

ΑΝΤΙΜΕΤΩΠΙΣΗ ΑΣΘΕΝΟΥΣ ΜΕ ΔΙΑΒΗΤΙΚΗ ΝΕΦΡΟΠΑΘΕΙΑ ΤΕΛΙΚΟΥ ΣΤΑΔΙΟΥ

Η διαχείριση της αναιμίας

Στέλιος Παναγούτσος

Πανεπιστημιακή Νεφρολογική Κλινική ΔΠΘ



ΕΛΛΗΝΙΚΗ ΔΙΑΒΗΤΟΛΟΓΙΚΗ ΕΤΑΙΡΕΙΑ
HELLENIC DIABETES ASSOCIATION

99^η
ΕΤΗΣΙΑ ΓΕΝΙΚΗ ΣΥΝΕΛΕΥΣΗ
ΤΗΣ ΕΛΛΗΝΙΚΗΣ
ΝΕΦΡΟΛΟΓΙΚΗΣ
ΕΤΑΙΡΕΙΑΣ
ΚΟΙΝΗ ΣΥΝΕΔΡΙΑ ΜΕ ΤΗΝ
ΕΛΛΗΝΙΚΗ
ΔΙΑΒΗΤΟΛΟΓΙΚΗ
ΕΤΑΙΡΕΙΑ



- Δήλωση σύγκρουσης συμφερόντων

- Τα τελευταία 2 χρόνια έχω λάβει τιμητικές αμοιβές από:

- Honoraria: ASTELLAS; ASTRA ZENECA; BOEHRINGER; GLAXO; BAYER

- Advisory or Leadership Role: GLAXO; ASTRA ZENECA

Αναιμία

Ορισμός



- ▶ According to the World Health Organization (WHO), anemia is defined as **hemoglobin (Hb) levels:**
- ▶ For adults:
- ▶ Men and postmenopausal women **Hb < 130 g/L**
- ▶ Premenopausal women **Hb < 120 g/L**

NUTRITIONAL ANAEMIAS

WORLD HEALTH ORGANIZATION

GENEVA

1968

Αναιμία Ορισμός



Diagnosis of anemia

- 1.2.1: Diagnose anemia in adults and children > 15 years with CKD when the Hb concentration is < 13.0 g/dl (< 130 g/l) in males and < 12.0 g/dl (< 120 g/l) in females. (*Not Graded*)
- 1.2.2: Diagnose anemia in children with CKD if Hb concentration is < 11.0 g/dl (< 110 g/l) in children 0.5–5 years, < 11.5 g/dl (115 g/l) in children 5–12 years, and < 12.0 g/dl (120 g/l) in children 12–15 years. (*Not Graded*)

Αναιμία Ορισμός

Guideline 1.2 - evaluation of anaemia - Haemoglobin level

We recommend that all patients with chronic anaemia associated with chronic kidney disease should be investigated for the cause and possible treatment, irrespective of the grade of kidney disease or requirement for renal replacement therapy if:

- their haemoglobin (Hb) levels are less than 110 g/L (less than 105 g/L if younger than 2 years) or
- they develop symptoms attributable to anaemia

Αναιμία

Επιπολασμός σε CKD

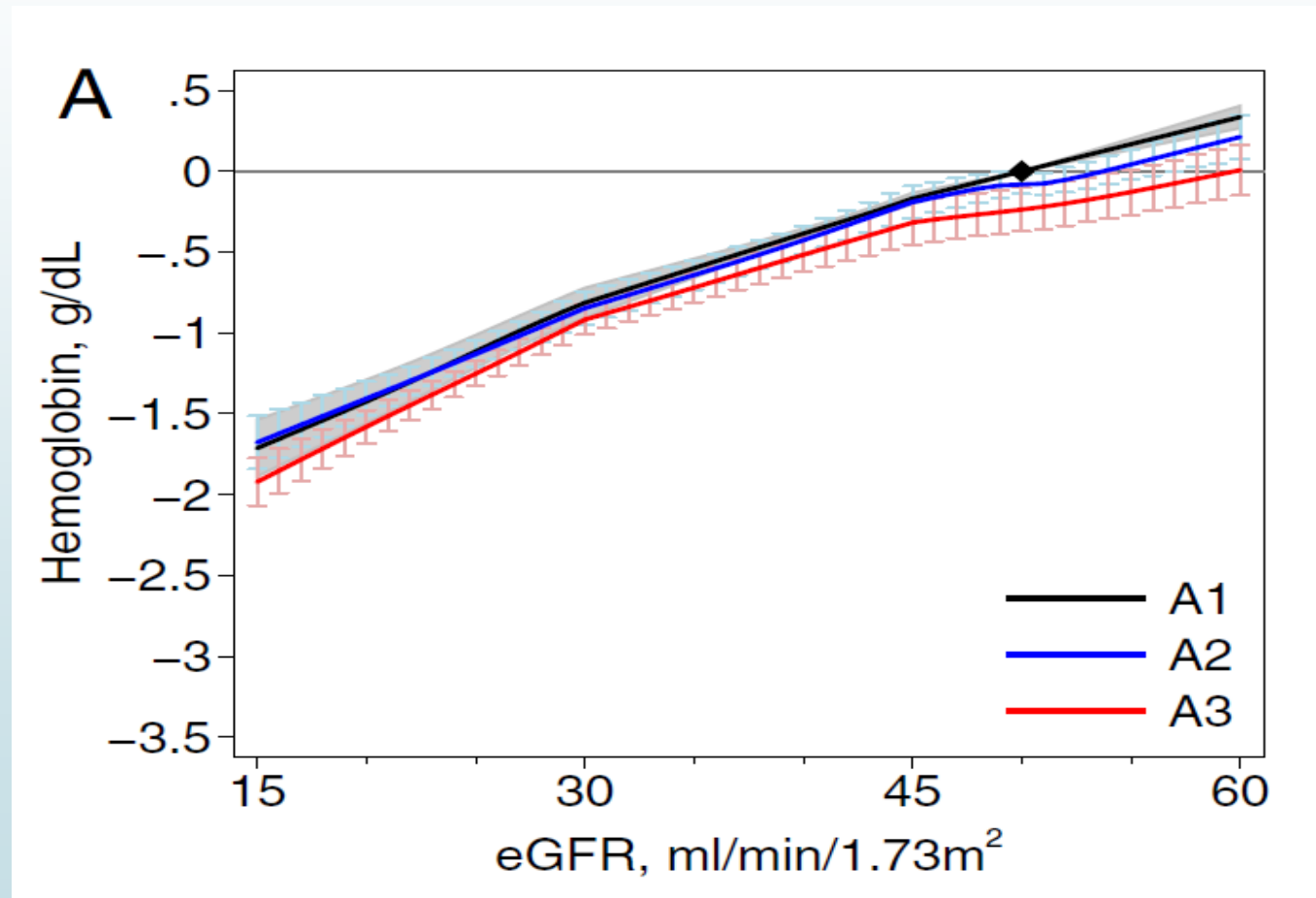
Table 3. Prevalence of anemia.

USA - NHANES

	N	Weighted percentage	95% CI	Projected number in US
With CKD	410	15.4	13.1–18.2	4.8×10^6
Stage 1	57	8.4	5.5–12.4	0.6×10^6
Stage 2	68	12.2	9.2–16.0	0.9×10^6
Stage 3	231	17.4	13.7–21.8	2.7×10^6
Stage 4	37	50.3	37.2–63.4	0.5×10^6
Stage 5	17	53.4	34.1–71.7	0.2×10^6
Without CKD	729	6.3	5.3–7.4	11×10^6

Αναιμία

Επιπολασμός σε CKD





Αναιμία

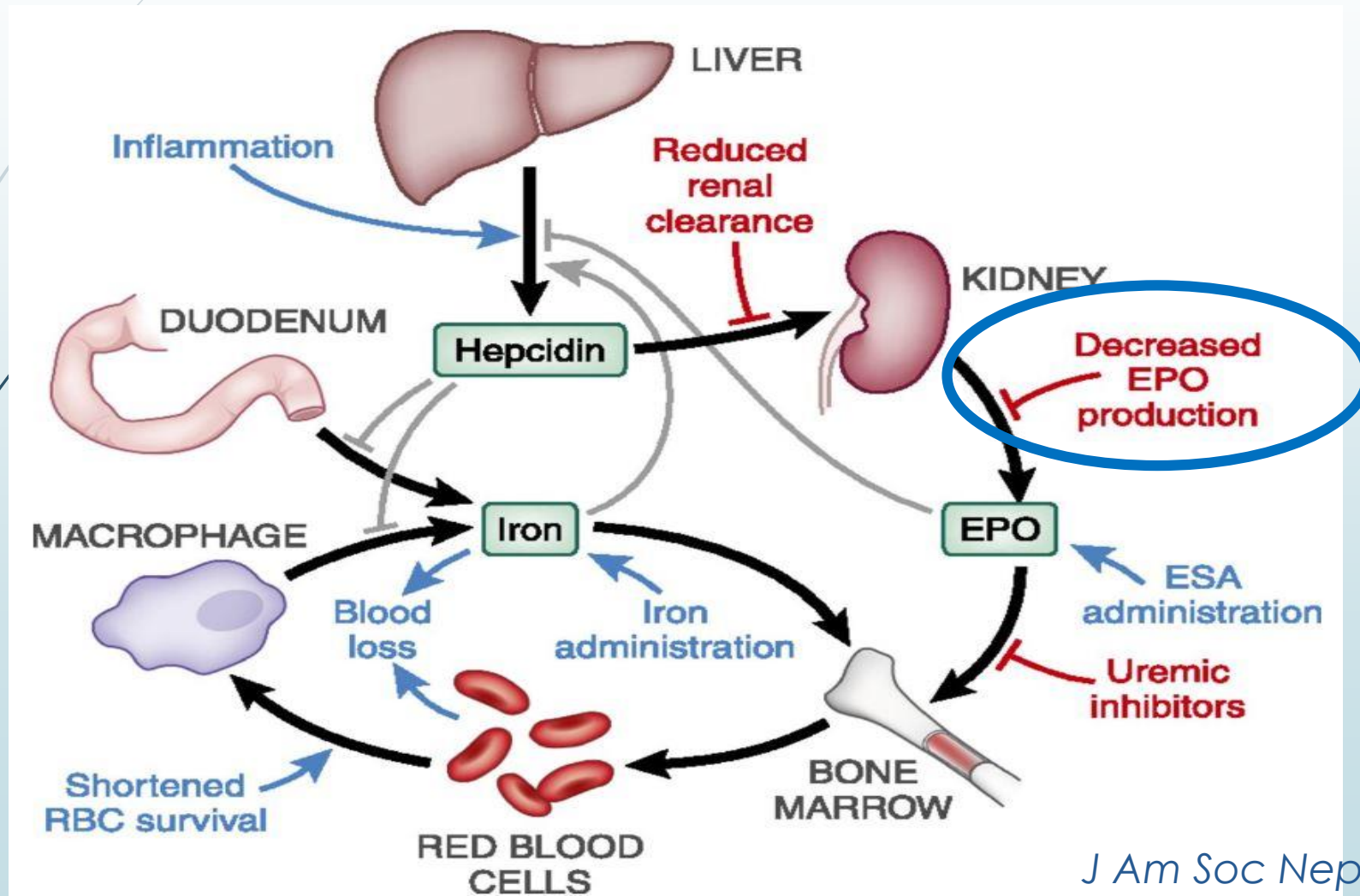
Αιτίες σε CKD

- *Ανεπάρκεια παραγωγής Ερυθροποιητίνης*
- *Βράχυνση της ζωής των ερυθρών αιμοσφαιρίων*
- *Ανεπάρκεια Σιδήρου*
- *Λοίμωξη - Φλεγμονή*

- *Αναστολείς της Ερυθροποίησης*
- *Δευτεροπαθής Υπερπαραθυρεοειδισμός*
- *Αιμορραγία*
- *Τοξικότητα από Αργίλιο*

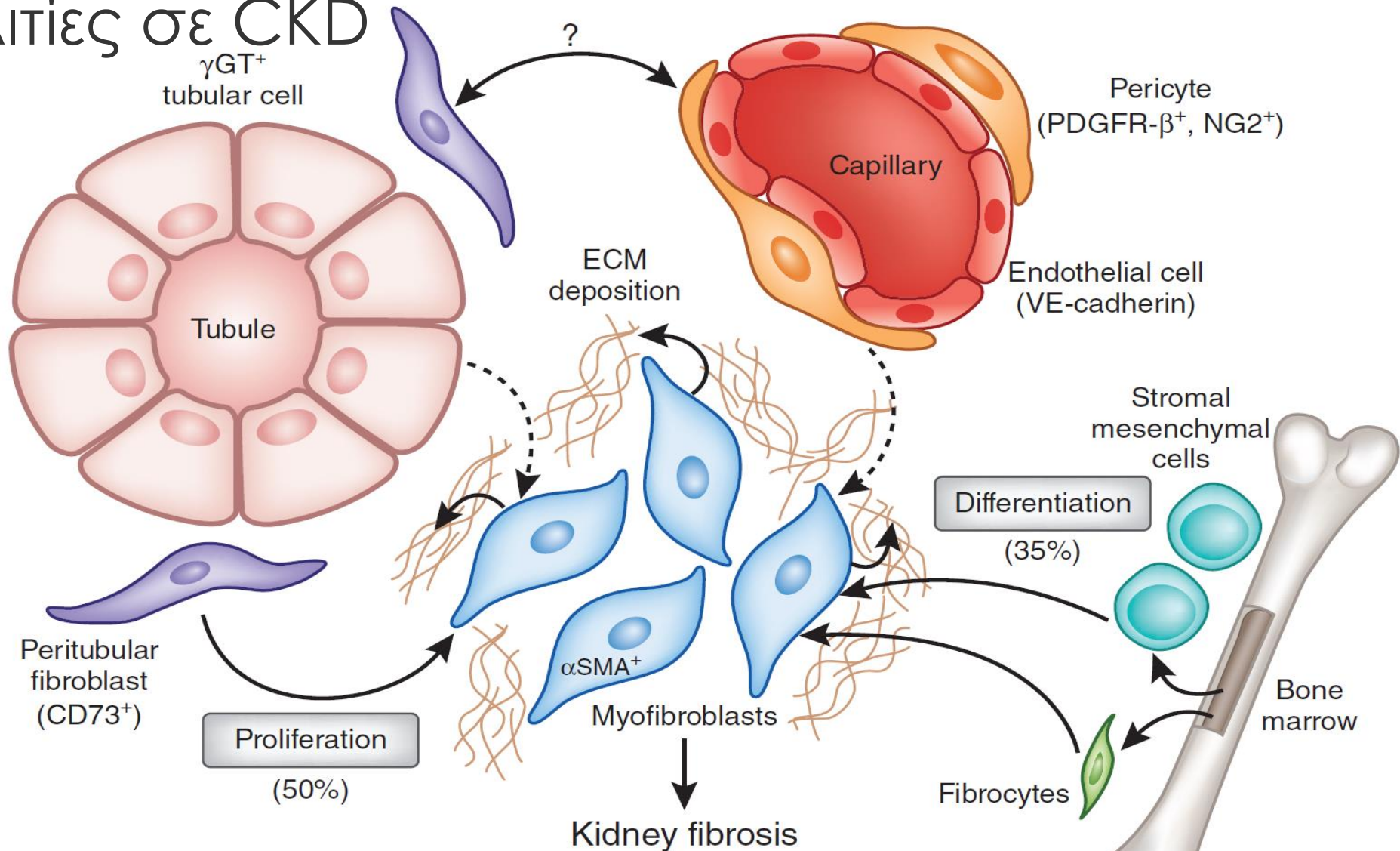
Αναιμία

Αιτίες σε CKD



Αναιμία

Αιτίες σε CKD



Marina Corral Spence

Αναιμία

Επιπολασμός σε DKD

No Diabetes

eGFR	Anemia		
	A1	A2	A3
>90			
75-89			
60-74	14.9% (11.8, 18.6)	23.1% (18.7, 28.2)	23.4% (18.9, 28.5)
45-59	22.1% (17.7, 26.9)	24.9% (20.2, 30.2)	29.1% (23.9, 34.9)
30-44	39.2% (33.0, 45.7)	36.9% (30.8, 43.2)	40.8% (34.4, 47.3)
15-29	60.6% (54.0, 66.7)	60.7% (54.1, 66.8)	64.2% (57.7, 70.0)

Diabetes

eGFR	Anemia		
	A1	A2	A3
>90			
75-89			
60-74	23.7% (19.2, 28.8)	27.9% (22.7, 33.5)	33.9% (28.1, 40.1)
45-59	32.1% (26.4, 38.1)	34.8% (28.9, 41.0)	40.1% (33.8, 46.6)
30-44	47.2% (40.5, 53.8)	48.3% (41.6, 54.9)	53.3% (46.5, 59.8)
15-29	66.1% (59.8, 71.8)	66.5% (60.2, 72.1)	74.5% (69.0, 79.2)

Αναιμία

Επιπολασμός σε DKD

Association between anemia and primary etiology of CKD.

