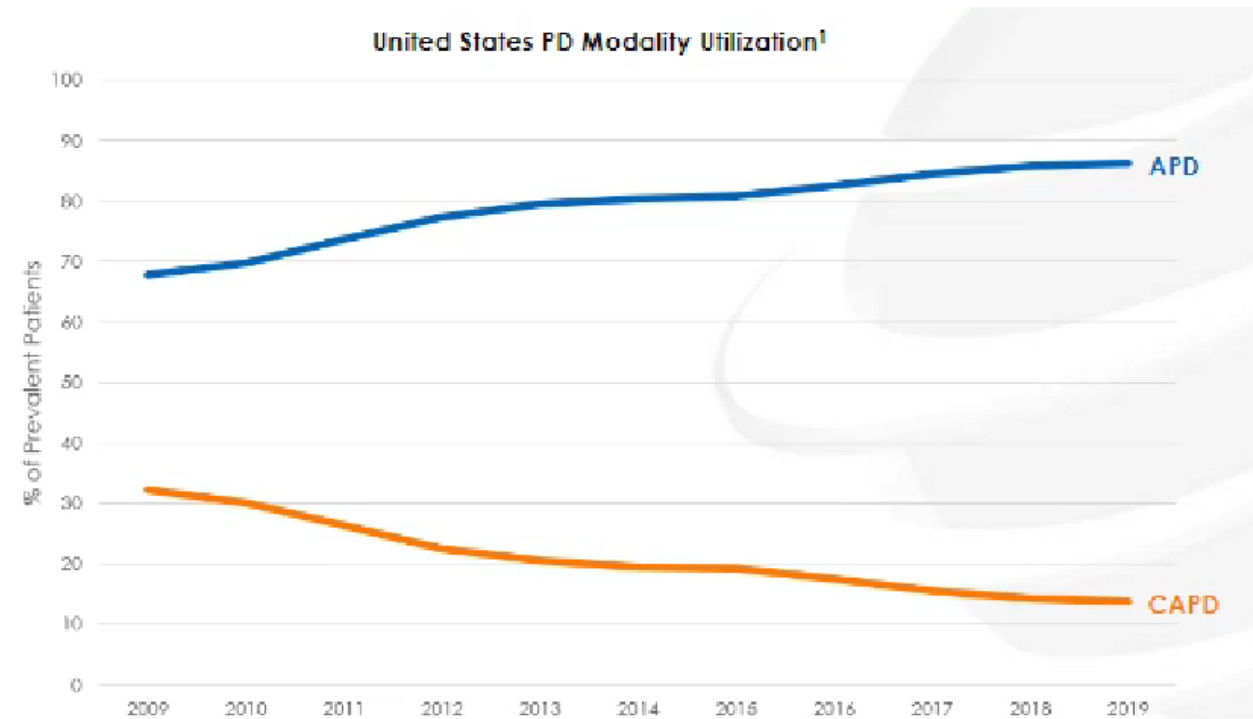
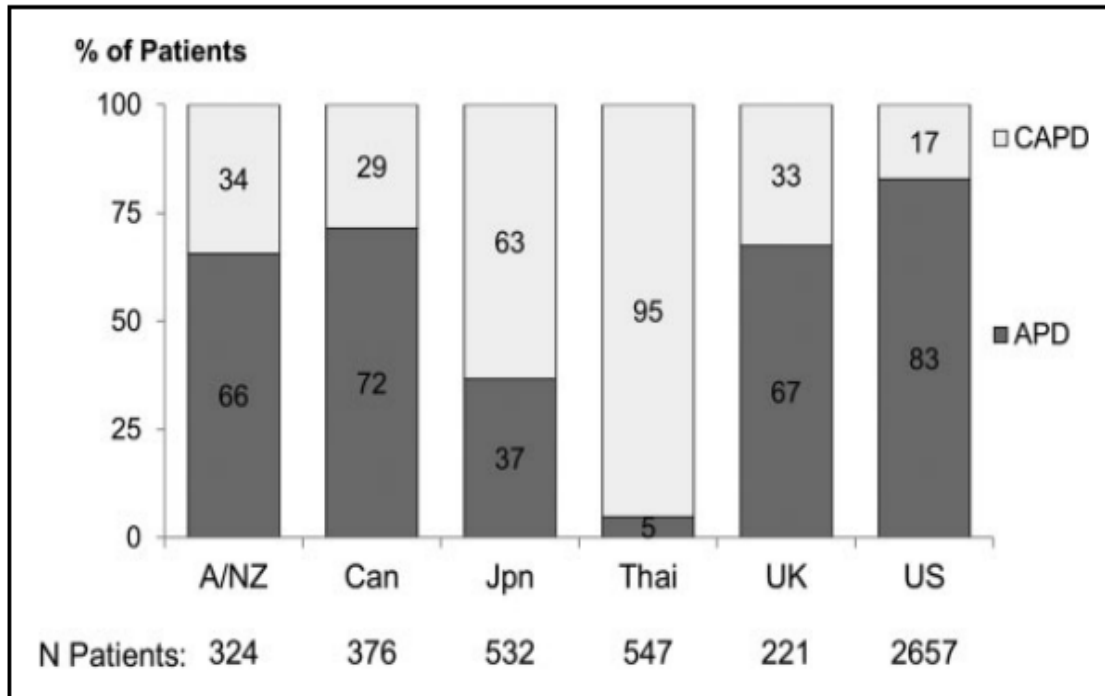
Αυτοματοποιημένη Περιτοναϊκή Κάθαρση: Πότε και για Ποιους

Βάϊος Βασίλειος
Επικουρικός Νεφρολόγος
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APD vs CAPD use



CAPD utilization is declining



APD is popular in the developed world

- The increased use of APD observed in the developed world is mainly driven **by patient's preference and better cyclers design**

Tang SCW and Lai KN, Nat Clin Pract Nephrol 2007

- APD has apparent lifestyle benefits but in the absence of strong data its increased use **is supported by technology rather than medical evidence**

Blake PG, Perit Dial Int 2006

Advantages/Disadvantages of APD

1. Patient/Technique survival
2. Volume status
3. Preservation of residual kidney function
4. Peritonitis
5. Mechanical complications
6. Phosphate removal
7. Quality of life
8. Employment
9. Special populations
10. Cost

1. Patient/Technique survival

▶ U.S.A (USRDS)

66,381 incident pts (1996-2004)

No difference in mortality and technique failure

Mehrotra R et al, Kidney Int 2009

▶ EUROPE (NECOSAD)

87 APD and 562 CAPD incident pts

No difference in overall mortality and technique failure

Michels WM et al, Clin J Am Soc Nephrol 2009

▶ BRAZIL (BRAZPD)

2,890 incident PD pts (>90d)

Higher mortality rate in CAPD patients

No difference was observed for technique failure

Beduschi G et al, Plos One 2015

▶ TAIWAN

161 APD and 121 CAPD incident pts

Better patient and technique survival in APD pts <65yo

Sun CY et al, Perit Dial Int 2011

▶ AUSTRALIA & NEW ZEALAND (ANZDATA)

4128 pts

No difference in patient survival technique failure

Badve SV et al, Kidney Int 2008

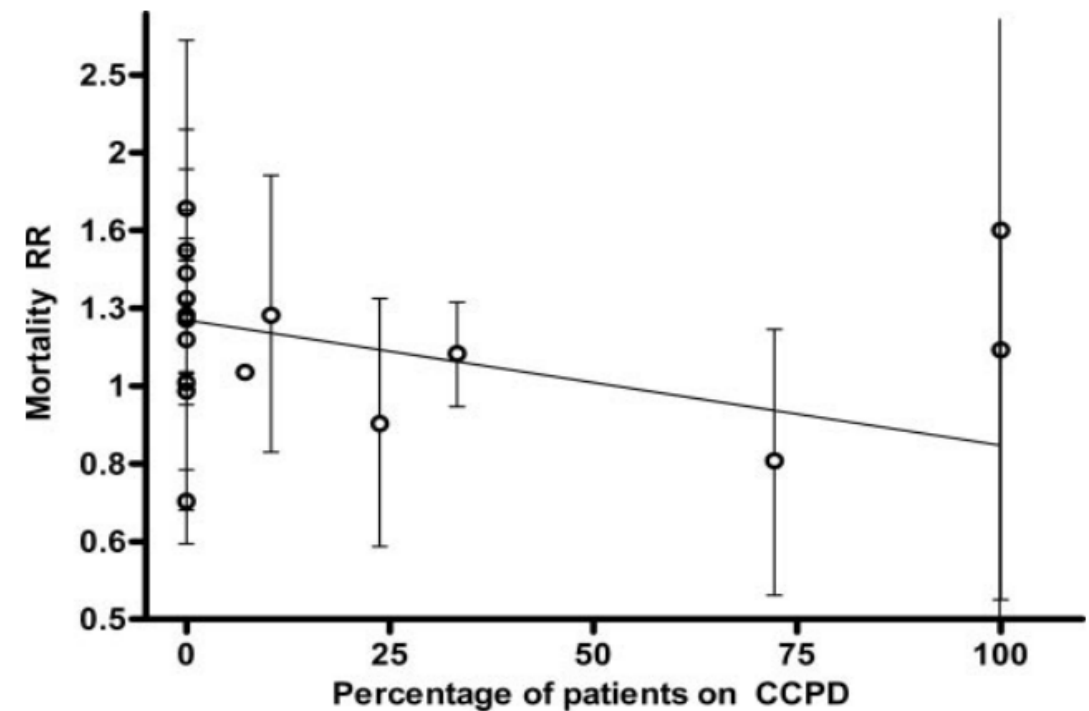
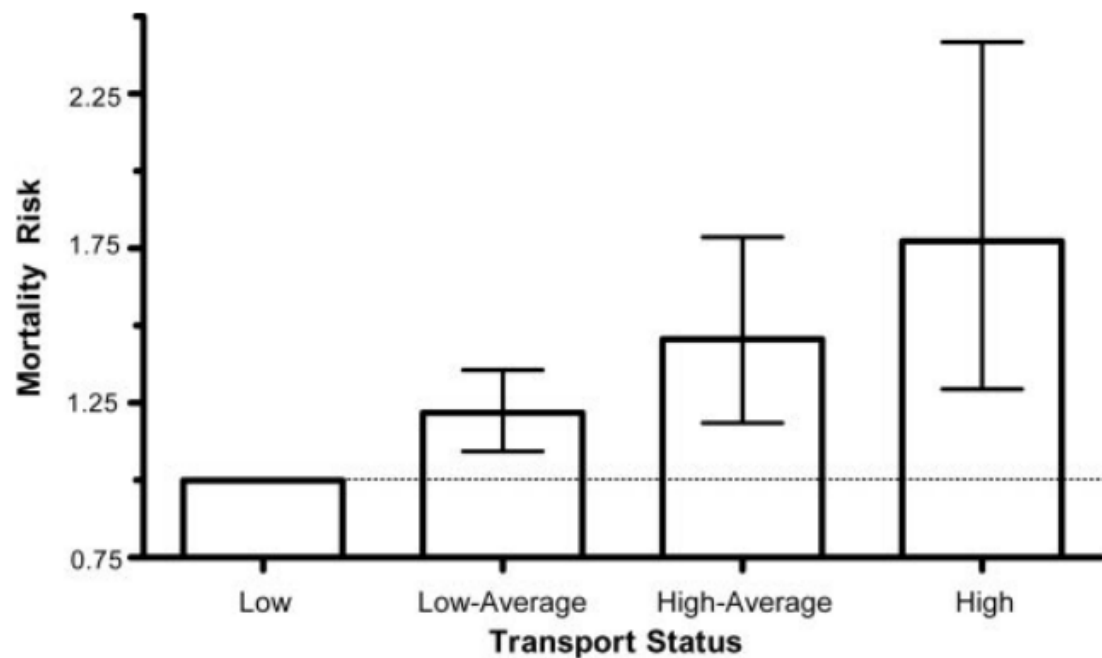
Superior survival of high transporters treated with automated *versus* continuous ambulatory peritoneal dialysis

4128 pts
ANZDATA
1999-2004
>90d PD

Transport group	Univariate analysis			Multivariate analysis		
	HR	95% CI	<i>P</i>	HR	95% CI	<i>P</i>
High (<i>n</i> = 628)	0.57	0.35–0.94	0.03	0.56	0.35–0.87	0.01
High-average (<i>n</i> = 1936)	0.98	0.72–1.34	0.9	1.08	0.81–1.45	0.6
Low-average (<i>n</i> = 1146)	0.70	0.46–1.07	0.1	0.98	0.66–1.45	0.9
Low (<i>n</i> = 196)	2.21	1.24–3.93	0.007	2.19	1.02–4.70	0.04

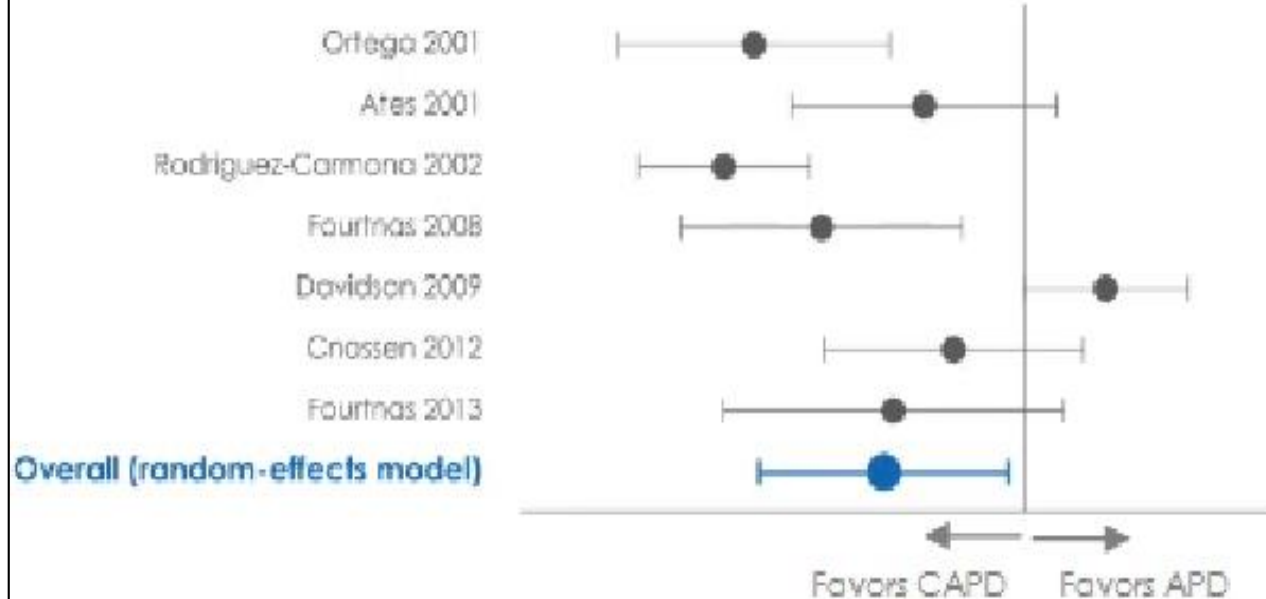
Meta-Analysis: Peritoneal Membrane Transport, Mortality, and Technique Failure in Peritoneal Dialysis

Meta-analysis
20 studies

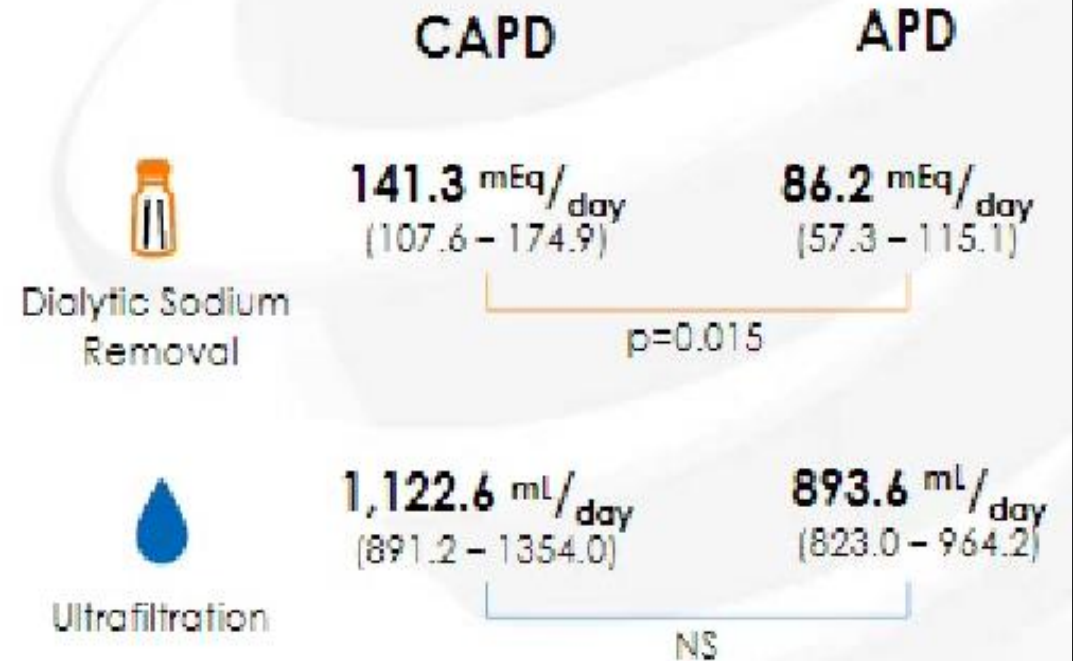


2. Achievement of euvolemia

Meta-analysis of Studies Comparing Sodium Removal in CAPD and APD



Na⁺ removal is greater in CAPD



Comparison of Volume Overload with Cycler-Assisted *versus* Continuous Ambulatory Peritoneal Dialysis

Table 2. Comparisons of volume status by CAPD and CCPD^a

Parameter	CCPD (n = 68)	CAPD (n = 90)	P
Mean (SD)			
ECFV/TBW (%)	51.8 (5.7)	51.9 (4.4)	0.929
systolic BP	132.9 (19.1)	129.9 (17.4)	0.323
diastolic BP	78.6 (10.5)	76.4 (11.3)	0.223
% of Patients			
BP medication use	69.3	58.8	0.174
diuretic use	39.8	33.8	0.446
peripheral edema	36.4	38.2	0.810

^aECFV, extracellular fluid volume; TBW, total body water.