Underlying disease	Overall	eGFR, mL/min/1.73 m ²				
		Stage 1, eGFR ≥90	Stage 2, 90 > eGFR ≥ 60	Stage 3, 60 > eGFR ≥ 30	Stage 4, 30 > eGFR ≥ 15	Stage 5, eGFR <15
Chronic glomerulonephritis, n (%)	599 (46.1)	102 (22.4)	78 (29.3)	110 (51.9)	115 (79.5)	194 (87.7)
Hypertensive renal damage, n (%)	180 (56.6)	6 (21.4)	9 (22.2)	36 (36.6)	53 (76.5)	76 (93.6)
Diabetic nephropathy,* n (%)	206 (68.0)	10 (25.0)	22 (51.2)	39 (58.7)	56 (83.8)	79 (91.4)



Αναιμία

Αιτίες σε CKD

- *Ανεπάρκεια παραγωγής Ερυθροποιητίνης*
- *Βράχυνση της ζωής των ερυθρών αιμοσφαιρίων*
- *Ανεπάρκεια Σιδήρου*
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- *Αναστολείς της Ερυθροποίησης*
- *Δευτεροπαθής Υπερπαραθυρεοειδισμός*
- *Αιμορραγία*
- *Τοξικότητα από Αργίλιο*

Αναιμία

Αιτίες σε DKD

- **Ανεπάρκεια παραγωγής Ερυθροποιητίνης**
 - Η παρουσία μικροαγγειοπάθειας οδηγεί σε σωληναριοδιάμεση βλάβη
 - Η χρόνια υπογλυκαιμία ευνοεί την αποδόμηση του παράγοντα που επάγεται από την υποξία (HIF)
 - Η συστηματική φλεγμονή ευνοεί τη διάμεση ίνωση

Αναιμία

ΑΙΤΙΕΣ σε DKD

Model		Standardized coefficient	95% CI	P
Histopathological variables				
Glomerular class I (reference)	(<i>n</i> = 11)			
Glomerular class IIA	(<i>n</i> = 34)	-0.06	-1.50-1.02	0.71
Glomerular class IIB	(<i>n</i> = 28)	-0.10	-1.90-1.09	0.59
Glomerular class III	(<i>n</i> = 20)	-0.34	-3.10- -0.06	0.042
Glomerular class IV	(<i>n</i> = 8)	-0.14	-2.85-1.01	0.35
IFTA score 0 (reference)	(<i>n</i> = 13)			
IFTA score 1	(<i>n</i> = 38)	-0.18	-1.95-0.62	0.31
IFTA score 2	(<i>n</i> = 35)	-0.31	-2.80-0.46	0.16
IFTA score 3	(<i>n</i> = 15)	-0.46	-4.28- -0.35	0.022
Interstitial inflammation score 0 (reference)	(<i>n</i> = 20)			
Interstitial inflammation score 1	(<i>n</i> = 76)	0.02	-1.10-1.28	0.88
Interstitial inflammation score 2	(<i>n</i> = 5)	-0.11	-2.82-0.93	0.32
Arteriolar hyalinosis score 0 (reference)	(<i>n</i> = 12)			
Arteriolar hyalinosis score 1	(<i>n</i> = 12)	-0.16	-2.13-0.39	0.17
Arteriolar hyalinosis score 2	(<i>n</i> = 77)	-0.20	-2.20-0.50	0.21
Arteriosclerosis score 0 (reference)	(<i>n</i> = 10)			
Arteriosclerosis score 1	(<i>n</i> = 54)	-0.02	-1.23-1.06	0.88
Arteriosclerosis score 2	(<i>n</i> = 37)	0.07	-1.02-1.52	0.70
Exudative lesions [yes (<i>n</i> = 45)/no (<i>n</i> = 56)]		0.13	-0.25-1.20	0.20

IFTA, interstitial fibrosis and tubular atrophy.



Αναιμία

Αιτίες σε DKD

- ▶ **Ανεπάρκεια Σιδήρου**

- ▶ Η χρόνια φλεγμονή οδηγεί σε αύξηση της Εψιδίνης
- ▶ Η χρόνια υπογλυκαιμία προκαλεί μεταβολές στην ικανότητα μεταφοράς του σιδήρου

Αναιμία

Αιτίες σε DKD

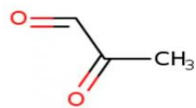
- *Βράχυνση της ζωής των ερυθρών αιμοσφαιρίων*
- *Υπερωσμωτικότητα στον εξωκυττάριο χώρο*
- *Οξειδωτικό stress*
- *Χρόνια υπεργλυκαιμία*

Αναιμία

ΑΙΤΙΕΣ σε DKD

Chronic hyperglycemia

Dicarbonyl stress



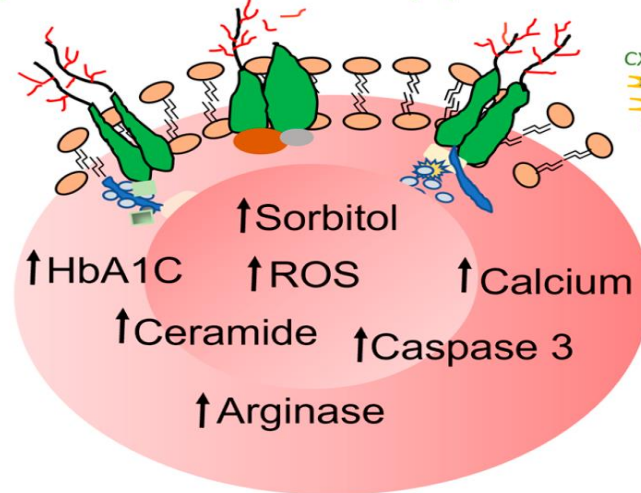
Uremic toxins



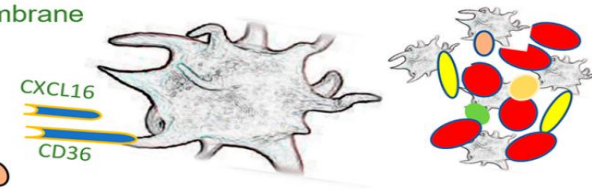
Hypertonicity

Oxidative stress

Glycation and PS translocation in cytoplasmic membrane

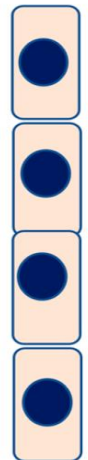


Thrombosis and microangiopathy

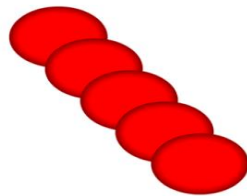


Endothelial/Platelet-RBC interactions

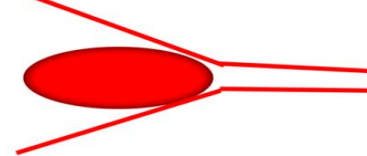
Endothelial cell dysfunction



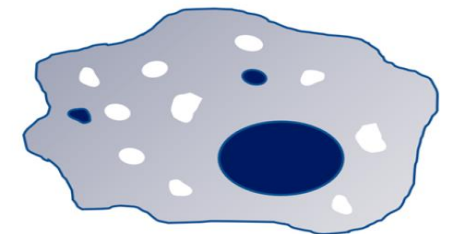
Hemolysis



RBC hyperaggregation



RBC deformability changes



Phagocytic RBC clearance



Αναιμία

Αιτίες σε DKD

- ▶ Αναστολείς της Ερυθροποίησης
- ▶ **Μειωμένη ερυθροποίηση στο μυελό**
 - ▶ Μικροαγγειοπάθεια
 - ▶ Χρόνια φλεγμονή
 - ▶ Παρουσία AGEs



Αναιμία

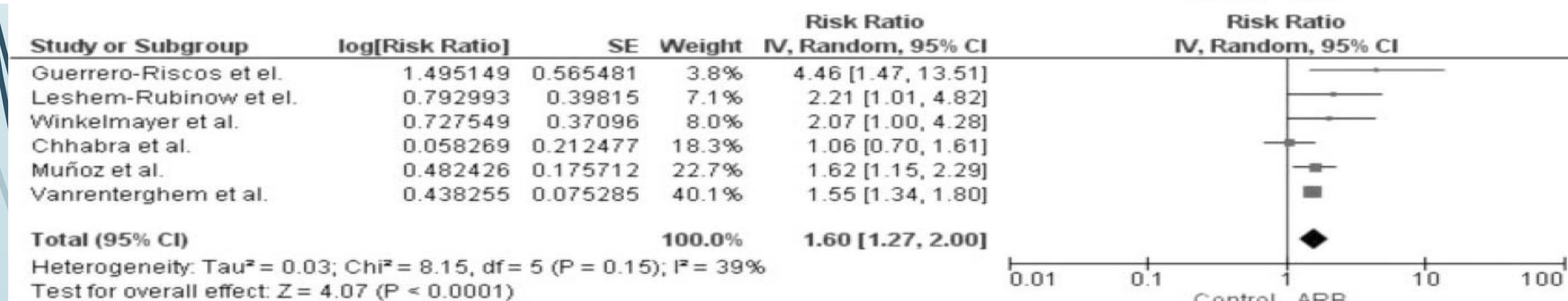
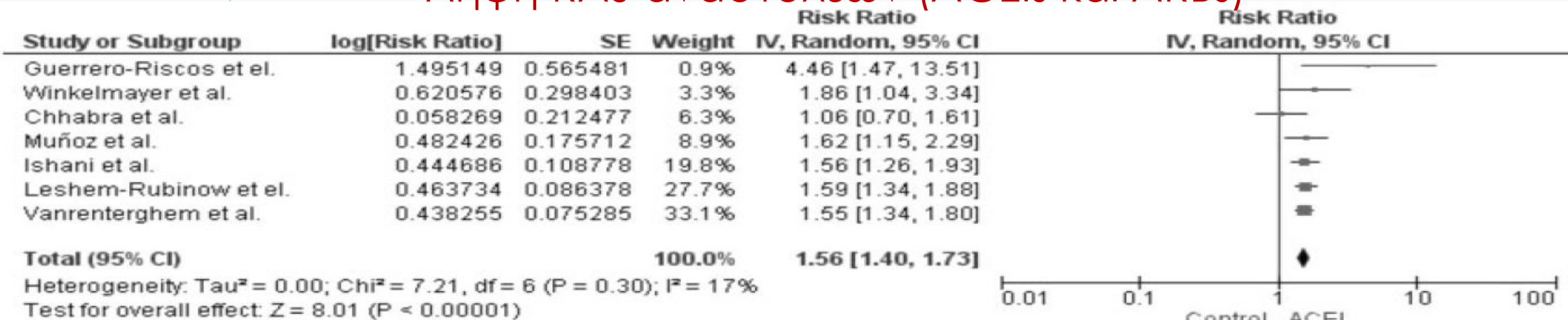
Αιτίες σε DKD

- ▶ Λήψη αναστολέων του άξονα ΡΑΑ (ACEIs και ARBs)

Αναιμία

Αιτίες σε DKD

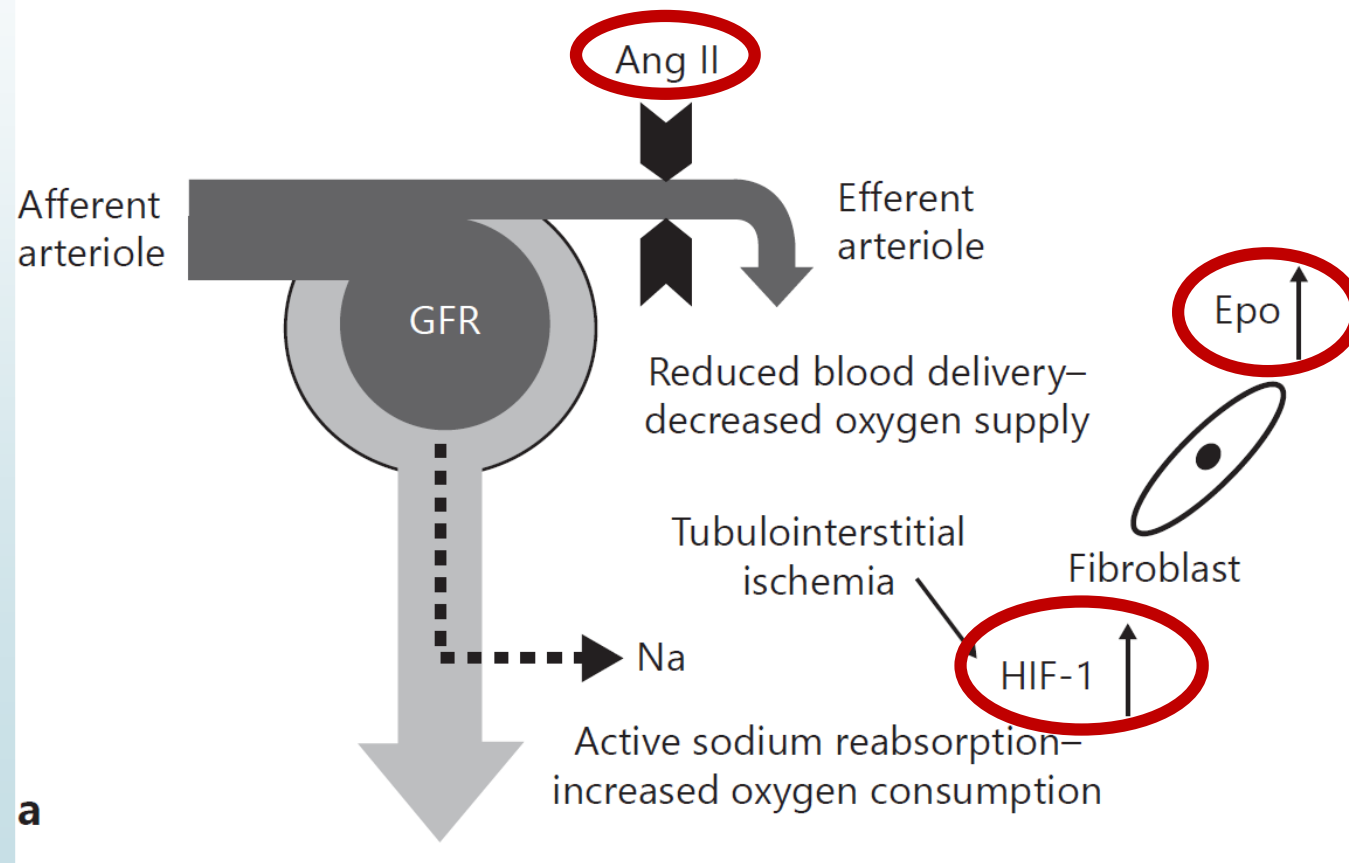
Λήψη RAS αναστολέων (ACEIs και ARBs)



Αναιμία

Αιτίες σε DKD

Λήψη RAS αναστολέων (ACEIs και ARBs)





Αναιμία

Αντιμετώπιση

- ▶ Χορήγηση ανασυνδρασμένης Ερυθροποιητίνης
- ▶ Χορήγηση Σιδήρου

- ▶ Νέοι Ερυθροποιητικοί παράγοντες



Αναιμία

Αντιμετώπιση

- ▶ Χορήγηση ανασυνδρασμένης Ερυθροποιητίνης
- ▶ Χορήγηση Σιδήρου
- ▶ Νέοι Ερυθροποιητικοί παράγοντες