Characteristic	CAPD (n = 90)	CCPD (n = 68)	P
Mean (SD)			
age (yr)	56.7 (15.8)	56.2 (15.6)	0.858
time on dialysis (mo)	24.2 (20.7)	29.6 (17.3)	0.001
weekly Kt/V	2.20 (0.45)	2.24 (0.48)	0.588
dialysis prescription (L/d)	8.265 (1.088)	9.498 (1.625)	<0.001
nighttime exchanges (n)	N/A	3.7 (0.6)	N/A
time on CCPD (h)	N/A	8.9 (0.7)	N/A
residual CrCl (L/wk)	39.4 (30.2)	38.2 (32.9)	0.822
dialysate CrCl (L/wk)	43.8 (8.4)	43.9 (7.8)	0.924
ultrafiltration (ml/d)	572 (1013)	811 (661)	0.092
residual GFR (ml/min)	4.3 (3.5)	4.1 (3.7)	0.745
urine volume (ml/d)	654 (498)	682 (673)	0.761
D/P creatinine	0.69 (0.10)	0.75 (0.08)	<0.001
urine Na (mmol/d)	42.7 (26.9)	31.1 (24.2)	0.006
dialysate Na concentration (mmol/L)	125 (13)	124 (14)	0.580
dialysate Na removal (mmol/d)	66.1 (127.5)	98.7 (82.0)	0.069
total Na removal (mmol/d)	109 (124)	130 (75)	0.232
weight (kg)	75.3 (17.6)	75.0 (16.1)	0.933
LBM	63 (16)	59 (11)	0.068
protein catabolic rate	0.88 (0.24)	0.84 (0.19)	0.243
Charlson comorbidity index	5.9 (2.3)	6.1 (2.5)	0.538
albumin (g/L)	35.7 (4.6)	35.3 (3.6)	0.615
hemoglobin (g/L)	115.8 (11.9)	114.7 (10.2)	0.521
calcium (corrected for albumin; mmol/L)	2.36 (0.19)	2.33 (0.15)	0.478
phosphorous (mmol/L)	1.70 (0.36)	1.74 (0.34)	0.480
parathyroid hormone (pmol/L)	30.8 (26.2)	30.0 (20.6)	0.818
Na (mmol/L)	136.9 (3.2)	135.9 (3.0)	0.039
CRP	8.5 (11.4)	8.8 (12.2)	0.895
% of patients			
male gender	57.8	50.0	0.331
CCPD patients with additional daytime exchange	48.5	N/A	N/A
icodextrin use	55.6	77.9	0.002
ischemic heart disease	23.3	22.1	0.850
peripheral vascular disease	12.2	16.2	0.477
cerebrovascular disease	13.3	10.3	0.561
diabetes	40.0	54.4	0.072
hypertension	77.8	73.5	0.536

Fluid Status in Peritoneal Dialysis Patients: The European Body Composition Monitoring (EuroBCM) Study Cohort

Multivariate linear regression for Relative Δ Tissue Hydration from the subgroup of patients from Belgium, France and UK

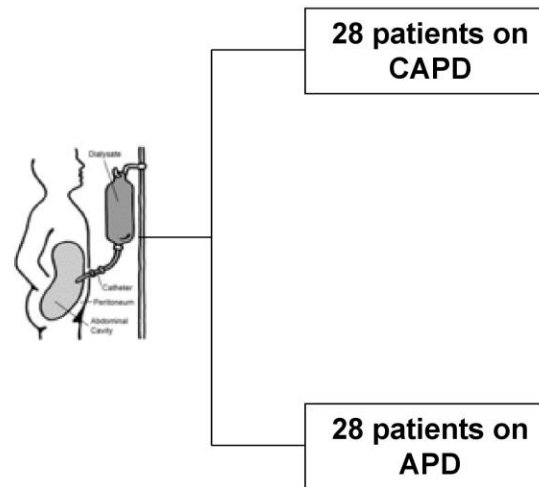
Parameter	Coefficient	95% CI		p-value
Intercept	30.27	20.65	39.88	<0.0001
Age (per year)	0.10	0.05	0.16	0.0002
Sex (female vs male)	-3.04	-4.55	-1.52	0.0001
Albumin per g/l	-0.75	-0.91	-0.59	<0.0001
BMI per kg/m ²	-0.66	-0.83	-0.50	<0.0001
Diabetes (vs no diabetes)	4.86	3.14	6.59	<0.0001
Systolic BP (per mmHg)	0.09	0.05	0.12	<0.0001
Glucose at least once 2.5% vs. 1.5% only	-0.73	-2.56	1.11	0.80
Glucose at least once 3.86/4.25% vs. 1.5% only	5.18	2.62	7.74	<0.0001
Not included due to p>0.1				
Ultrafiltration				0.86
Urine output				0.66
Hypertension stage				0.41
NYHA Stage				0.39
Liver disease				0.56
Time on PD per month				0.25
Transport status				0.83
Type of PD solution				0.12
PD modality				0.27

- 639 patients from 28 PD centers in 6 countries
- Volume status assessed with BIA
- Only 40% euvolemic
- Multivariate analysis included patients from countries with **unrestricted availability of all PD modalities and fluid types**

BP control

A comparative analysis of ambulatory BP profile and arterial stiffness between CAPD and APD

Case-control design: matching for age, gender and diabetic status



Parameter	CAPD	APD	P value
ECW/TBW	0.48±0.1	0.47±0.1	0.78
Antihypertensive medications	2.2±1.1	2.5±0.7	0.17
24-h brachial SBP (mmHg)	129.0±17.3	128.1±14.2	0.83
24-h aortic SBP (mmHg)	116.9±16.4	116.4±11.6	0.87
24-h Alx(75) (%)	24.8±8.9	22.5±9.1	0.36
24-h PWV (m/sec)	9.1±2.4	8.8±2.1	0.61

CONCLUSION: No difference between PD modalities in volume status, antihypertensive medication use, ambulatory BP and in severity of arterial stiffness.

3. Preservation of Residual Kidney Function

Summary of studies comparing the decrease in RRF between CAPD and APD patients

References	Type of study/duration	No. of patients CAPD/APD	Loss of RRF in APD
Hiroshige <i>et al.</i> ⁷⁷	Prospective, nonrandomized/6 m	5/13	Faster
Hufnagel <i>et al.</i> ⁷⁸	Prospective, observational/12 m	18/36	Faster
Hidaka and Nakao ⁷⁴	Observational/up to 42 m or anuria	27/7	Faster
Rodríguez-Carmona <i>et al.</i> ⁷⁹	Prospective, observational/ > 24 m	53/51	Faster
Parikova A (2005) ^a	Prospective/18 m	65/36	Faster
Fernández Rodríguez AM (1998)	Prospective sequential (CAPD—CPD—TPD)	45	Equal
Bro <i>et al.</i> ⁸²	Prospective, randomized/6 m	17/17	Equal
Singhal <i>et al.</i> ⁸⁵	Prospective, 27 ± 14 m	242	Equal
De Fijter <i>et al.</i> ⁸¹	Prospective, randomized/24 m	11/13	Equal
Moist <i>et al.</i> ⁵	Registry	1032	Equal
Gallar <i>et al.</i> ⁸⁶	Prospective/12 m	11/9	Equal
Holley <i>et al.</i> ⁸⁴	Retrospective database	184	Equal
Jansen <i>et al.</i> ⁸	Necosad registry, prospective/12 m	243	Equal
Johnson <i>et al.</i> ⁵⁹	Prospective/78 m	146/12	Equal
Petras DI (2005) ^a	Retrospective	24/14	Equal
Gallar P (2005) ^a	Acute study	10/14	Equal
Ramos Bodi V (2006) ^b	Retrospective study/36 m	70	Equal

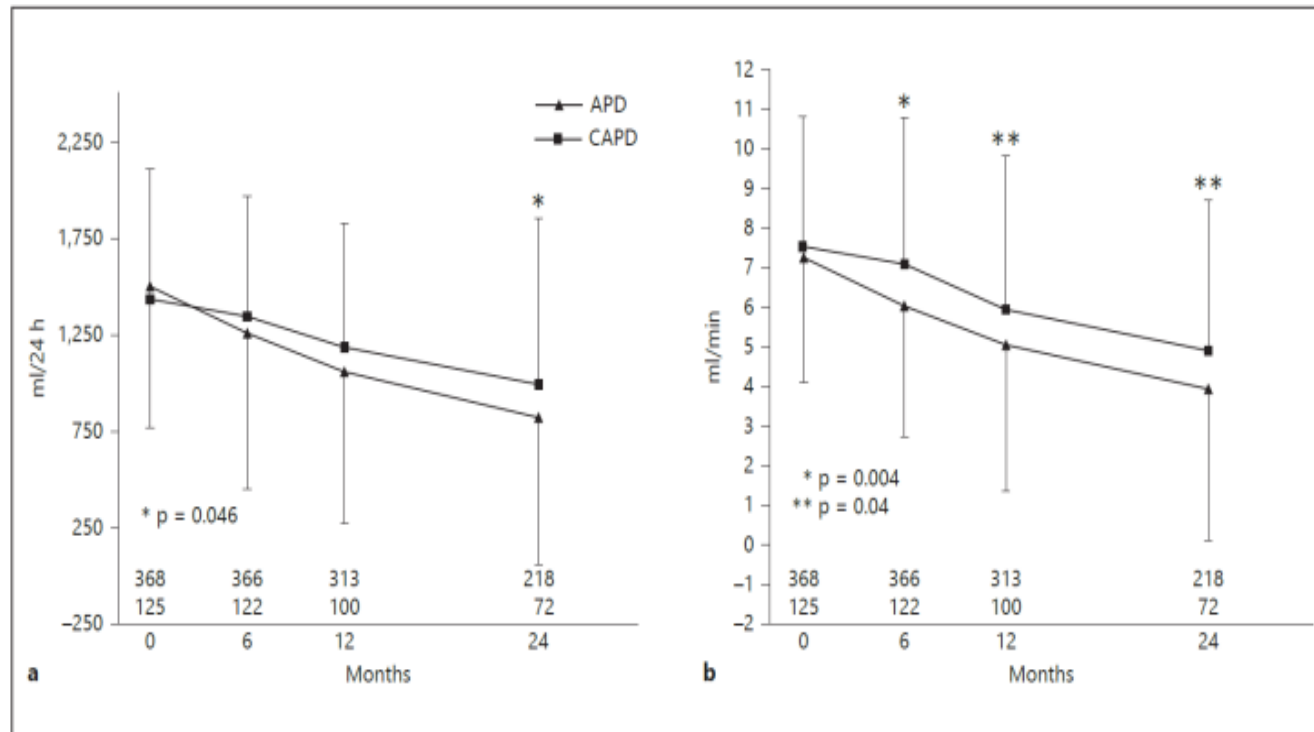
APD, automated peritoneal dialysis; CAPD, continuous ambulatory peritoneal dialysis; RRF, residual renal function.