EPO Ιστορικό

Contributors	Contributions	Comment
Bert (1882) Viault (1890) Miescher (1890)	Observation of increased RBC count at high altitude	A direct relationship of hypoxia to RBC count was proposed
Carnot and Deflandre (1906)	Experiment on injected blood from anaemic rabbits to donor rabbits causing a 20%–40% increased RBC in blood	Suggested a humoral factor “haemopoietine” to control RBC production
Muller (1912) Sandor (1932) Krumdieck (1943)	Experiment on injected blood from hypoxic rabbits to donor rabbits causing an increased RBC in blood	A direct relationship of hypoxia to RBC count demonstrated
Bonsdorff and Jalavisto (1948)	Experiment on injected blood from hypoxic animals to untreated animals causing a raised RBC production	“Erythropoietin” was introduced to support the presence and the transferability of the humoral factor
Reissmann (1950) Ruhstroth-Bauer (1950)	Increased RBC production on parabiotic animals when hypoxia and anaemia was introduced in one of them	A direct evidence of the presence of EPO to cause an increase in RBC in hypoxia/anaemia
Erslev (1953)	Repeated infusing plasma from severely anaemic rabbits to donor rabbits causing increased packed cell volume/reticulocyte count	Predicted the therapeutic potential of EPO if purified
Hodgson and Toha (1954)	EPO activity isolated in urine and plasma of anaemic rabbits	First to demonstrate EPO activity in urine
Stohlman <i>et al</i> (1954) Schmid and Gilbersten (1955)	Observations of RBC hyperplasia in bone marrow in patients with patent ductus arteriosus	Suggested hypoxia of lower part of body and increased erythropoiesis
Jacobson <i>et al</i> (1957)	No increase in RBC in nephrectomised animals	First to support EPO production of renal origin
Kuratowsha <i>et al</i> (1961) Fisher and Birdwell (1961)	Detection of EPO activity in isolated perfused kidney	Confirmed kidney as a source of EPO production
Fischer <i>et al</i> (1965) Frenkel <i>et al</i> (1968)	Localisation of EPO production to renal glomeruli	Suggested the regional secretion of EPO in kidney
Katz <i>et al</i> (1968) Fried (1972)	Detection of EPO activity in liver	Confirmed liver as another source of EPO production
Essers <i>et al</i> (1974)	Suggested liver being insufficient to replace kidney for EPO production	Supported kidney as the main source of EPO production
Miyake <i>et al</i> (1977)	Purification of EPO from urine in patients with aplastic anaemia	First to isolate and characterise EPO
Anagnostone <i>et al</i> (1977) Van Stone and Max (1979) Eschbach <i>et al</i> (1984)	EPO on animals with anaemia of renal failure	Demonstrated the effectiveness of EPO to correct anaemia
Jacobs <i>et al</i> (1985)	Cloning of EPO gene via “reverse genetics”	Paved the way for industrial manufacturing of recombinant EPO
Lin <i>et al</i> (1985)		Allowed sufficient quantity of EPO for clinical use

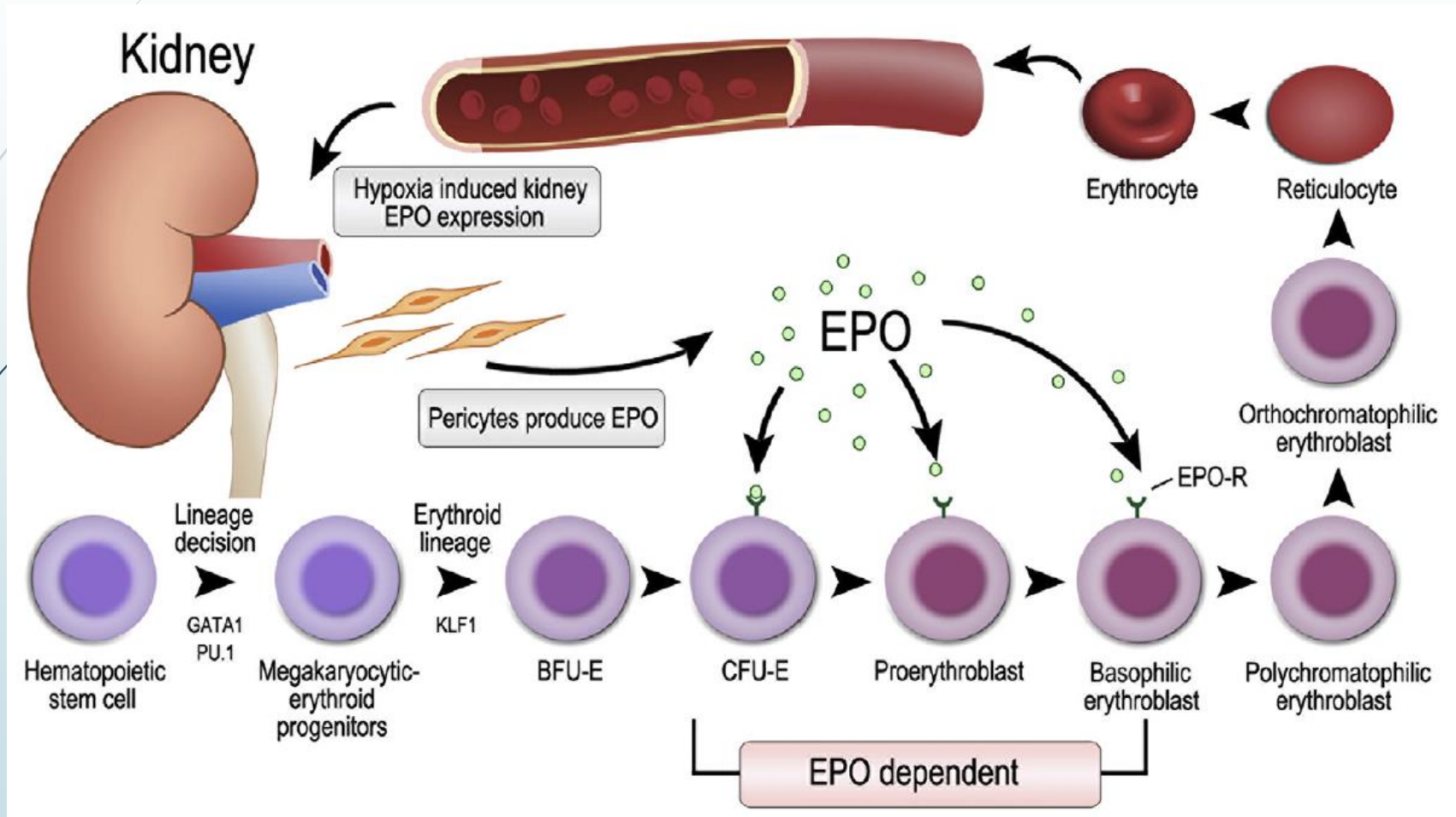


Ερυθροποιητίνη

Ιστορικό

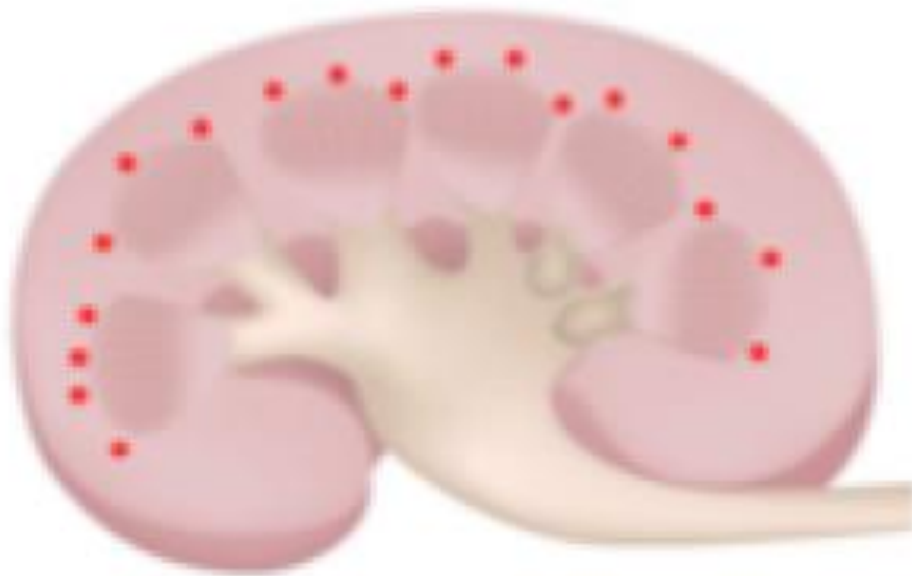
- **1906**, οι Carnot και Deflandre υπέθεσαν ότι στον ορό αναιμικών ασθενών υπάρχει “Αιμοποιητίνη” και η οποία διεγείρει το μυελό των οστών για ερυθροποίηση
- **1953**, ο Erslev επιβεβαιώνει την ύπαρξη ενός “παράγοντα διεγερτικού της ερυθροποίησης” και τον ονομάζει Ερυθροποιητίνη
- **1957**, ο Jacobson ήταν ο πρώτος, που διαπίστωσε ότι οι νεφροί είναι επιφορτισμένοι με τη ρύθμιση της παραγωγής ερυθρών αιμοσφαιρίων, αφού παράγουν Ερυθροποιητίνη

Ερυθροποιητική δράση

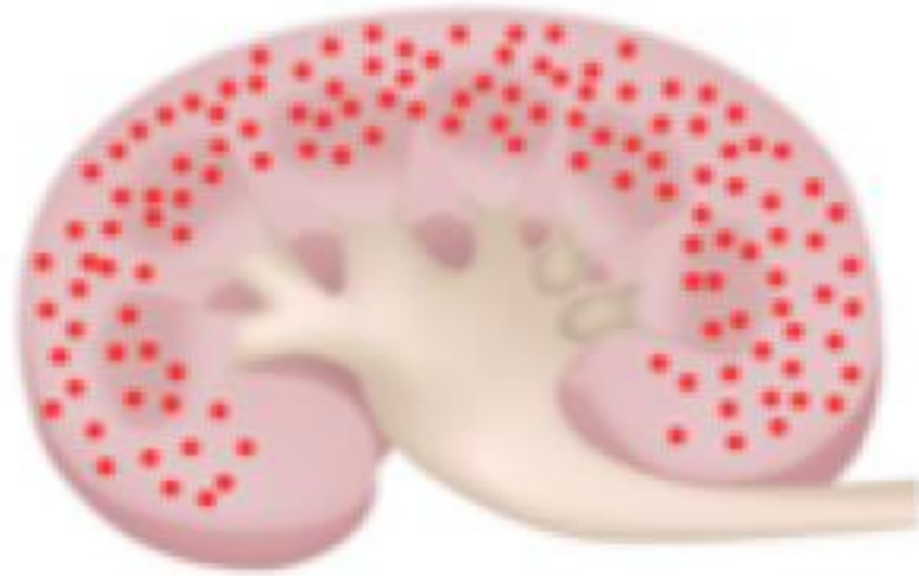


Ερυθροποιητική δράση

Number of Cells in Kidney Producing Erythropoietin



Normoxia



Hypoxia

Ερυθροποιητίνη

Ιστορικό

- ▶ **1977**, οι Miyake και συν. απομόνωσαν καθαρή μορφή ανθρώπινης Ερυθροποιητίνης στα ούρα
- ▶ **1985**, οι Lin και συν. και οι Jacobs και συν. κατόρθωσαν να απομονώσουν και να κλωνοποιήσουν το γονίδιο για την ανθρώπινη Ερυθροποιητίνη
- ▶ Εισαγωγή του ανασυνδυασμένου γονιδίου της ΕΡΟ σε κύτταρα ωοθηκών κινέζικου hamster, τα οποία καλλιεργούμενα παρήγαγαν την ορμόνη
- ▶ **1989** Άδεια κυκλοφορίας FDA

Ερυθροποιητική εφαρμογή

The Lancet · Saturday 22 November 1986

**EFFECT OF HUMAN ERYTHROPOIETIN
DERIVED FROM RECOMBINANT DNA ON THE
ANAEMIA OF PATIENTS MAINTAINED BY
CHRONIC HAEMODIALYSIS**

CHRISTOPHER G. WINEARLS¹ DESMOND O. OLIVER²
MARTIN J. PIPPARD³ CECIL REID³
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*Department of Medicine, Royal Postgraduate Medical School,
London W12 0HS;¹ Renal Unit, Churchill Hospital, Oxford;²
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Middlesex, UK;³ and Amgen, Thousand Oaks, California, USA⁴*

solely by the kidney.^{4,5} Thus anaemia is most severe in anephric patients who have inappropriately low erythropoietin concentrations⁶ and least severe in patients with adult polycystic kidney disease in whom renal mass, if not function, is preserved.⁷ Furthermore, patients whose non-functioning, previously shrunken kidneys develop “acquired cystic disease” frequently show a striking rise in haemoglobin^{8,9} as well as increased serum erythropoietin concentrations¹⁰ despite an unchanged uraemic state. Lately, Eschbach and colleagues¹¹ have shown that daily infusions of erythropoietin-rich plasma can completely reverse anaemia in uraemic sheep. However, the routine

Ερυθροποιητική εφαρμογή

Vol. 316 No. 2

ANEMIA OF END-STAGE RENAL DISEASE — ESCHBACH ET AL.

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CORRECTION OF THE ANEMIA OF END-STAGE RENAL DISEASE WITH RECOMBINANT HUMAN ERYTHROPOIETIN

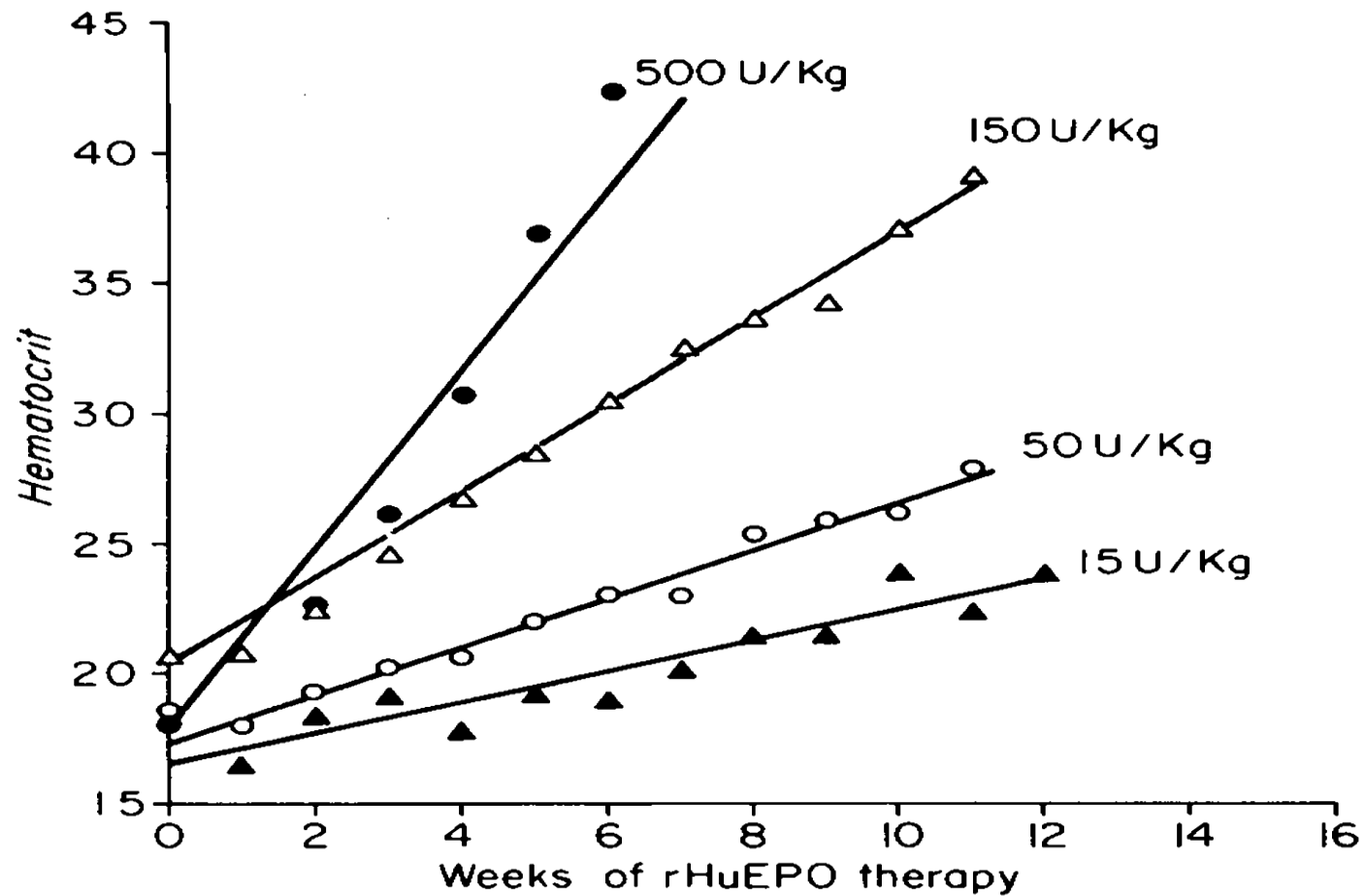
Results of a Combined Phase I and II Clinical Trial*

JOSEPH W. ESCHBACH, M.D., JOAN C. EGRIE, PH.D., MICHAEL R. DOWNING, PH.D.,
JEFFREY K. BROWNE, PH.D., AND JOHN W. ADAMSON, M.D.