^aCommunication to EuroPD Congress (Praha, 2005).

^bCommunication to Latinoamerican and Spanish Congress (Madrid, 2006).

Compared decline of residual kidney function in patients treated with automated peritoneal dialysis and continuous ambulatory peritoneal dialysis: a multicenter study

493 patients (368 CAPD, 125 APD)
24 months follow up



Probability of anuria during follow-up

	Univariate		p
	anuria (n = 44)	no anuria (n = 449)	
Gender, % males	43.2	65.7	0.003
Cholesterol, mg/dl	195.7±72.1	172.4±47.4	0.046
GFR, ml/min	5.5±3.3	7.7±3.3	<0.001
24-hour urine volume, ml	1,006.1±553.4	1,479.5±661.0	<0.001
Origin other than primary, %	26.5	5.1	<0.001
Total volume infused, ml/24 h	7,797.7±2,578.5	6,821.4±1,981.7	0.018
Number of exchanges per day	4.1±0.9	3.5±0.8	<0.001
Peritoneal glucose load, g/24 h	111.8±47.6	87.5±36.8	<0.001
APD as initial modality, %	50.0	22.7	<0.001
CV event during follow-up, %	30.2	16.8	0.028
Peritonitis during follow-up, %	55.8	36.9	0.015

Decline of GFR during follow-up

	Multivariate		p
	OR	95 % CI	
Baseline GFR (× ml/min)	1.29	1.19–1.38	<0.001
Age (× year)	0.98	0.97–0.99	0.005
Origin other than incident	2.68	1.29–6.13	0.019
Baseline proteinuria (× g/24 h)	1.25	1.10–1.43	0.001
Baseline mean blood pressure (× mm Hg)	1.02	1.01–1.04	0.054
Baseline number of antihypertensives	1.21	1.01–1.48	0.048
CV event during follow-up	2.27	1.29–4.02	0.005
Baseline icodextrin	0.67	0.44–1.02	0.062
APD starting modality			
All	1.06	0.65–1.71	0.83
Baseline GFR >7.5 ml/min	0.64	0.34–1.20	0.16
Baseline GFR ≤7.5 ml/min	2.26	1.09–4.82	0.023

4. Peritonitis rates

- ▶ Fewer connections and disconnections are required for APD
- ▶ Leukocyte function improves during a long dwell of PD dialysate, such as in CCPD

Wilson J and Nissenson AR, Semin Dial 2002

- ▶ Peritoneal mesothelial cells exhibit improved function after several hours of peritoneal membrane rest, which resembles “dry” daytime in NIPD

Tomo T et al, Artif Org 2005

Peritonitis in APD vs CAPD

- Spain, single center, 1989-1998, 328 pts
- Incidence of peritonitis was higher in CAPD than in APD (adjusted difference 0.20 episodes/patient/year, 95% confidence interval 0.08 - 0.32)
- **APD better than CAPD**

Rodriguez-Carmona A et al, *Perit Dial Int* 1999

- Scotland, 10 PD units, 38000 pt-months
- CAPD: 1/17.6 m, APD: 1/22.3 m
- **APD better than CAPD**

Brown MC et al, *Perit Dial Int* 2011

- Canada, 4247 pts, 1996-2005, 2555 episodes
- **No difference**

Nessim SJ et al, *Clin J Am Soc Nephrol* 2009

- Brazil, 2890 pts, 2004-2011
- CAPD: 0.23 episodes per patient-year, APD: 0.26 episodes per patient-year
- **No difference**

Beduschi G et al, *Plos One* 2015

- Australia, 6959 pts, 2003-2011, Median f-up 1.9 y
- **No difference**
- Lower hazard of developing Gram-positive peritonitis with APD than CAPD- borderline significance (HR, 0.90; 95% CI, 0.80 to 1.00; P=0.05)













Lan P et al, *Clin J Am Soc Nephrol* 2014

- Kuwait, single center, 341 pts, 2005-2014
- CAPD: 1/29 m, APD: 1/38 m (p < 0.05)
- **APD better than CAPD**

El-Reshaid W et al, *Ren Fail* 2016

Peritoneal Dialysis–Related Infection Rates and Outcomes: Results From the Peritoneal Dialysis Outcomes and Practice Patterns Study (PDOPPS)

Peritoneal Dialysis-Related Infection Rates and Outcomes

Population	Facility Attributes	Peritonitis Outcomes
 PDOPPS 2014-2017   7,051 patients on PD   209 facilities in 7 countries	Country  	 Peritonitis Outcomes All countries combined: 0.28 episodes/pt-yr Aus-NZ 0.35 Thailand 0.40 Canada 0.29 UK 0.38 Japan 0.27 USA 0.26
		All countries combined: RR (CI)
	 ↑ APD use (per 10 percentage point greater use)	0.95 (0.91-1.00)
	 Antibiotics at catheter insertion	0.83 (0.69-0.99)
	 PD training duration ≥ 6 days	0.81 (0.68-0.96)
	 Exit-site antibiotic ointment	0.79 (0.62-1.01)











CONCLUSION: Several potentially modifiable facility treatment practices may reduce the risk of peritonitis among adults undergoing peritoneal dialysis.

Jeffery Perl, Douglas S. Fuller, Brian A. Bieber, et al (2020)

@AJKDonline | DOI: 10.1053/j.ajkd.2019.09.016



Variation in PD-related Peritonitis Outcomes in the PDOPPS

Population	Cure Outcome	Predictors
<p>PDOPPS 2014-2017</p> 	<p>Cure: defined as successful treatment with antimicrobials alone + NO relapse/recurrence, PD catheter removal, death, HD transfer</p> 	<p>Patient level: age, sex, race, biochemistry (albumin, potassium, & sodium), residual urine volume, PD vintage, smoking, PD modality, DM, heart disease, previous peritonitis, concomitant exit-site infection</p> <p>Facility level: size (per 10), % use of icodextrin, % use of low-GDP solutions, use of exit-site prophylaxis, antibiotic use at PD catheter insertion</p>
<p>Cure achieved in 65% of all episodes - no difference in adj OR of cure by country</p>		
<p>Associations with cure in mixed-effects logistic models, all countries combined: adjusted OR (CI)</p>		
<p>126 facilities in 7 countries</p>  <p>1,190 patients on PD</p>  <p>1,631 peritonitis episodes</p>	<p> APD use (vs CAPD) 1.36 (1.02-1.82)</p> <p> Icodextrin use (per 10 percentage point > use) 1.06 (1.01-1.12)</p> <p> Gram-negative vs Gram-positive 0.41 (0.30-0.57)</p>	<p> Aminoglycoside use vs 3rd-generation cephalosporin 3.95 (1.23-12.68)</p> <p> Ciprofloxacin use vs 3rd-generation cephalosporin (for Gram-negative peritonitis) 5.73 (1.07-30.61)</p> <p> Culture-negative vs Gram-positive 0.73 (0.54-1.01)</p>

CONCLUSION: Outcomes following peritonitis vary by patient characteristics, peritonitis characteristics, and modifiable peritonitis treatment practices.

Muthana Al Sahlawi, Junhui Zhao, Keith McCullough, et al (2021)

@AJKDonline | DOI: 10.1053/j.ajkd.2021.03.022



5. Mechanical complications (Peritoneal leakage, Hernias)

- ▶ Intraperitoneal pressure is reduced by more than 50% in the supine position
- ▶ Increased PD dialysate volume during the night dwell and lower or even no dialysate volume during daytime (dry day) could be proven beneficial for patients who cannot tolerate high intraperitoneal pressure

K/DOQI Guidelines, Am J Kidney Dis 2006

- ▶ In this sense, APD could be a satisfactory alternative to surgical repair of hernias

Tang SCW and Lai KN, Nat Clin Pract Nephrol 2007

Automated vs continuous ambulatory peritoneal dialysis: a systematic review of randomized controlled trials

Outcome analysed	No. of studies	No. of patients	Relative risk ^a	Results		
				95% CIs	Weighted mean difference ^b	95% CIs
Hernias	2	107	1.26	0.32–5.01	–	–
PD fluid leaks	2	107	1.06	0.11–9.83	–	–
Hydrothoraces	1	82	1.00	0.06–15.45	–	–
All-cause PD catheter removal	1	82	0.64	0.27–1.48	–	–
PD catheter removal due to peritonitis	1	85	1.31	0.31–5.46	–	–
All-cause mortality	2	122	1.49	0.51–4.37	–	–
Kt/V	2	49	–	–	0.12	–0.22 to 0.47
Weekly creatinine clearance	1	52	–	–	–6.60	–24.19 to 10.99
Endogenous creatinine clearance	2	49	–	–	–0.17	–1.66 to 1.32

^aRelative risk <1 favours experimental intervention (APD); relative risk >1 favours control intervention (CAPD).

^bWeighted mean difference >0 favours experimental intervention (APD); weighted mean difference <0 favours control intervention (CAPD).