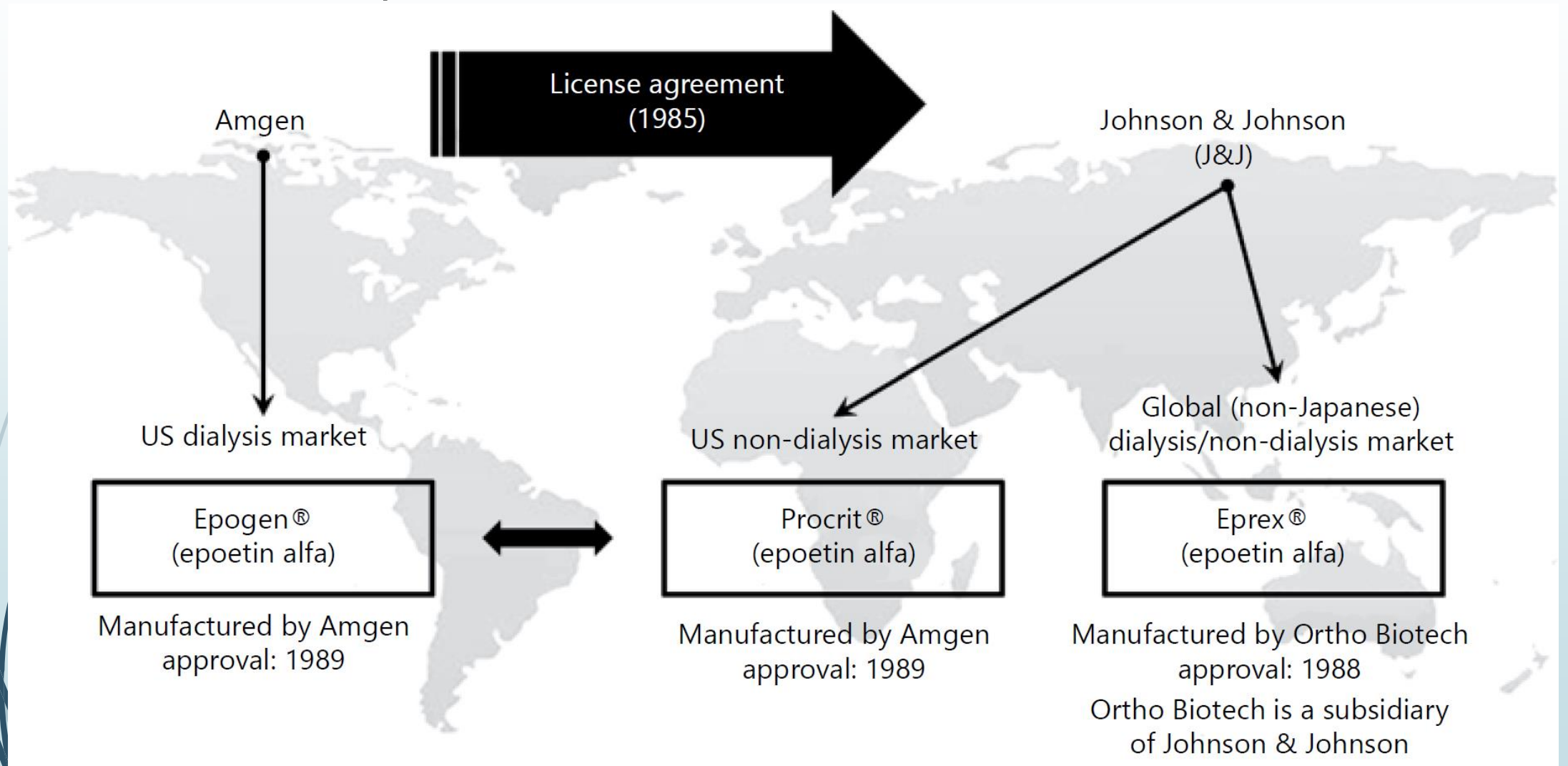


Drs. John Adamson and Joseph Eschbach have helped develop a hormone injection **that makes life safer and more pleasant for kidney dialysis patients.**

Ερυθροποιητίνη εφαρμογή



Ερυθροποιητική σκευάσματα



Ερυθροποιητική σκευάσματα

INN	Trade name	License holder	Approval	Manufacturing process	Licensed in		
					European Union	United States	Other regions
<i>First generation</i>							
Epoetin alfa	Epogen [®]	Amgen	1989	Recombinant DNA technology (in CHO cells)	✓	✓	✓
	Eprex [®]	Ortho Biotech	1988			✓	
	Procrit [®]	Amgen	1989			✓	
Epoetin beta	Recormon [®]	Boehringer Mannheim	1990	Recombinant DNA technology (in CHO cells)	✓		
Epoetin omega	Epomax [®] Hemax [®]	Elanex/Baxter	1990	Recombinant DNA technology (in hamster kidney cells)			✓
<i>Second generation</i>							
Epoetin beta	NeoRecormon [®]	Roche	1997	Recombinant DNA technology (in CHO cells)	✓		✓
Darbepoetin alfa	Aranesp [®]	Amgen	2001	Recombinant DNA technology (in CHO cells)	✓	✓	
<i>Third generation</i>							
Epoetin delta	Dynepo [®]	Transkaryotic therapies/Shire	2002	Gene activation technology (in HT-1080 cells)	✓	✓	
Methoxy polyethylene glycol epoetin beta	Mircera [®]	Roche	2007	Recombinant DNA technology (in CHO cells)	✓	✓	
Epoetin alfa (biosimilar)	Binocrit [®] Abseamed [®] Epoetin Alfa Hexal [®]	Sandoz Medice Hexal AG	2007	Recombinant DNA technology (in CHO cells)	✓		
Epoetin zeta (biosimilar)	Retacrit [™] Silapo [™]	Hospira, a Pfizer company Stada	2007	Recombinant DNA technology (in CHO cells)	✓		✓
Epoetin theta	Biopoin [®] Eporatio [®]	Teva RatioPharm	2009	Recombinant DNA technology (in CHO cells)	✓		

INN, international nonproprietary name; NCE, new chemical entity; NME, new molecular entity.

Ερυθροποιητική σκευάσματα

	Half-Life, h	
	Intravenous Administration	Subcutaneous Administration
Epoetin alfa	6.8	19.4
Darbepoetin alfa	25.3	48.8
Methoxy polyethylene glycol-epoetin beta	130	133



Ερυθροποιητίνη

Αποτελεσματικότητα

- Μείωση των μεταγγίσεων
- Βελτίωση συμπτωμάτων όπως αδυναμία, καταβολή κλπ
- Βελτίωση της υπερτροφίας της αριστεράς κοιλίας
- Βελτίωση της καρδιαγγειακής θνητότητας
- Βελτίωση της ποιότητας ζωής

Ερυθροποιητική

Κλινικές οδηγίες Θεραπευτικός στόχος

- ▶ DOQI 1997: Ht 33%-36% (Hb 11-12 g/dl)
- ▶ KDOQI 2000: Hb 11-12 g/dl (Ht 33%-36%)
- ▶ EBPG 2000: Hb > 11 g/dl (...NO UPPER LIMIT)
- ▶ EBPG 2004: Hb > 11 g/dl (UPPER LIMIT: 14 g/dl)
- ▶ KDOQI 2006: Hb > 11 g/dl (UPPER LIMIT: ...13 g/dl?)
- ▶ KDOQI 2007: Hb > 11 g/dl (UPPER LIMIT: 13 g/dl)

The NEW ENGLAND JOURNAL of MEDICINE

ORIGINAL ARTICLE

Correction of Anemia with Epoetin Alfa
in Chronic Kidney Disease

The NEW ENGLAND
JOURNAL of MEDICINE

ESTABLISHED IN 1812

NOVEMBER 16, 2006

VOL. 355 NO. 20

Normalization of Hemoglobin Level in Patients
with Chronic Kidney Disease and Anemia

Ερυθροποιητική

Κλινικές οδηγίες Θεραπευτικός στόχος

- ▶ KDIGO 2008: Hb 9.5 – 11.5 g/dl
- ▶ ERBP 2009: Hb 11 – 12 g/dl (UPPER LIMIT: 13 g/dl)
- ▶ ERBP 2010: Hb 11 – 12 g/dl (UPPER LIMIT: 13 g/dl) **Diabetic: Hb 10-12 g/dl**
- ▶ KDIGO 2012:
 - ▶ CKD ND: Hb 10 - 11.5 g/dl (UPPER LIMIT: 13 g/dl)
 - ▶ CKD D: Hb 9 - 11.5 g/dl (UPPER LIMIT: 13 g/dl)
- ▶ ERBP 2013: Hb 10 – 12 g/dl (UPPER LIMIT: 13 g/dl)
- ▶ KDOQI 2013: Hb 9 - 11 g/dl
- ▶ NICE 2020: Hb 10 – 12 g/dl

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A Trial of Darbepoetin Alfa in Type 2 Diabetes
and Chronic Kidney Disease

Ερυθροποιητική Ασφάλεια

The New England Journal of Medicine

THE EFFECTS OF NORMAL AS COMPARED WITH LOW HEMATOCRIT VALUES IN PATIENTS WITH CARDIAC DISEASE WHO ARE RECEIVING HEMODIALYSIS AND EPOETIN

ANATOLE BESARAB, M.D., W. KLINE BOLTON, M.D., JEFFREY K. BROWNE, PH.D., JOAN C. EGRIE, PH.D., ALLEN R. NISSENSON, M.D., DOUGLAS M. OKAMOTO, PH.D., STEVE J. SCHWAB, M.D., AND DAVID A. GOODKIN, M.D.

N Engl J Med 1998;339:584-90

The NEW ENGLAND JOURNAL of MEDICINE

ORIGINAL ARTICLE

Correction of Anemia with Epoetin Alfa in Chronic Kidney Disease

Ajay K. Singh, M.B., B.S., Lynda Szczech, M.D., Kezhen L. Tang, Ph.D., Huiman Barnhart, Ph.D., Shelly Sapp, M.S., Marsha Wolfson, M.D., and Donal Reddan, M.B., B.S., for the CHOIR Investigators*

N Engl J Med 2006;355:2085-98

The NEW ENGLAND JOURNAL of MEDICINE

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NOVEMBER 16, 2006

VOL. 355 NO. 20

Normalization of Hemoglobin Level in Patients with Chronic Kidney Disease and Anemia

Tilman B. Drüeke, M.D., Francesco Locatelli, M.D., Naomi Clyne, M.D., Kai-Uwe Eckardt, M.D., Iain C. Macdougall, M.D., Dimitrios Tsakiris, M.D., Hans-Ulrich Burger, Ph.D., and Armin Scherhag, M.D., for the CREATE Investigators*

N Engl J Med 2006;355:2071-84

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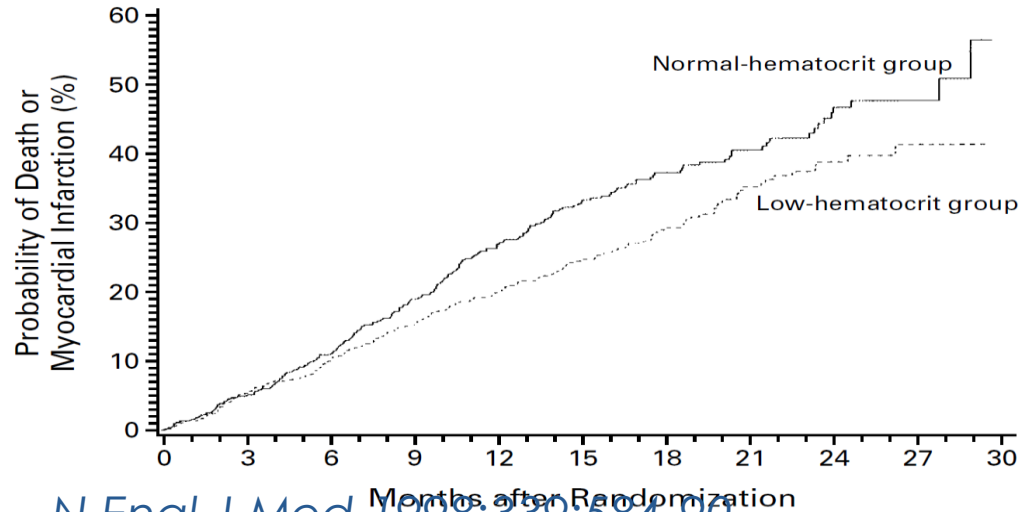
VOL. 361 NO. 21

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N Engl J Med 2009;361:2019-32

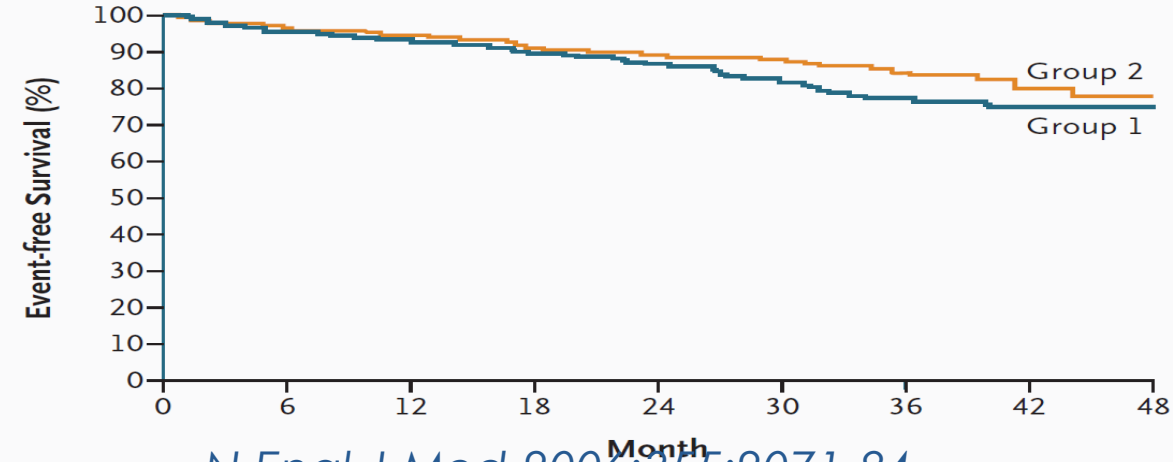
Ερυθροποιητική Ασφάλεια



N Engl J Med 1998;339:584-90

No. AT RISK

Normal hematocrit	618	540	476	415	353	259	186	124	69	26
Low hematocrit	615	537	485	434	391	292	216	131	80	20

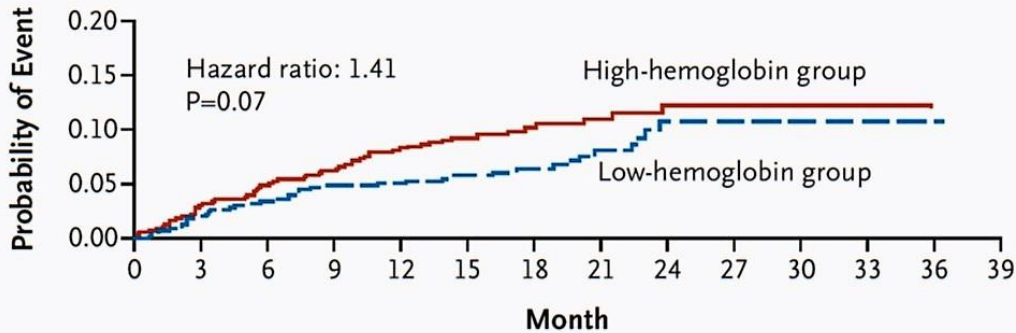


N Engl J Med 2006;355:2071-84

No. at Risk

Group 1	301	279	268	249	207	158	97	56	2
Group 2	302	286	272	257	223	177	121	61	2

Hospitalization for CHF (without RRT)

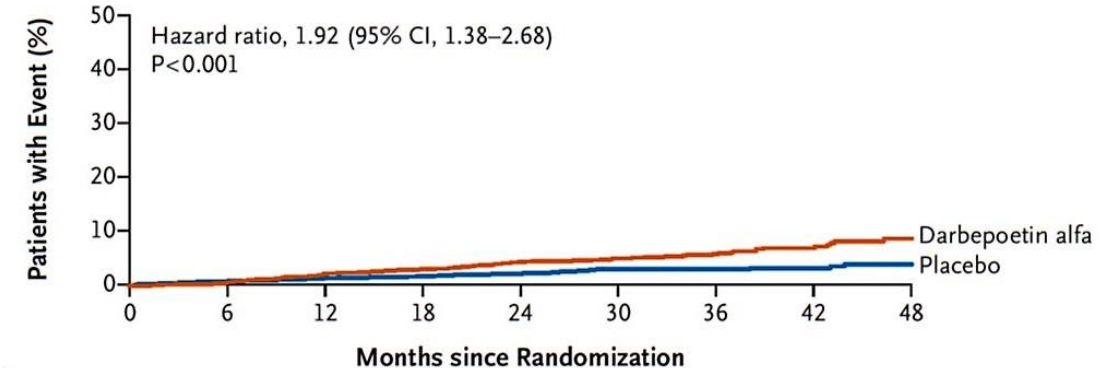


No. at Risk

High-hemoglobin	715	656	591	523	461	359	273	179	102	73	56	23
Low-hemoglobin	717	663	596	544	504	402	299	187	111	70	45	24

N Engl J Med 2006;355:2085-98

Fatal or Nonfatal Stroke



No. at Risk

Darbepoetin alfa	2012	1923	1787	1581	1247	863	590	341	141
Placebo	2026	1914	1783	1575	1262	886	561	338	132

N Engl J Med 2009;361:2019-32

Ερυθροποιητίνη Ασφάλεια

The NEW ENGLAND JOURNAL of MEDICINE

ESTABLISHED IN 1812

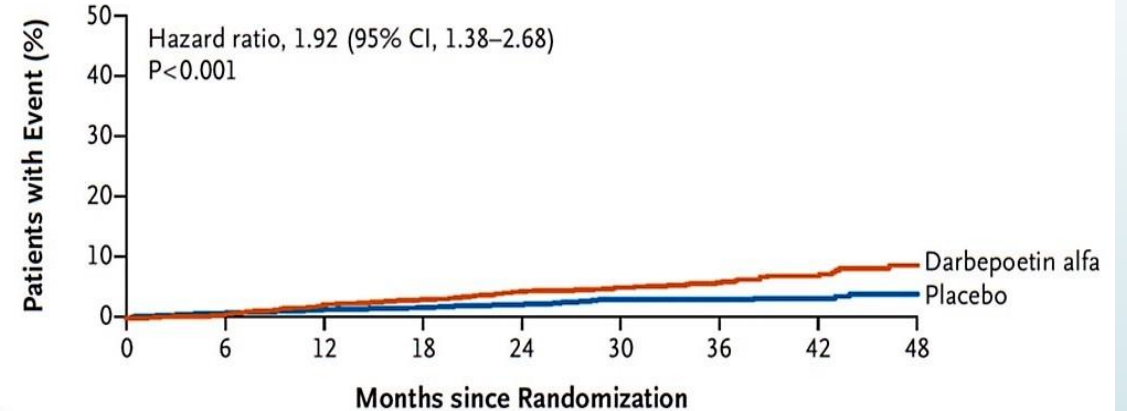
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Fatal or Nonfatal Stroke



No. at Risk

Darbepoetin alfa	2012	1923	1787	1581	1247	863	590	341	141
Placebo	2026	1914	1783	1575	1262	886	561	338	132



Ερυθροποιητίνη Ασφάλεια

2009: A Requiem for rHuEPOs—But Should We Nail Down the Coffin in 2010?

David Goldsmith

Renal Department, Guy's Hospital, King's Health Partners, London, United Kingdom

ANEMIA

To TREAT or not to TREAT—that is the question

Andrzej Wiecek

Ερυθροποιητίνη

Ασφάλεια

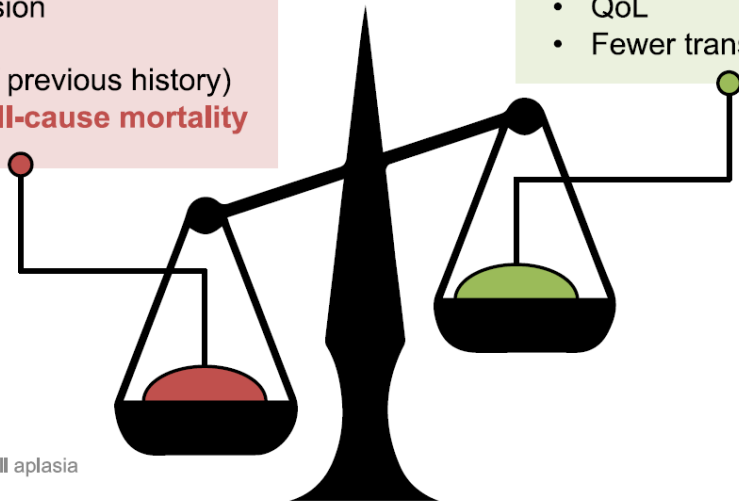
Complete anemia correction with ESAs

Risks

- Blood viscosity
- Platelets, adhesiveness
- Thromboembolic events
- Hypertension
- PRCA
- Cancer (if previous history)
- **CV and all-cause mortality**

Benefits

- Tissue oxygenation
- Physical performance
- Mental performance
- QoL
- Fewer transfusions



PRCA, pure red cell aplasia

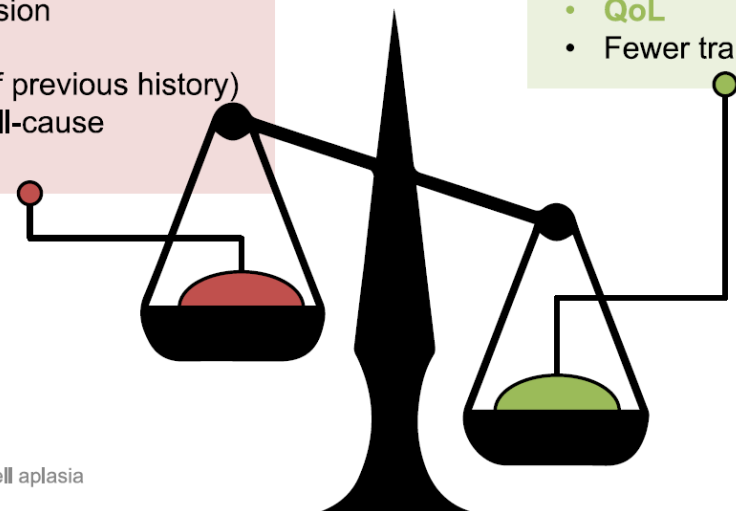
Partial anemia correction with ESAs

Risks

- Blood viscosity
- Platelets, adhesiveness
- Thromboembolic events
- Hypertension
- PRCA
- Cancer (if previous history)
- CV and all-cause mortality

Benefits

- Tissue oxygenation
- **Physical performance**
- **Mental performance**
- **QoL**
- Fewer transfusions



PRCA, pure red cell aplasia

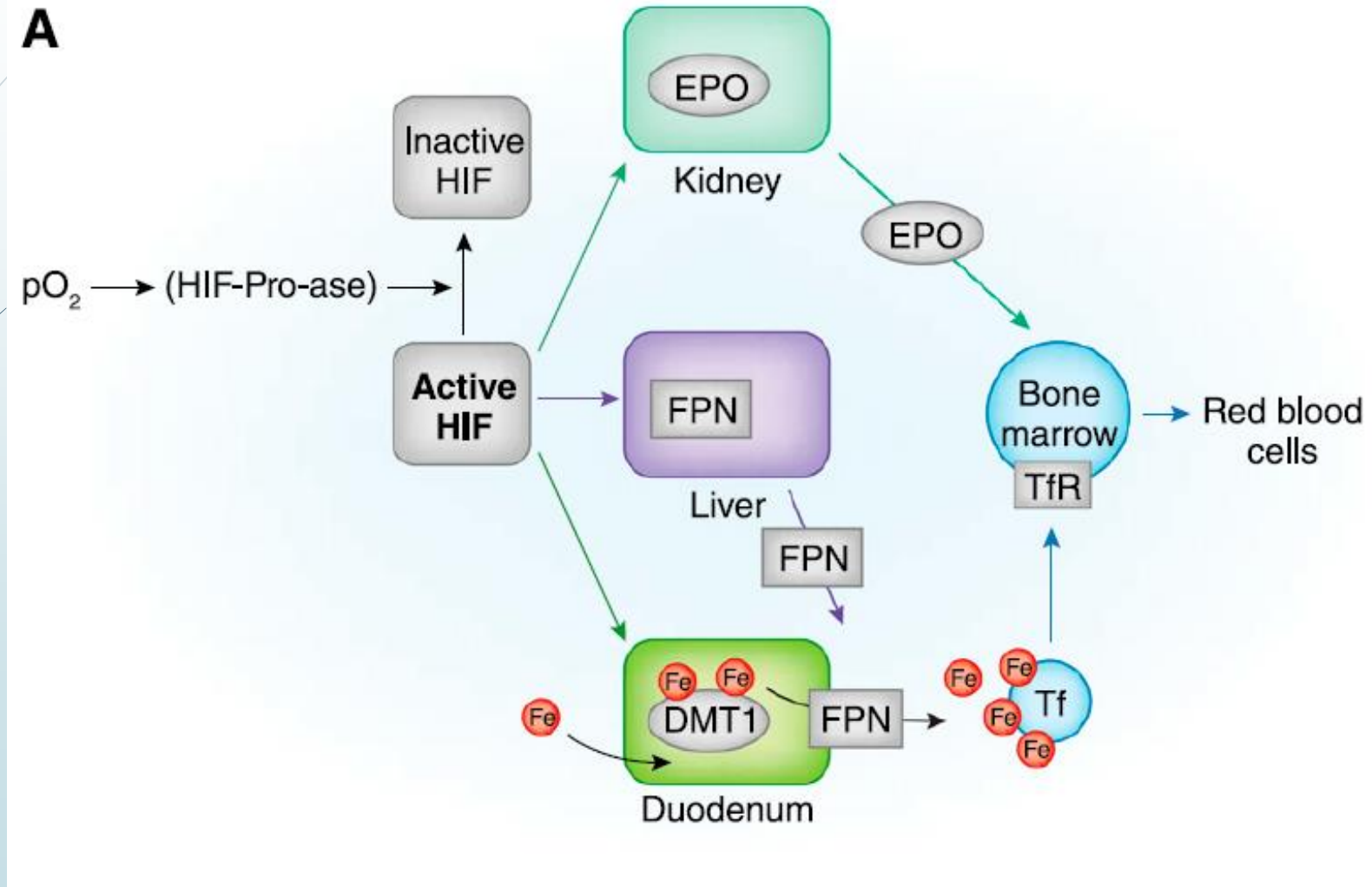


Αναιμία

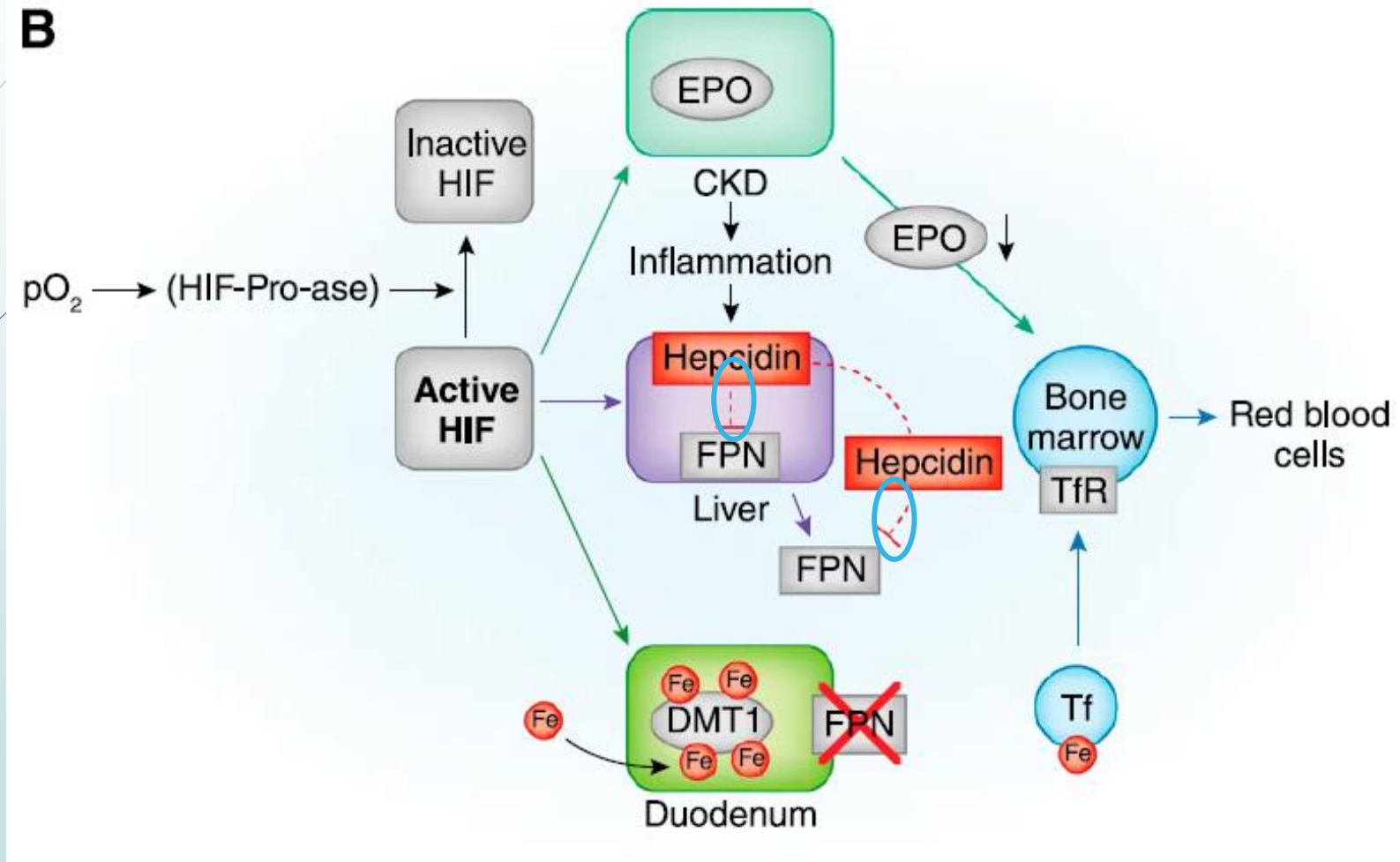
Αντιμετώπιση

- ▶ Χορήγηση ανασυνδρασμένης Ερυθροποιητίνης
- ▶ Χορήγηση Σιδήρου
- ▶ Νέοι Ερυθροποιητικοί παράγοντες

Χρόνια Νεφρική Νόσος και σίδηρος



Χρόνια Νεφρική Νόσος και σίδηρος





Χρόνια Νεφρική Νόσος και σίδηρος

- Απόλυτη ανεπάρκεια σιδήρου
 - Μειωμένη απορρόφηση
 - Αυξημένες απώλειες
- Λειτουργική ανεπάρκεια σιδήρου
 - Μειωμένη ικανότητα μεταφοράς σιδήρου
 - Αυξημένη ερυθροποίηση λόγω χορήγησης ESA