6. Phosphate removal

Retrospective
380 pts (84 CAPD, 287 APD)

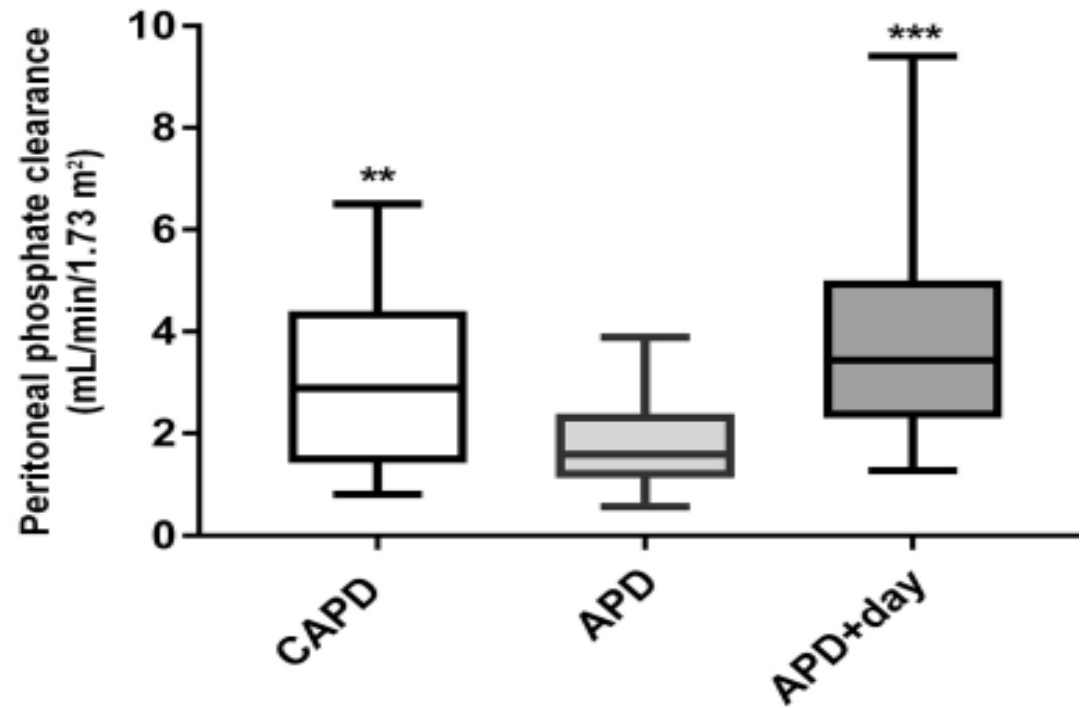
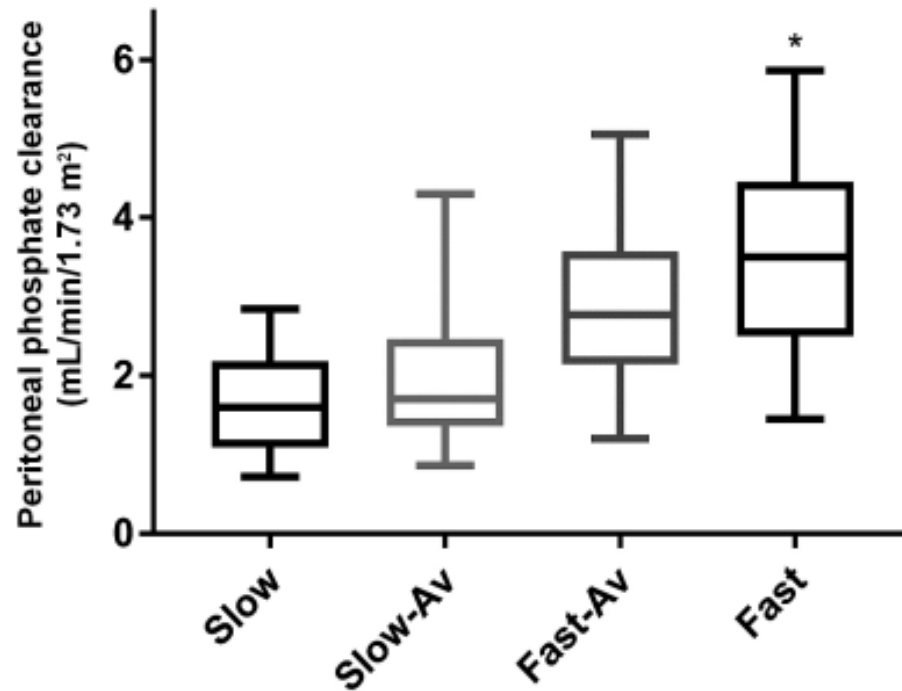
- Greater peritoneal phosphate clearance is achieved with CAPD prescriptions
- Slower peritoneal transporters should be advised to choose CAPD to improve serum phosphate control

TABLE 5
Univariate and Multivariate Analysis of Determinants of Higher Peritoneal Phosphate Removal^a

		Univariate analysis			Multivariate analysis		
		OR	95% CI	p	OR	95% CI	p
Male	Yes	1					
	No	1.29	0.85–1.96	0.23			
Diabetes Mellitus	Yes	1			1		
	No	1.46	0.91–2.34	0.12	0.86	0.47–1.66	0.66
Age		1.02	1–1.03	0.005	1.02	1.007–1.04	0.006
BSA		0.46	0.17–1.2	0.11	0.32	0.09–1.08	0.06
APD	Yes	1			1		
	No	0.23	0.13–0.43	<0.0001	0.33	0.15–0.70	0.004
Long dwell time	Yes	1			1		
	No	8.57	4.5–16.12	<0.0001	6.5	3.01–13.77	<0.0001
High ECW/TBW	Yes	1			1		
	No	1.87	1.14–3.07	0.001	0.85	0.43–1.68	0.64
nPNA		0.7	0.3–1.65	0.42			
F-FA D/P Pi	Yes	1			1		
	No	3.2	2.07–4.94	<0.00001	2.98	1.71–5.20	0.0001
Alb		0.95	0.91–0.99	0.022	0.97	0.94–1.01	0.08
CRP		1	0.99–1.01	0.47			
24-h PD UF		5.38	3.16–9.17	<0.0001	4.65	2.42–8.92	<0.0001

Phosphate removal (2)

451 pts
135 CAPD, 108 APD, 198 CCPD



7. Quality of life

Differences in Pattern, and Mean Differences in Quality of Life, Over Time, Maximum Follow-Up of 3 Years

	<i>p</i> Value for difference in pattern ^a		Mean difference in scores over time ^b (95% confidence interval)	
	Crude	Adjusted ^c	Crude	Adjusted ^c
Short Form 36				
Physical summary score	0.64	0.80	0.04 (-2.06 to 2.14)	0.05 (-2.26 to 2.36)
Mental summary score	0.03	0.06	—	—
Social function	0.66	0.52	-2.08 (-7.55 to 3.38)	6.51 (-1.63 to 14.65)
Physical function	0.75	0.70	2.26 (-3.57 to 8.09)	-3.39 (-8.76 to 1.99)
Role function emotional	0.03	0.05	—	—
Role function physical	0.68	0.71	7.06 (1.37 to 15.49)	3.55 (-4.69 to 11.79)
General health	0.63	0.63	-0.36 (-4.79 to 4.07)	-1.39 (-5.77 to 3.00)
Vitality	0.19	0.24	2.01 (-2.44 to 6.46)	-0.06 (-4.44 to 4.33)
Mental health	0.37	0.47	0.71 (-3.37 to 4.79)	-0.54 (-4.66 to 3.59)
Bodily pain	0.87	0.95	0.03 (-5.19 to 5.25)	-2.17 (-7.29 to 2.94)
KDQOL				
Burden of kidney disease	0.99	0.96	-1.17 (-6.90 to 4.56)	-2.50 (-8.21 to 3.20)
Cognitive function	0.07	0.08	-1.78 (-5.79 to 2.23)	-2.43 (-6.50 to 1.65)
Dialysis staff encouragement	0.01	0.01	—	—
Effects of kidney disease	0.20	0.21	1.06 (-2.44 to 4.55)	0.13 (-3.30 to 3.56)
Overall health rating	0.26	0.20	-0.54 (-3.80 to 2.73)	-1.69 (-4.92 to 1.54)
Patient satisfaction	0.59	0.58	-4.13 (-8.88 to 0.61)	-3.75 (-8.66 to 1.15)
Sexual function	0.48	0.49	9.89 (2.03 to 17.75)	6.33 (-0.99 to 13.65)
Sleep	0.29	0.29	3.17 (-1.15 to 7.48)	1.40 (-2.97 to 5.76)
Social support	0.74	0.78	-0.74 (-5.31 to 3.82)	-1.90 (-6.51 to 2.71)
Symptoms/problems	0.56	0.57	0.06 (-3.18 to 3.30)	-1.39 (-4.61 to 1.84)
Work status	0.38	0.57	5.16 (-2.81 to 13.13)	1.79 (-5.77 to 9.35)
Quality of social interaction	0.62	0.55	-1.37 (-4.67 to 1.92)	-1.45 (-4.78 to 1.89)

NECOSAD study
486 CAPD and 64 APD pts
Incident
3 y follow up
No major differences

Health-Related Quality of Life in Patients Treated with Continuous Ambulatory Peritoneal Dialysis and Automated Peritoneal Dialysis in Singapore

Singapore
 Cross-sectional
 266 pts (145 CAPD, 121 APD)
APD: better physical health and less bothered by dialysis-related symptoms

Table 2 Coefficients of the independent predictor variables for HRQOL scores in peritoneal dialysis patients