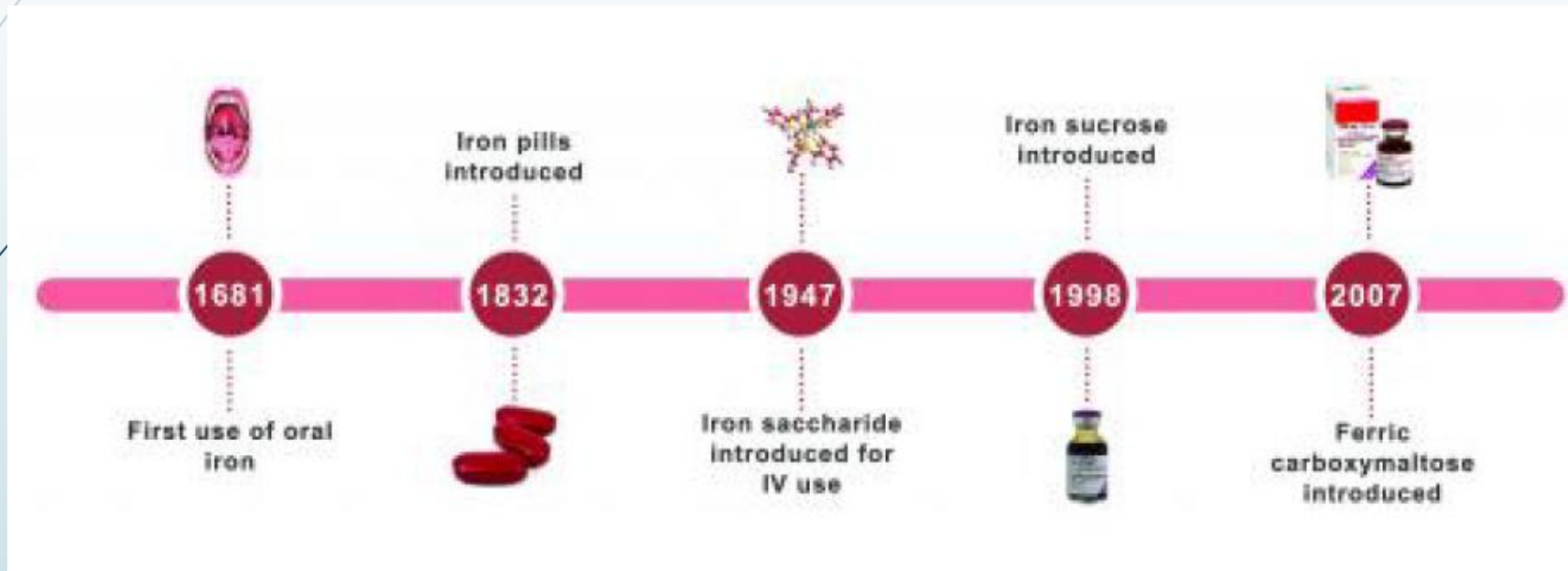


Χρόνια Νεφρική Νόσος και σίδηρος

Διάγνωση

- Χρώση σιδήρου σε επίχρυσμα μυελού
- Φερριτίνη ορού (Ferritin)
- Κορεσμός Τρανσφερίνης (TSAT)
- Ποσοστό υπόχρωμων ερυθροκυττάρων (%HRC)
- Αιμοσφαιρίνη δικτυοερυθροκυττάρων (CHr)

Χορήγηση σιδήρου Σκευάσματα



Χορήγηση σιδήρου Σκευάσματα

Iron product generic name (brand name)	Year of U.S. FDA approval	Molecular weight in kilodaltons (kDa)	Maximum approved single dose, administration time	Common off-label maximal dose and administration time	Test dose?
Iron dextran, low molecular weight (INFeD)	1991	165	100 mg over >30 s	1000mg or more i.v. over 4 h	Yes, 25 mg; monitor 15–30 min
Iron dextran, high molecular weight (Dexferrum)	1996	265	100 mg over >30 s	1000mg or more i.v. over 4 h	Yes, 25 mg; monitor 15–30 min
Sodium ferric gluconate complex (Ferrlecit, Nulecit)	1999	289–444	125 mg i.v. push over 10 min	250mg i.v. over 15 min	No
Iron sucrose (Venofer)	2000	34–60	200 mg i.v. over 2–5 min ^a	300mg i.v. over 1 h	No
Newer iron products					
Ferumoxytol (Feraheme)	2009	750kDa	510 mg i.v., <1 min	Same dose as 15 min infusion	No
Ferric carboxymaltose (Injectafer in USA; Ferinject in Europe)	2013	150	750 mg slow push or infusion over 15 min	None	No
Iron isomaltoside (Monofer in Europe; not approved in USA)	Europe only, 2009, not submitted for U.S. approval	150	20 mg/kg over 30–60 min	None	No

Χορήγηση σιδήρου Σκευάσματα

Table 2. Oral iron supplementation therapies in patients with nondialysis-dependent CKD

Therapy	Chemical Formula	Therapy Duration	Efficacy Measures ^a			Frequency, % ^b	Adverse Events		Studies in Nondialysis CKD
			Hb	Fer	TSAT		Most Common Adverse Events ^c		
Ferrous sulfate	FeSO ₄	8 wk	X	X	X	68.1	Stool discoloration, URI, diarrhea, traumatic injury, fall, constipation, dyspnea, chest pain, dizziness, UTI, hyperkalemia, hypertension	Agarwal <i>et al.</i> (57)	
Ferrous sulfate	FeSO ₄	52 wk	X	X	X	81.7	Diarrhea, constipation, hypertension, peripheral edema, dyspepsia, UTI, nasopharyngitis	Macdougall <i>et al.</i> (58)	
Ferrous sulfate	FeSO ₄	56 d	X	—	X	59.2	Constipation	Qunibi <i>et al.</i> (59)	
Ferrous sulfate	FeSO ₄	12 mo	—	—	—	NR	NR	McMahon <i>et al.</i> (87)	
Ferrous sulfate	FeSO ₄	6 wk	—	X	X	20 ^d	Constipation, stool discoloration, nausea, diarrhea	Agarwal <i>et al.</i> (88)	
Ferrous sulfate	FeSO ₄	29 d	X	—	—	NR	NR	Charytan <i>et al.</i> (89)	
Ferrous sulfate	FeSO ₄	56 d	X	X	X	19	Constipation, diarrhea, nausea, vomiting	Van Wyck <i>et al.</i> (90)	
Ferrous sulfate	FeSO ₄	3 mo	X	—	—	NR	NR	Aggarwal <i>et al.</i> (91)	
Ferrous sulfate	FeSO ₄	5.2 mo	X	X	NR	NR	NR	Stoves <i>et al.</i> (92)	
Ferrous fumarate	C ₄ H ₂ FeO ₄	21 d	X	X	X	52	Constipation, diarrhea	Spinowitz <i>et al.</i> (93)	
Ferric citrate	FeC ₃ H ₅ O (COO) ₃	12 wk	X	X	X	68.3	Diarrhea, constipation, abdominal discomfort, abdominal distension ^e	Yokoyama <i>et al.</i> (94)	
Ferric citrate	FeC ₃ H ₅ O (COO) ₃	12 wk	X	X	X	69.3	Stool discoloration, diarrhea, constipation, nausea, vomiting, URI	Block <i>et al.</i> (74)	
Heme iron		6 mo	X	X	X	NR	Constipation, abdominal cramps, muscle cramps, bloating, diarrhea, nausea	Nagaraju <i>et al.</i> (80)	
Liposomal iron	Fe ₄ (P ₂ O ₇) ₃	3 mo	X	—	—	3.1 ^d	—	Pisani <i>et al.</i> (81)	

Τοξικότητα σιδήρου

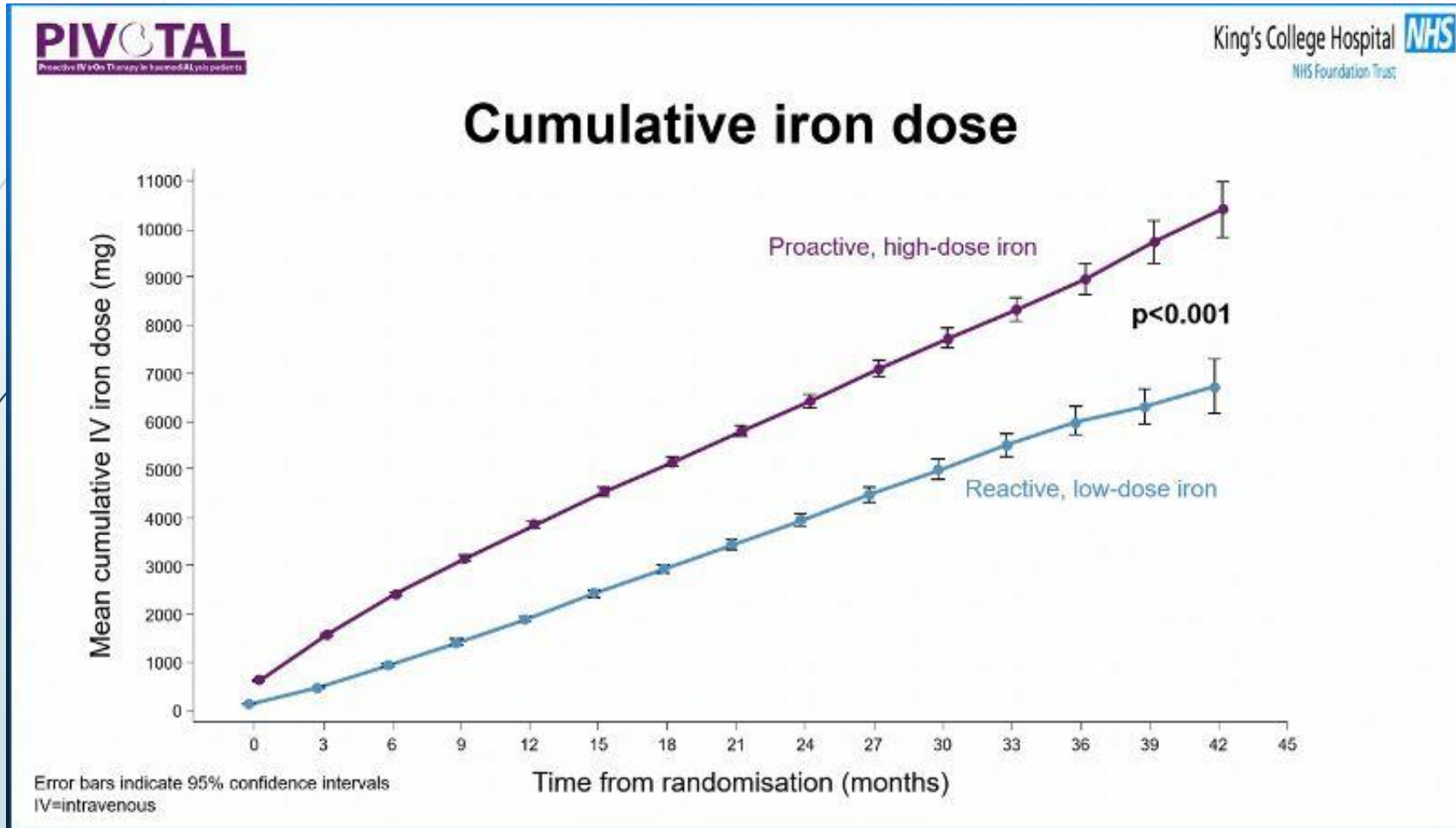
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ORIGINAL ARTICLE

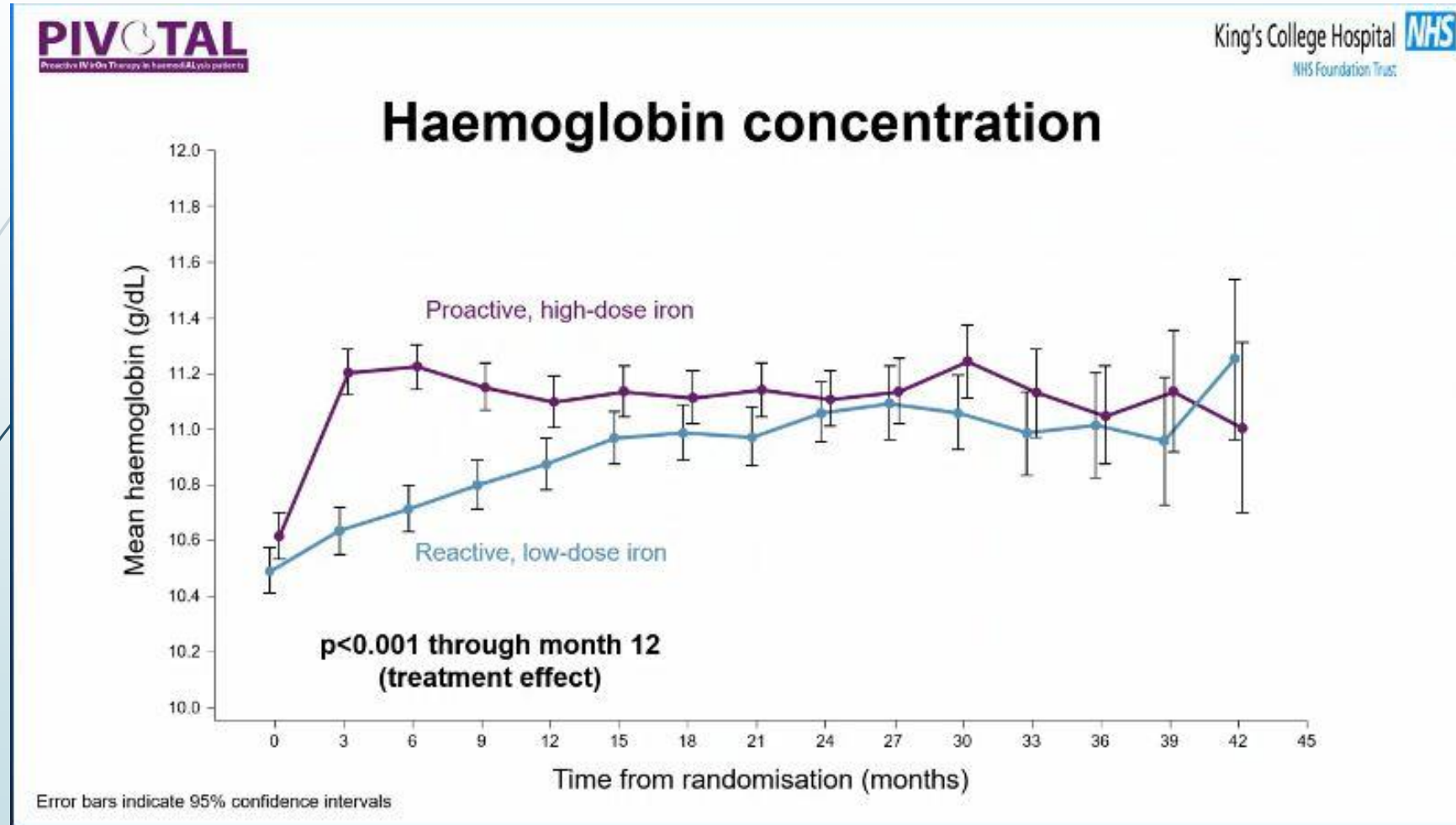
Intravenous Iron in Patients Undergoing Maintenance Hemodialysis

Iain C. Macdougall, M.D., Claire White, B.Sc., Stefan D. Anker, M.D., Sunil Bhandari, Ph.D., F.R.C.P., Kenneth Farrington, M.D., Philip A. Kalra, M.D., John J.V. McMurray, M.D., Heather Murray, M.Sc., Charles R.V. Tomson, D.M., David C. Wheeler, M.D., Christopher G. Winearls, D.Phil., F.R.C.P., and Ian Ford, Ph.D., for the PIVOTAL Investigators and Committees*