Independent variable	Dependent variable						
	Component summary score			KDCS subscale			Health utility EQ-5D
	PCS	MCS	KDCS	Symptoms	Effects	Burden	
CAPD	Ref.						
APD	2.81*	-0.56	2.63	6.90**	4.78	-3.78	0.039

Comparison of Cost-Utility Between Automated Peritoneal Dialysis and Continuous Ambulatory Peritoneal Dialysis

Mexico
Incident
123 pts (77 CAPD, 46 APD)
**Significantly better QoL
in APD compared to the CAPD group**

Table 3. Comparison of HRQOL measured by KDQOL-SF questionnaire, between groups

Dimensions	CAPD	APD	<i>p</i>
KDQOL, mean (95% CI)			
Kidney disease component summary	53 (51–55)	66 (63–69)	<0.0001
SF-36, mean (95% CI)			
Mental component summary	53 (47–59)	77 (73–81)	<0.0001
Physical component summary	41 (37–45)	62 (56–67)	<0.0001

A Systematic Review and Meta-Analysis of Utility-Based Quality of Life in Chronic Kidney Disease Treatments

Meta-analysis

190 studies included

Pre-dialysis CKD, HD, CAPD, APD, Tx

Modality	Mean utility	P value
APD	0.80	0.02 (vs. CAPD)
CAPD	0.72	
HD	0.69	0.08 (vs. PD)

quality-adjusted life years. However, although useful, quality-adjusted life years are often criticized for not taking into account the views and preferences of the individuals with the medical conditions. A measurement called a utility solves this problem. Utilities are a numerical value (measured on a 0 to 1 scale, where 0 represents death and 1 represents full health) of the strength of an individual's preference for specified health-related outcomes, as measured by "instruments" (questionnaires) that rate direct comparisons or assess quality of life.

“Within the dialysis population, the highest utility of the sub-modalities **was reported by those on home-based automated peritoneal dialysis**. This finding suggests that the management of patients on automated peritoneal dialysis is beneficial in CKD care”

Quality of sleep

- APD is associated with more sleeping problems compared to those on CAPD and with a higher frequency of daytime drowsiness

Bro et al, Perit Dial Int 1999

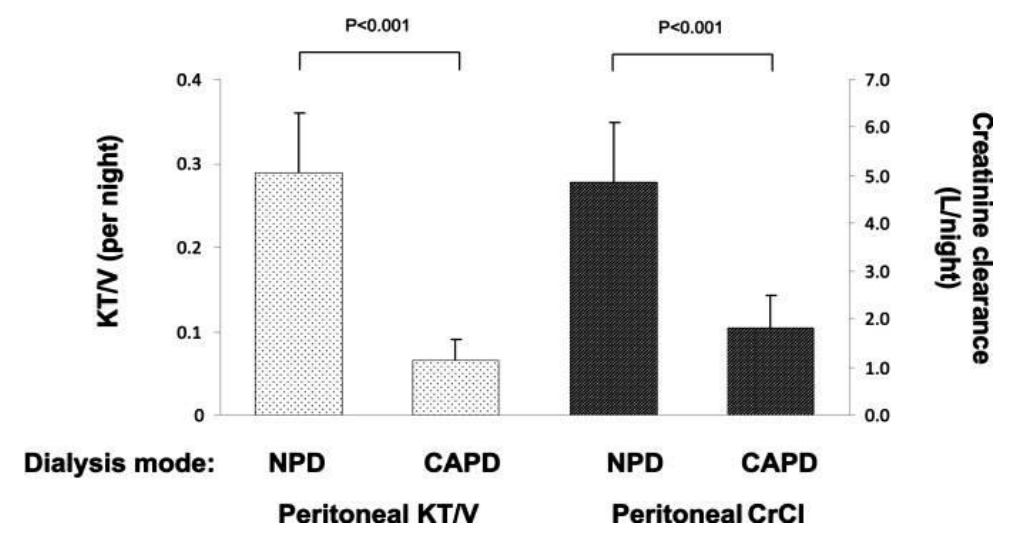
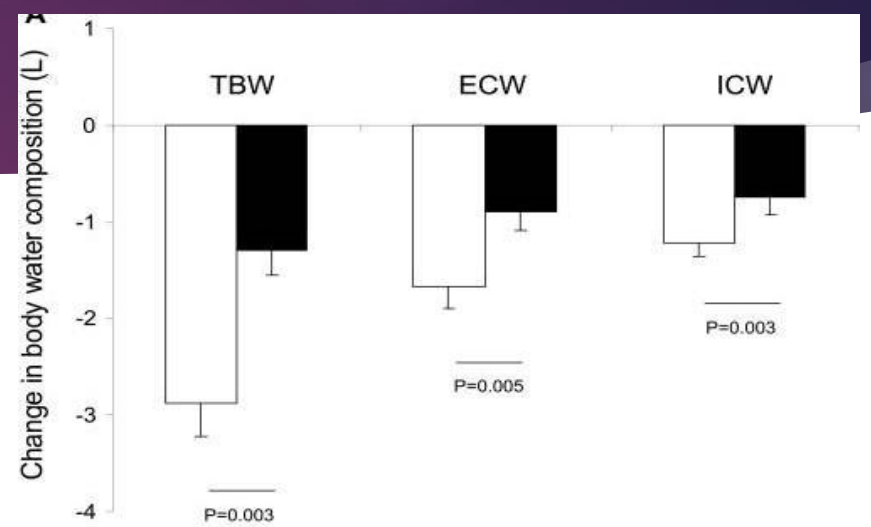
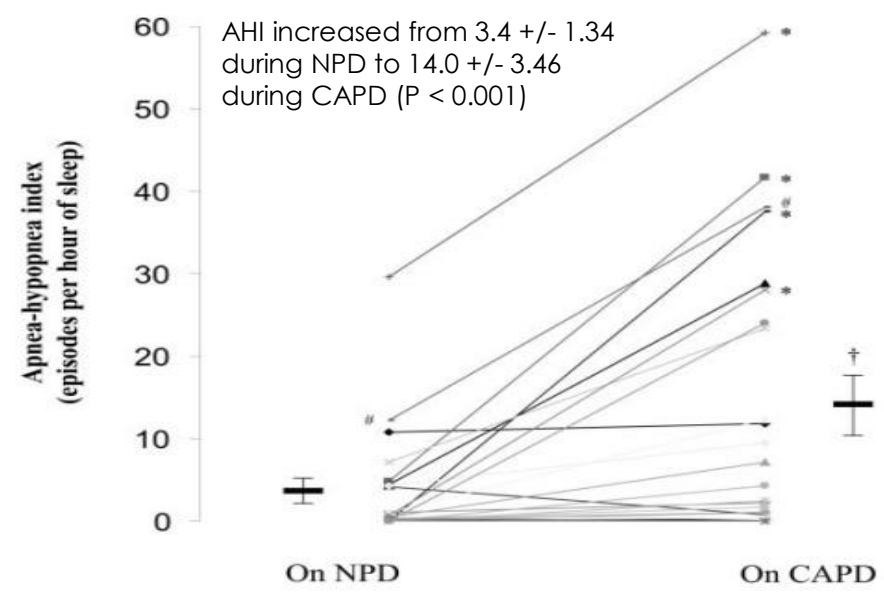
Bilgic A et al. Ther Apher Dial 2011

Alleviation of Sleep Apnea in Patients with Chronic Renal Failure by Nocturnal Cycler-Assisted Peritoneal Dialysis Compared with Conventional Continuous Ambulatory Peritoneal Dialysis

Improvement in Sleep Apnea during Nocturnal Peritoneal Dialysis Is Associated with Reduced Airway Congestion and Better Uremic Clearance

AHI	NPD Group (n = 23)		CAPD Group (n = 23)		P
	n	%	n	%	
≥5	20	87.0	21	91.3	NS
≥10	17	73.9	21	91.3	NS
≥15	12	52.2	21	91.3	0.007

^aAHI, apnea-hypopnea index.



8. Employment

Finnish Registry for Kidney Diseases
Prevalent
15-64 yo
N = 2,637

Table 3. Multivariate Model of Factors Predicting Employment of RRT Patients

Variable	PRR (95% CI)	P
Treatment modality ^a		<0.001
Home HD (n = 47)	1.87 (1.26-2.64)	0.001
CAPD (n = 70)	0.73 (0.34-1.26)	0.3
APD (n = 122)	2.14 (1.59-2.83)	<0.001
Functioning transplant (n = 714)	2.30 (1.85-2.92)	<0.001

Automated peritoneal dialysis in Hong Kong: There are two distinct groups of patients

Incident
180 CAPD, 90 APD
Median f-up 21.9m

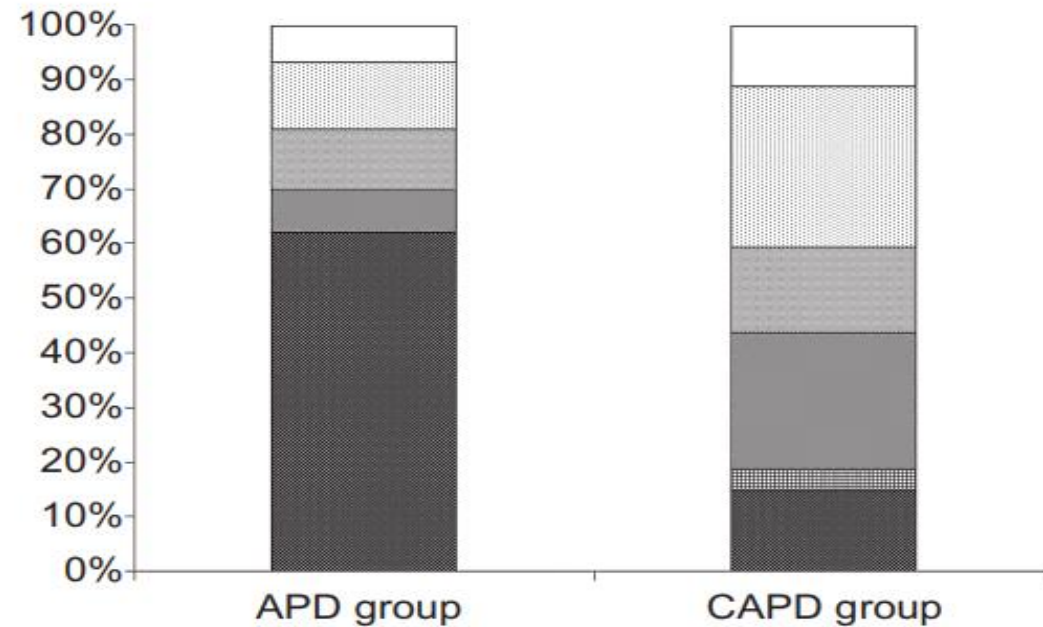
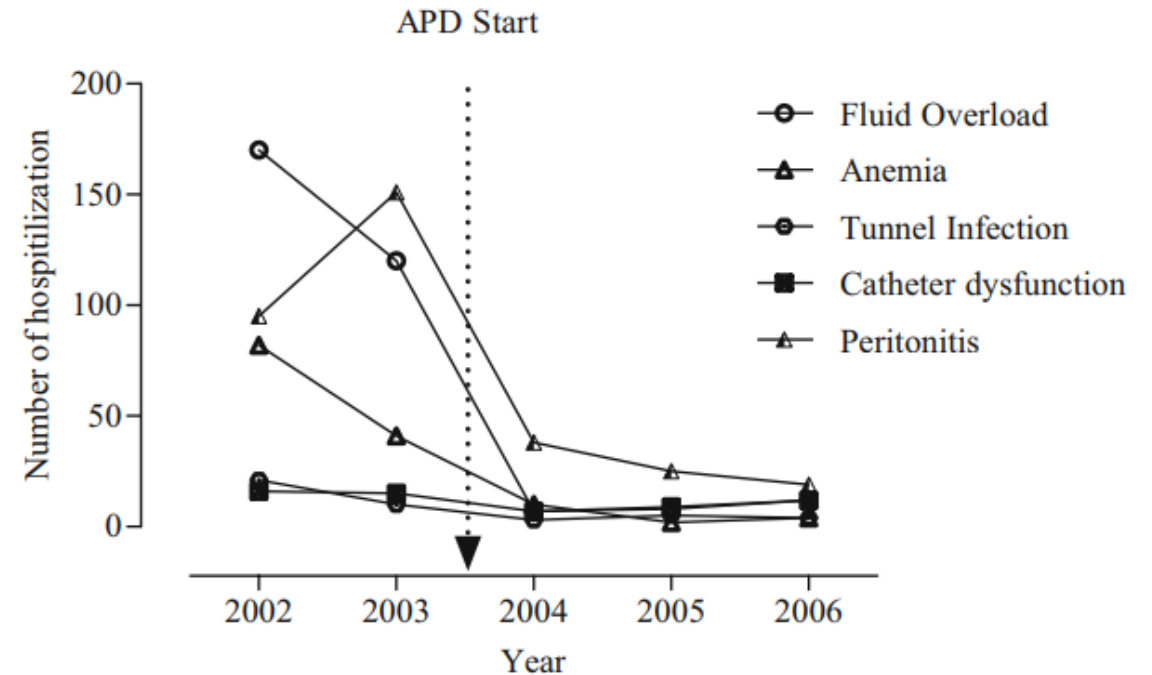
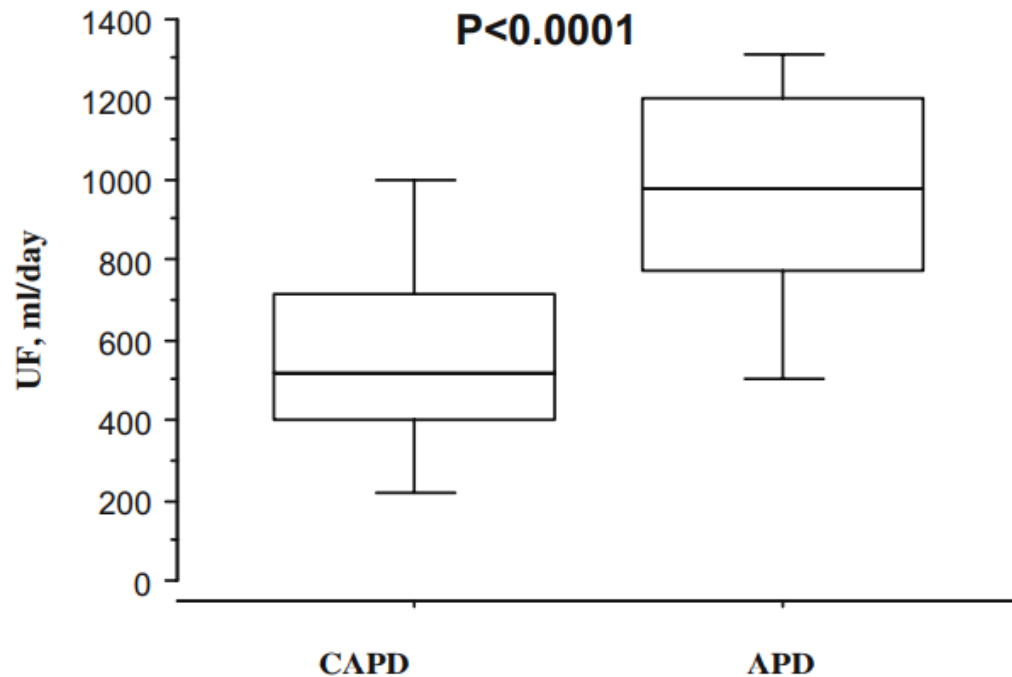


Fig. 2 Comparison of employment status between the two groups (overall χ^2 test, $P < 0.0001$). □, unfit to work; ▨, retire; ▩, unemployed; ▒, housewife; ▤, part-time; ■, full time.

9. Special populations

Children

**Automated peritoneal dialysis as the modality of choice:
a single-center, 3-year experience with 458 children in Mexico**



AUTOMATED PERITONEAL DIALYSIS IN CHILDREN AND ADOLESCENTS—BENEFITS: A SURVEY OF PATIENTS AND PARENTS ON HEALTH-RELATED QUALITY OF LIFE

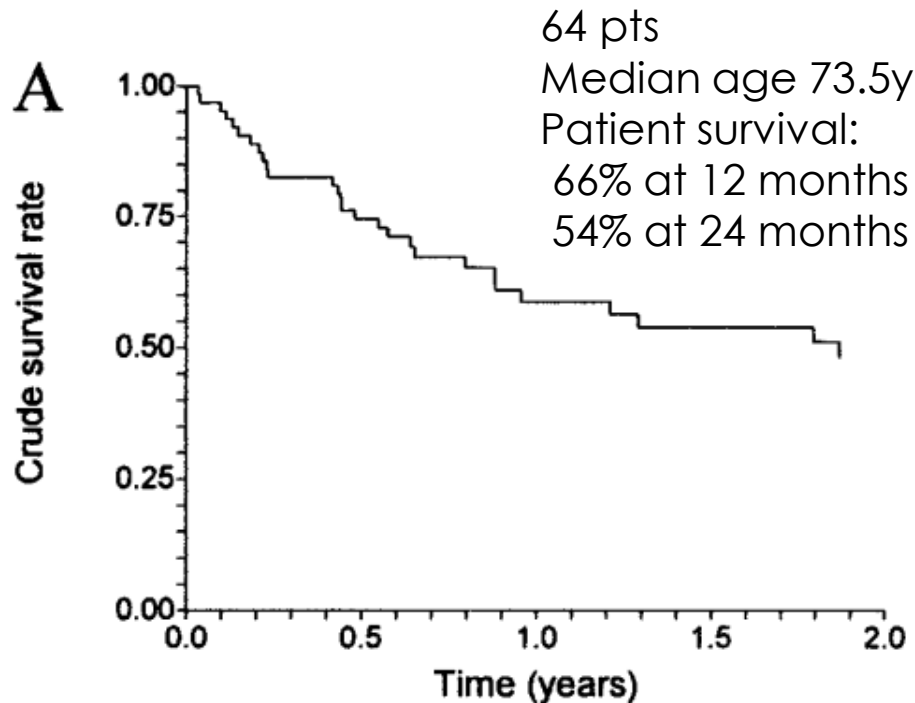
- 42 pts
- HD (6), APD (17) or Tx (19)
- No significant differences between the total scores for the APD and Tx groups among patients and parents alike

TABLE 4
Comparing Perspectives of Patients on Automated Peritoneal Dialysis (APD) and on Transplantation (Tx) and Those of Their Parents