Τοξικότητα σιδήρου



Τοξικότητα σιδήρου

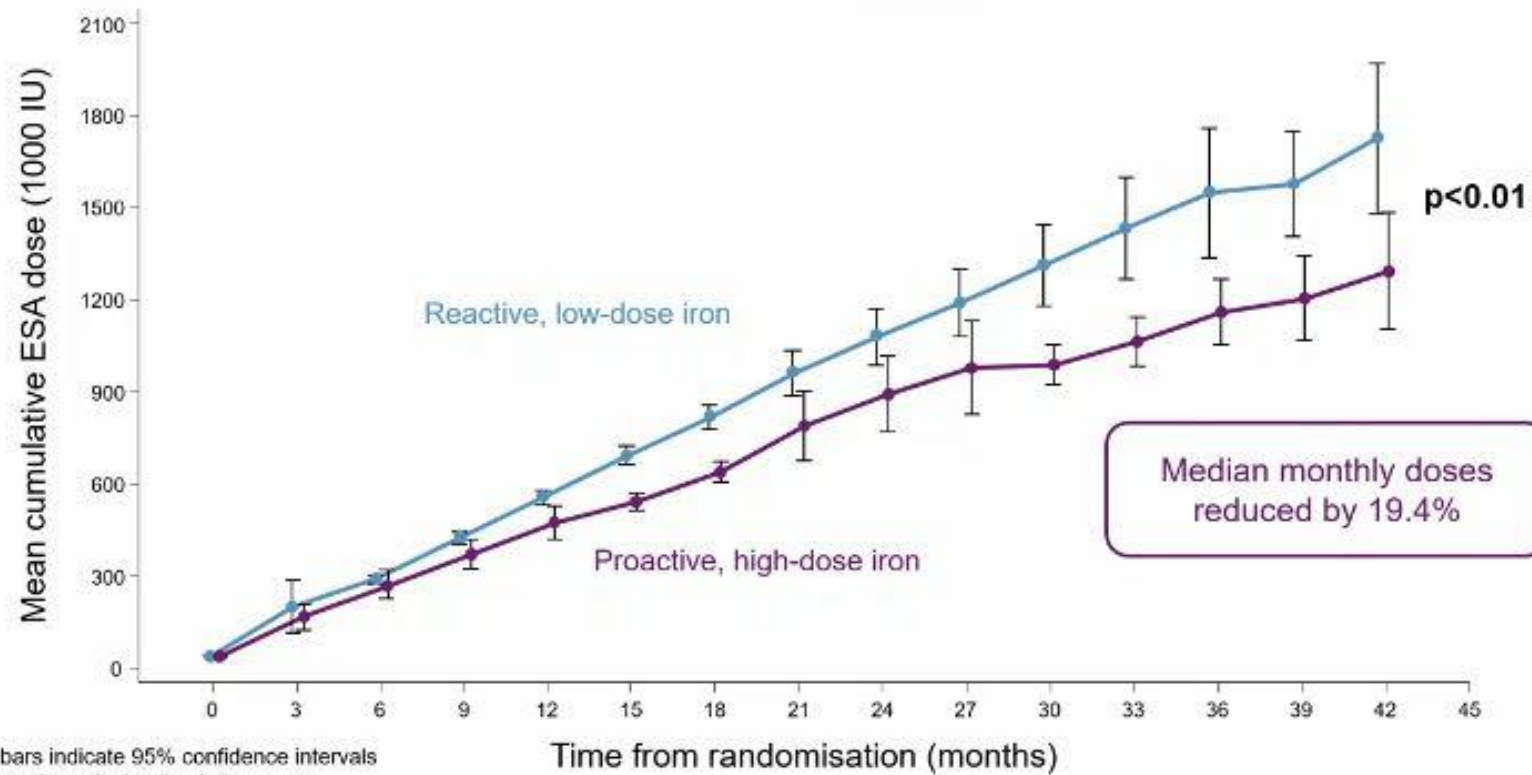


Τοξικότητα σιδήρου

PIVOTAL
Proactive IV iron Therapy in Anemia of Patients

King's College Hospital **NHS**
NHS Foundation Trust

Cumulative ESA dose



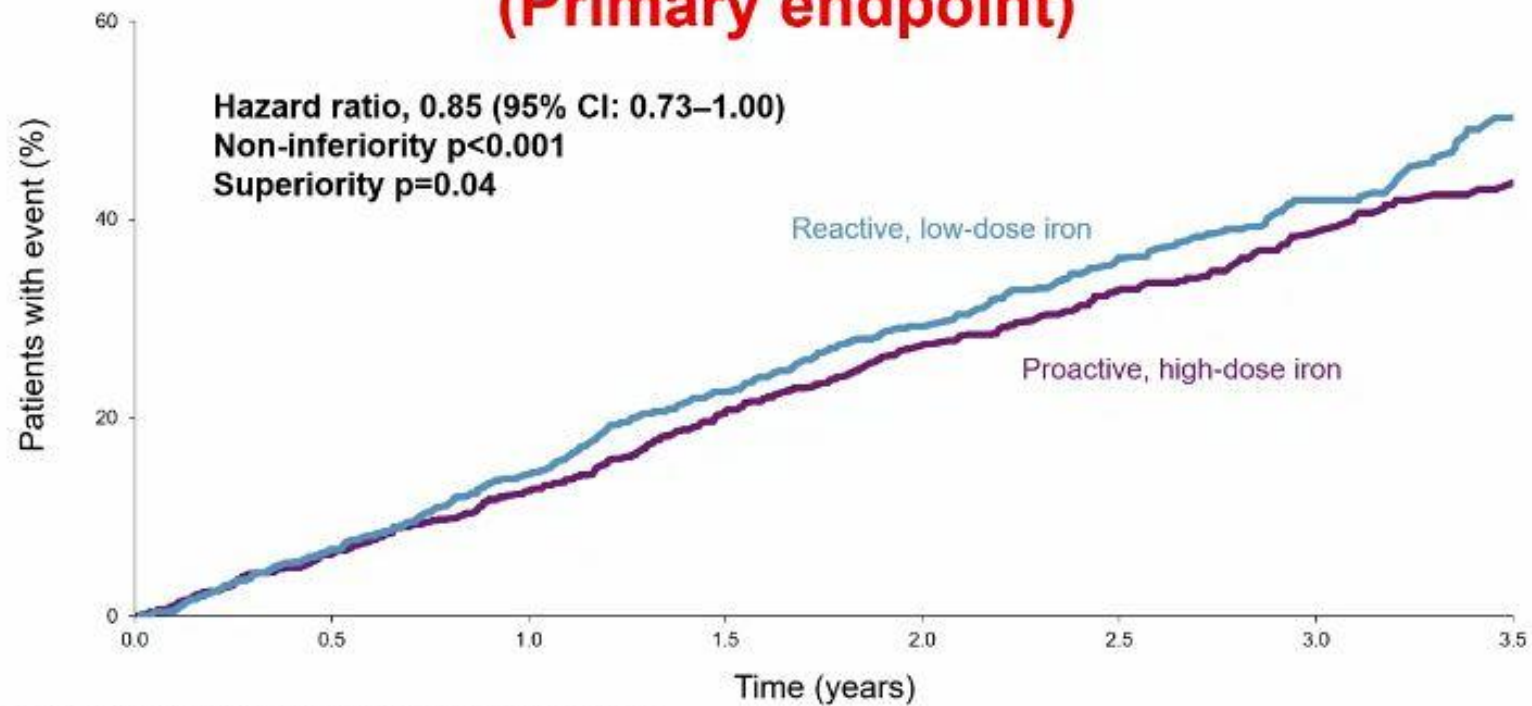
Error bars indicate 95% confidence intervals
ESA=erythropoiesis-stimulating agent

Τοξικότητα σιδήρου

PIVOTAL
Proactive IV vs On Therapy in Hemodialysis patients

King's College Hospital **NHS**
NHS Foundation Trust

Death, MI, Stroke, or HF hospitalisation (Primary endpoint)



Hazard ratio (95% CI) adjusted for stratification variables: vascular access, diabetic status, and time on dialysis; p value from Wald test; HF=heart failure; MI=myocardial infarction

Τοξικότητα σιδήρου

PIVOTAL
Proactive IV Iron Therapy in hemodialysis patients

King's College Hospital **NHS**
NHS Foundation Trust

Cardiovascular events

Outcome	Proactive, high-dose IV iron (N=1093) n (%)	Reactive, low-dose IV iron (N=1048) n (%)	Hazard ratio (95% CI)	p value
Fatal or nonfatal MI, fatal or nonfatal stroke, or hospitalisation for HF	149 (13.6)	168 (16.0)	0.80 (0.64–1.00)	0.049
Fatal or nonfatal MI	78 (7.1)	102 (9.7)	0.69 (0.52–0.93)	0.015
Fatal or nonfatal stroke	34 (3.1)	35 (3.3)	0.90 (0.56–1.44)	0.663
Hospitalisation for HF	51 (4.7)	70 (6.7)	0.66 (0.46–0.94)	0.023

Hazard ratio (95% CI) adjusted for stratification variables: vascular access, diabetic status, and time on dialysis; p value from Wald test
CI=confidence interval; HF=heart failure; IV=intravenous; MI=myocardial infarction



Αναιμία

Αντιμετώπιση

- ▶ Χορήγηση ανασυνδυσασμένης Ερυθροποιητίνης
- ▶ Χορήγηση Σιδήρου
- ▶ **Νέοι Ερυθροποιητικοί παράγοντες**



Νέοι ερυθροποιητικοί παράγοντες

- 1. Πεγκυνεσατίδη (Peginesatide)
- 2. Σταθεροποιητές HIF (HIF stabilizers)
- 3. Ρυθμιστές Εψιδίνης (Hepcidin modulation)
- 4. Αναστολείς GATA-2 (GATA-2 Inhibitors)
- 5. Γονιδιακή θεραπεία (EPO gene therapy)

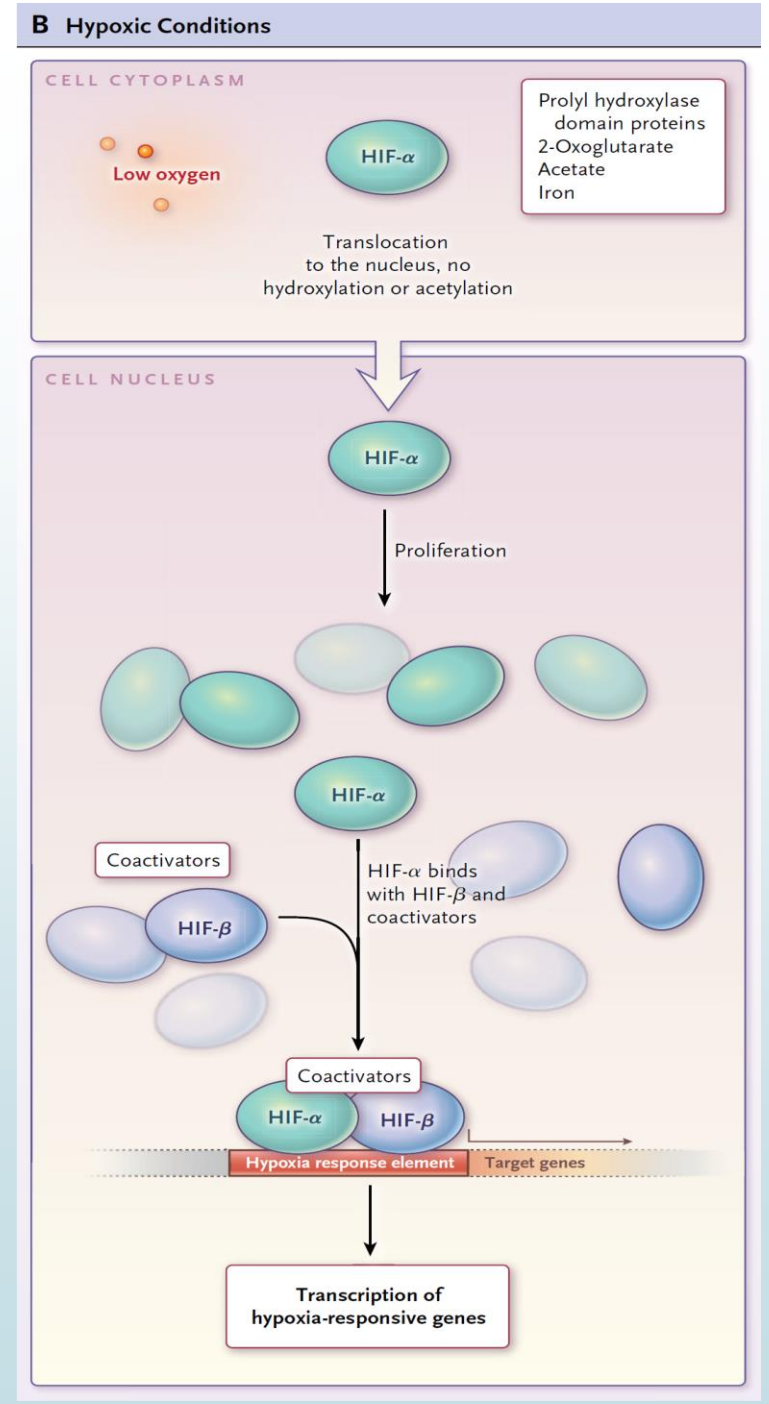
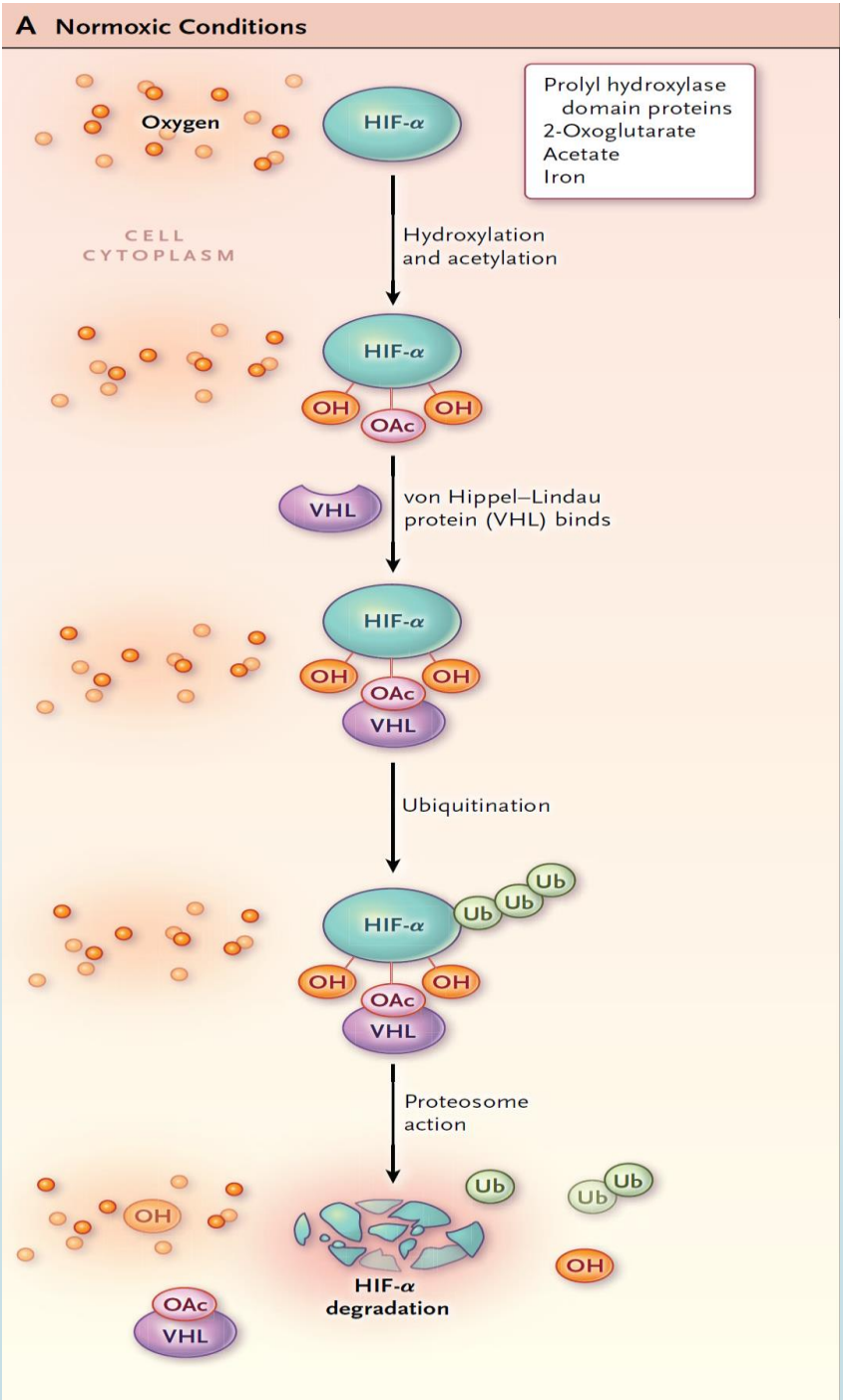


Νέοι ερυθροποιητικοί παράγοντες

- 1. Πεγκυνεσατίδη (Peginesatide)
- 2. Σταθεροποιητές HIF (HIF stabilizers) – Αναστολείς Προπυλ-υδροξυλάσης (HIF-PHIs)
- 3. Ρυθμιστές Εψιδίνης (Hepcidin modulation)
- 4. Αναστολείς GATA-2 (GATA-2 Inhibitors)
- 5. Γονιδιακή θεραπεία (EPO gene therapy)