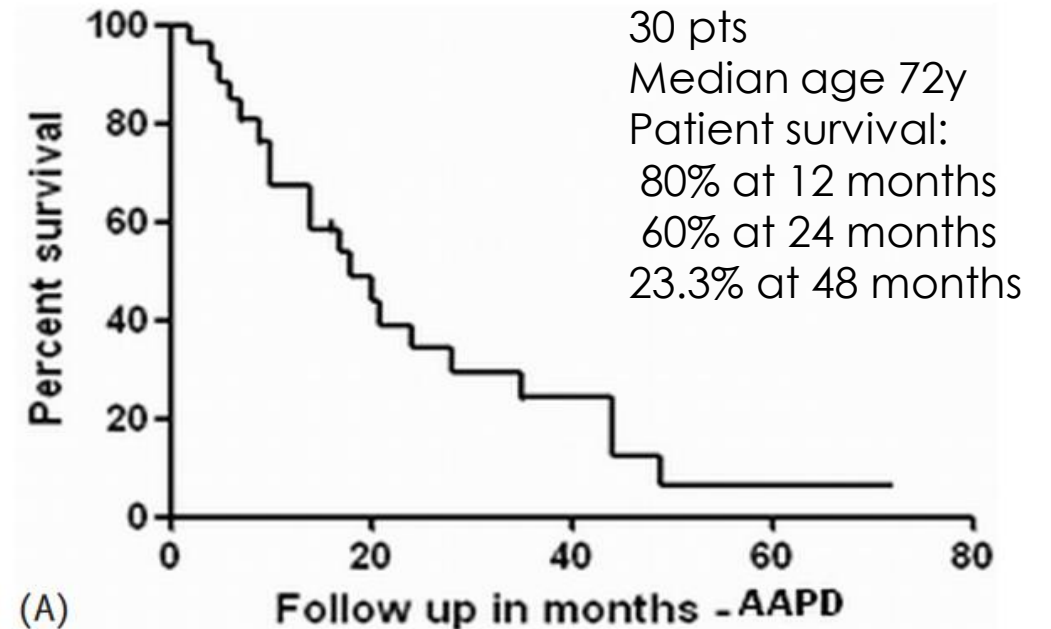
	Scores					
	Patients			Parents		
	APD	Tx	p Value	APD	Tx	p Value
General wellbeing	2.12	2.35	0.34	2.55	2.80	0.53
Physical ability	2.62	2.28	0.39	3.40	2.46	0.08
School/work	1.99	1.90	0.77	2.67	2.32	0.35
Peer relationships	1.33	1.41	0.58	1.93	1.60	0.28
Family relationships	1.35	1.39	0.83	1.73	1.40	0.26
Sleep problems	1.87	1.39	0.54	2.15	1.40	0.07
Worries and concerns	1.79	1.79	0.98	2.36	1.80	0.12
Overall score	13.0 ^a	12.5 ^a	0.67	16.0 ^b	13.8 ^b	0.22

Elderly patients: assisted PD (aPD)

ASSISTED AUTOMATED PERITONEAL DIALYSIS (AAPD) FOR THE FUNCTIONALLY DEPENDENT AND ELDERLY PATIENT



A BRAZILIAN EXPERIENCE IN ASSISTED AUTOMATED PERITONEAL DIALYSIS: A RELIABLE AND EFFECTIVE HOME CARE APPROACH



10. Cost

Monthly Direct Medical Costs (in €) for the Entire Sample of PD and HD Patients Paid by Insurance (2013–2014)

Insurance (prices in €)	APD	CAPD	HD ^a	HDF ^a
Dialysis process	0	0	1,677	1,677
Consumables	4,010	2,800	287.40	287.40
Drugs	420	420	517.40	517.40
Laboratory tests	151.10	151.10	177.70	177.70
Transportation	0	0	250	250
Subsistence (food)	362	362	362	362
Total treatment cost	4,943.10	3,733.10	3,271.50	3,271.50

Monthly Indirect Costs (in €) for the Entire Sample of PD and HD Units Paid by the State (2013–2014)

State (prices in €)	PD (both APD and CAPD)	HD (both HD and HDF)
Salary	11,560	28,460
General healthcare consumables	100.80	6,247.10
Dialysis consumables	0	14,980.50
Operational expenses of the unit (excluding salaries)	0	1,911
Equipment (maintenance and depreciation of machinery)	0	3,002
Sterilization of the machines	0	1,669.90
Total maintenance cost	11,660.80	56,270.50

RRTs and indirect costs

Table 2. Description of the sample based on modality of renal replacement therapy administered

	TX (n=82)	HD (n=83)	CAPD (n=32)	APD (n=46)	P ^a	
Sex. female. n (%)	34 (41.5)	34 (41.0)	13 (40.6)	15 (32.6)	0.768	
Age	Mean (SD)	46.40 (10.63)	47.85 (9.50)	48.72 (11.77)	48.41 (11.13)	0.512
	Median (25PC-75PC)	46.00 (38.75-55.25)	49.00 (43.00-54.00)	52.50 (42.25-56.75)	50.50 (40.50-58.25)	
Years treatment	Mean (SD)	9.02 (7.99)	8.26 (8.89)	3.37 (5.28)	4.21 (9.57)	0.004
	Median (25PC-75PC)	6.00 (3.00-14.25) ^b	4.00 (1.00-15.00) ^c	2.00 (0.62-2.00) ^{b,c}	3.00 (1.00-9.50) ^b	
Employed. n (%)	32 (39.0)	18 (21.7)	9 (28.1)	22 (47.8)	0.012	
PWD. n (%)	32 (39.0)	38 (45.8)	13 (40.6)	20 (43.5)	0.841	
Disability. n (%)	13 (15.9)	24 (28.9)	7 (21.9)	6 (13.0)	0.124	
Handicap >33 %. n (%)	51 (62.2)	51 (61.4)	17 (53.1)	24 (52.2)	0.531	
PPYL. mean (95 % CI)	10.05 (7.45-12.65)	12.58 (10.42-14.73) ^b	10.69 (6.14-15.24)	6.09 (3.43-8.74) ^b	0.002	
LLPc 2009. mean (95 CI %)	5078.69 (4126.9-6030.5)	6546.63 (5727.1-7366.1) ^b	5785.31 (4301.6-7269.0)	4259.47 (3064.0-5654.9) ^b	0.048	

PPYL: potentially productive years of life lost; LLPc: cost of lost labour productivity; APD: automated peritoneal dialysis;

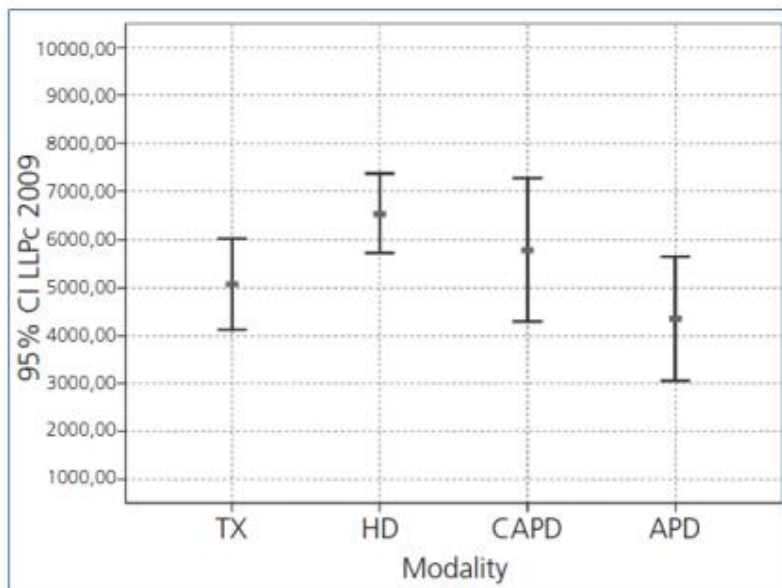


Figure 1. Cost of lost labour productivity in 2009. For each modality of renal replacement therapy, we present the mean LLPc (grey rectangle) and the 95% confidence interval (black bar).

Conclusions: APD and, to a lesser degree, TX are the modalities of RRT with the lowest impact on indirect costs due to morbidity, resulting in higher rates of employment than HD and requiring less disability benefits.

Συμπερασματικά

APD: Πλεονεκτήματα και προβληματισμοί

Πλεονεκτήματα

- ▶ Ευκολότερη επίτευξη των στόχων επάρκειας ή υπερδιήθησης
- ▶ Αποφυγή αυξημένης IP πίεσης
- ▶ Λιγότερες συνδέσεις (περιτονίτιδες?)
- ▶ Περισσότερος ελεύθερος χρόνος- κατάλληλη μέθοδος για ασθενείς που εργάζονται και παιδιά
- ▶ Ευκολότερη η παροχή ΠΚ σε άτομα που χρειάζονται βοήθ. (υποβοηθούμενη ΠΚ)

Προβληματισμοί

- ▶ Δυσκολότερη επίτευξη στόχων επάρκειας και υπερδιήθησης σε LT
- ▶ Απομάκρυνση Na – P (σε NIPD)
- ▶ Πολύπλοκη εφαρμογή της μεθόδου
- ▶ Δυσκολία μετακινήσεων
- ▶ Μειονέκτημα σε περιόδους ειδικών συνθηκών (π.χ. φυσικές καταστροφές)



International Society for Peritoneal Dialysis practice recommendations: Prescribing high-quality goal-directed peritoneal dialysis

1. PD should be prescribed using shared decision-making between the person doing PD and the care team. The aim is to establish realistic care goals that
(1) maintain quality of life for the person doing PD as much as possible by enabling them to meet their life goals,
(2) minimize symptoms and treatment burden while
(3) ensuring high-quality care is provided.
2. The PD prescription should take into account the **local country resources**, the **wishes and lifestyle considerations of people needing treatment, including those of their families/caregivers'**, especially if providing assistance in their care.

PATIENT SELECTION FOR AUTOMATED PERITONEAL DIALYSIS: FOR WHOM, WHEN?

- Fast transporters
- It can be more easily performed by employed patients
- It offers more time for personal and family activities
- Suitable for children, elderly patients, and patients needing assisted PD

Because individual choice cannot be overlooked, APD should be offered according to patient preference



**Σας ευχαριστώ
για την
προσοχή σας !**