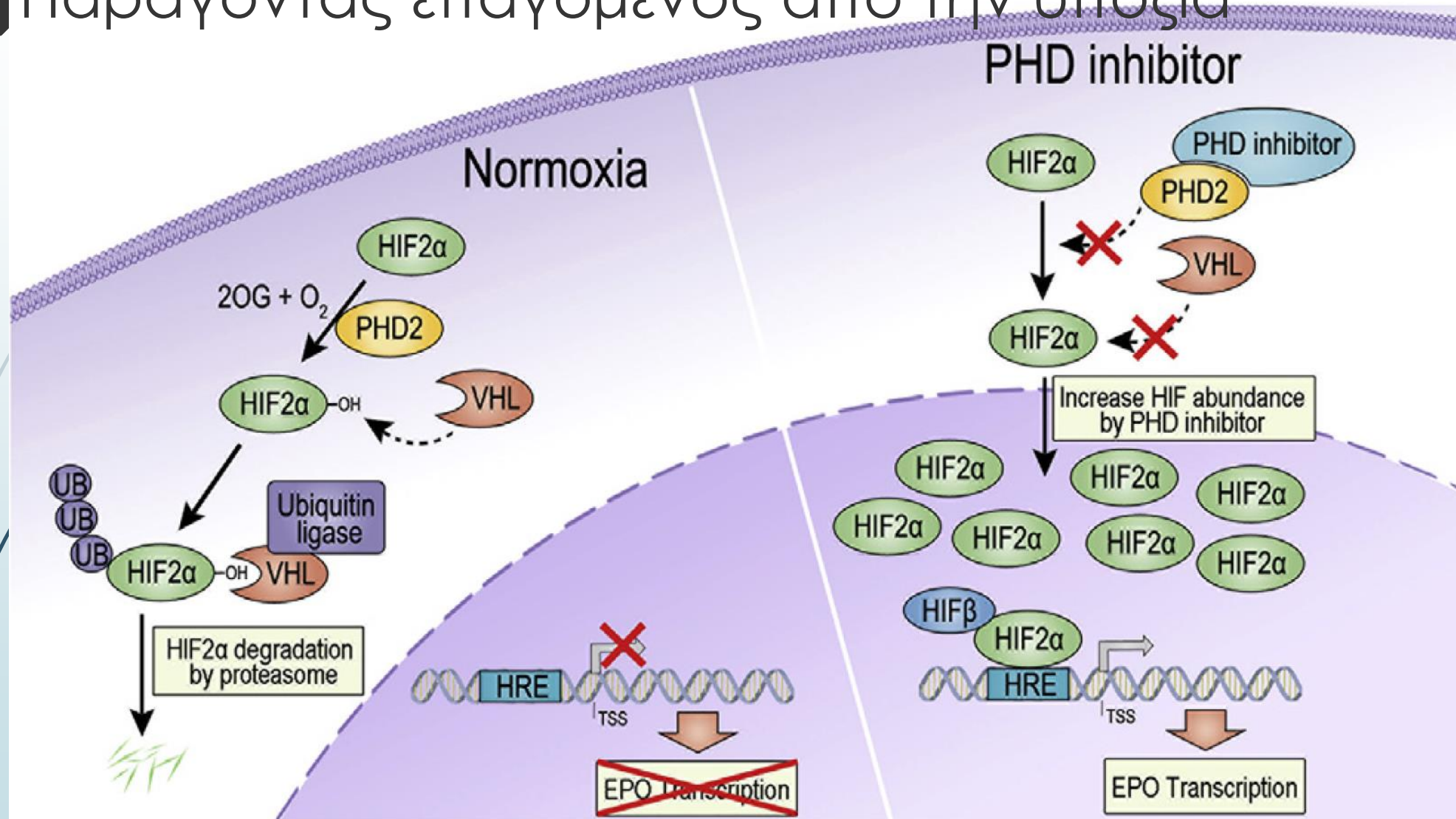
Hypoxia-Inducible Factor - HIF Παράγοντας επαγόμενος από την υποξία

N Engl J Med 2017;376:1965-71



Hypoxia-Inducible Factor - HIF

Παράγοντας επαγόμενος από την υποξία



Ηypoxia-Inducible Factor - HIF

Παράγοντας επαγόμενος από την υποξία

The Nobel Prize in Physiology or
Medicine 2019

William G. Kaelin Jr
Sir Peter J. Ratcliffe
Gregg L. Semenza

Share this



The Nobel Prize in Physiology or Medicine 2019



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Mahmoud

William G. Kaelin Jr

Prize share: 1/3



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Mahmoud

Sir Peter J. Ratcliffe

Prize share: 1/3



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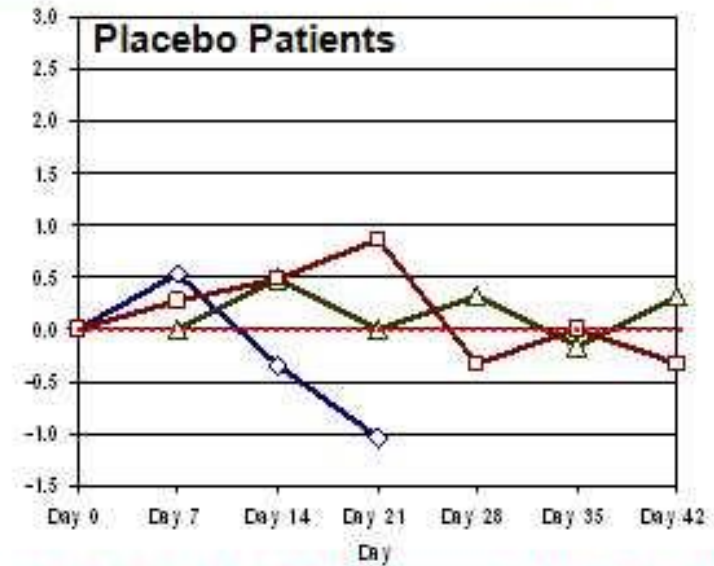
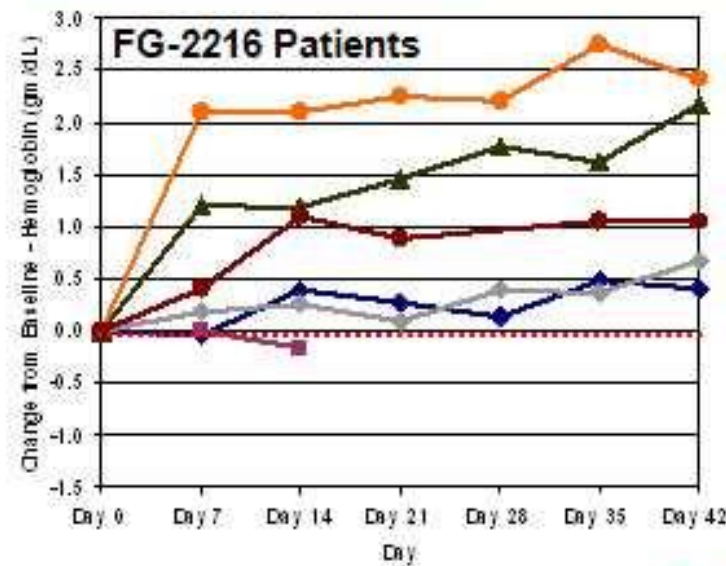
Gregg L. Semenza

Prize share: 1/3

The Nobel Prize in Physiology or Medicine 2019 was awarded jointly to William G. Kaelin Jr, Sir Peter J. Ratcliffe and Gregg L. Semenza "for their discoveries of how cells sense and adapt to oxygen availability."

HIF-αναστολείς προπυλ-υδροξυλάσης

- Orally-active inhibitors of HIF prolyl hydroxylase have been synthesized (FG-2216; FG-4592 - FibroGen)
- They cause an increase in EPO levels, even in CKD patients



Wiecek A. et al. XLII ERA-EDTA Congress, Istanbul 2005.

HIF-αναστολείς προφυλ-υδροξυλάσης

The NEW ENGLAND JOURNAL *of* MEDICINE

ORIGINAL ARTICLE

Roxadustat Treatment for Anemia in Patients Undergoing Long-Term Dialysis

N. Chen, C. Hao, B.-C. Liu, H. Lin, Caili Wang, C. Xing, X. Liang, G. Jiang, Zhengrong Liu, X. Li, L. Zuo, L. Luo, J. Wang, M. Zhao, Zhihong Liu, G.-Y. Cai, L. Hao, R. Leong, Chunrong Wang, C. Liu, T. Neff, L. Szczech, and K.-H.P. Yu

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SEPTEMBER 12, 2019

VOL. 381 NO. 11

Roxadustat for Anemia in Patients with Kidney Disease Not Receiving Dialysis

N. Chen, C. Hao, X. Peng, H. Lin, A. Yin, L. Hao, Y. Tao, X. Liang, Z. Liu, C. Xing, J. Chen, L. Luo, L. Zuo, Y. Liao, B.-C. Liu, R. Leong, C. Wang, C. Liu, T. Neff, L. Szczech, and K.-H.P. Yu

HIF-1 και αναστολείς προπυλ-υδροξυλάσης

PHARMACEUTICAL TECHNOLOGY

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NEWS | August 12, 2021 | updated 22 Nov 2021 7:15am

FDA declines to approve FibroGen's roxadustat for anaemia of CKD

The agency issued a complete response letter seeking an additional trial on the drug's safety in both NDD and DD-CKD patients.

HIF-αναστολείς προπυλ-υδροξυλάσης

Roxadustat approved in China for the treatment of anaemia in chronic kidney disease patients on dialysis

PUBLISHED
18 December 2018

18 December 2018 09:00 GMT

China is the first country to approve roxadustat



Press Release


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Roxadustat Approved in Japan for the Treatment of Anemia Associated with Chronic Kidney Disease in Dialysis Patients

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roxadustat

✓ **AUTHORISED**
This medicine is authorised for use in the European Union.

AUG 2021

HIF-αναστολείς προπυλ-υδροξυλάσης

The NEW ENGLAND JOURNAL of MEDICINE

ESTABLISHED IN 1812

DECEMBER 16, 2021

VOL. 385 NO. 25

Daprodustat for the Treatment of Anemia in Patients Not Undergoing Dialysis

Ajay K. Singh, M.B., B.S., M.B.A., Kevin Carroll, Ph.D., John J.V. McMurray, M.D., Scott Solomon, M.D., Vivekanand Jha, M.D., Kirsten L. Johansen, M.D., Renato D. Lopes, M.D., Ph.D., Iain C. Macdougall, M.D., Gregorio T. Obrador, M.D., Sushrut S. Waikar, M.D., Christoph Wanner, M.D., David C. Wheeler, M.B., Ch.B., M.D., Andrzej Więcek, M.D., Ph.D., Allison Blackorby, M.Sc., Borut Cizman, M.D., Alexander R. Cobitz, M.D., Ph.D., Rich Davies, M.Sc., Tara L. DiMino, M.D., Lata Kler, Ph.D., Amy M. Meadowcroft, Pharm.D., Lin Taft, Ph.D., and Vlado Perkovic, M.B., B.S., Ph.D., for the ASCEND-ND Study Group*

The NEW ENGLAND JOURNAL of MEDICINE

ORIGINAL ARTICLE

Daprodustat for the Treatment of Anemia in Patients Undergoing Dialysis

Ajay K. Singh, M.B., B.S., M.B.A., Kevin Carroll, Ph.D., Vlado Perkovic, M.B., B.S., Scott Solomon, M.D., Vivekanand Jha, M.D., Kirsten L. Johansen, M.D., Renato D. Lopes, M.D., Ph.D., Iain C. Macdougall, M.D., Gregorio T. Obrador, M.D., Sushrut S. Waikar, M.D., Christoph Wanner, M.D., David C. Wheeler, M.B., Ch.B., M.D., Andrzej Więcek, M.D., Ph.D., Allison Blackorby, M.Sc., Borut Cizman, M.D., Alexander R. Cobitz, M.D., Ph.D., Rich Davies, M.Sc., Jo Dole, Ph.D., Lata Kler, Ph.D., Amy M. Meadowcroft, Pharm.D., Xinyi Zhu, M.Sc., and John J.V. McMurray, M.D., for the ASCEND-D Study Group*

 An official website of the United States government [Here's how you know](#) ▾



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FDA NEWS RELEASE

FDA Approves First Oral Treatment for Anemia Caused by Chronic Kidney Disease for Adults on Dialysis

FEB 2023



Jesduvroq: Withdrawal of the marketing authorisation application



Based on the review of the data and the company's response to the Agency's questions, at the time of the withdrawal, the Agency had recommended granting a marketing authorisation for Jesduvroq to treat the symptoms of anaemia caused by chronic kidney disease in adult patients who are on dialysis.


The Agency did not recommend authorising Jesduvroq for patients who are not on dialysis as there were insufficient data to establish its safety in these patients.

JUL 2023

HIF 1 -αναστολείς προπυλ-υδροξυλάσης

Journal of
Clinical Pharmacy and Therapeutics



ORIGINAL ARTICLE |  Full Access |

Long-term efficacy and safety of hypoxia-inducible factor prolyl hydroxylase inhibitors in anaemia of chronic kidney disease: A meta-analysis including 13,146 patients

Huanhuan Chen MS, Qingfeng Cheng MD, Jiuxiang Wang MS, Xiaofang Zhao MS, Shenyin Zhu PhD 

First published: 21 February 2021 | <https://doi.org/10.1111/jcpt.13385>

Results and discussion: A total of 30 studies comprising 13,146 patients were included. The HIF-PHD inhibitors used included roxadustat, daprodustat, vadadustat, molidustat, desidustat and enarodustat. HIF-PHD inhibitors significantly increased haemoglobin levels in comparison with placebo [weighted mean difference (WMD)

HIF 1 -αναστολείς προπυλ-υδροξυλάσης

Clinical Benefits

- **Correction and/or maintenance of hgb** is associated with lower plasma EPO levels compared to ESA
- **Lowering of hepcidin levels** and beneficial effects on iron metabolism
- Potential anti-inflammatory effects
- Potential benefits in ESA-resistance patients
- Potential protection from ischemic events
- Potential blood pressure lowering effects

Potential disadvantages and safety concerns

- Potential pro-tumorigenic effects
- Neuroendocrine tumor development
- Pulmonary hypertension
- Pro-angiogenic effects negatively impacting retinal diseases or cancer development
- Thromboembolic complications
- CKD progression (the role of HIF in renal fibrogenesis is controversial, cell-type and context-dependent)
- Renal and liver cyst progression in PKD
- Effects in autoimmune disease are not clear
- Effects on underlying infectious processes is unclear
- Adverse metabolic effects such as hyperglycemia and hyperuricemia
- Adverse effects on blood pressure
- Hyperkalemia (reported phase II studies)
- Adverse effects in patients with chronic hepatitis

HIF-1 και αναστολείς προπυλ-υδροξυλάσης

► Πλεονεκτήματα

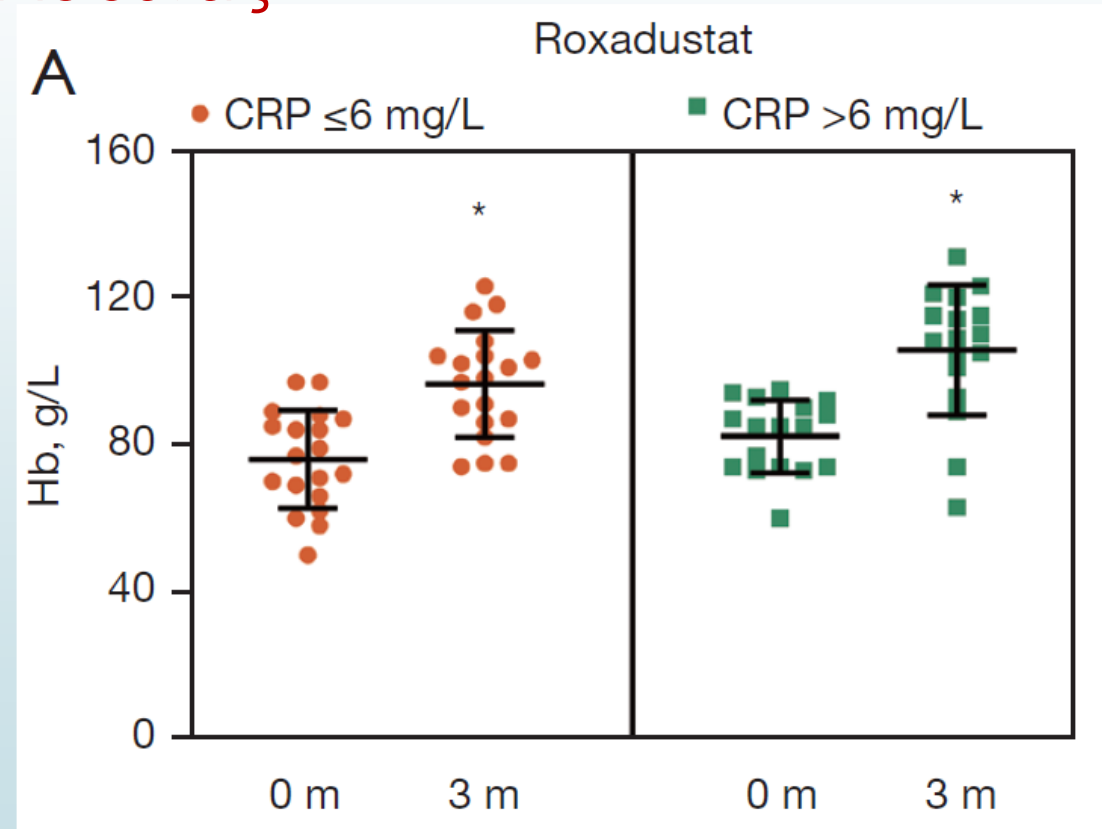
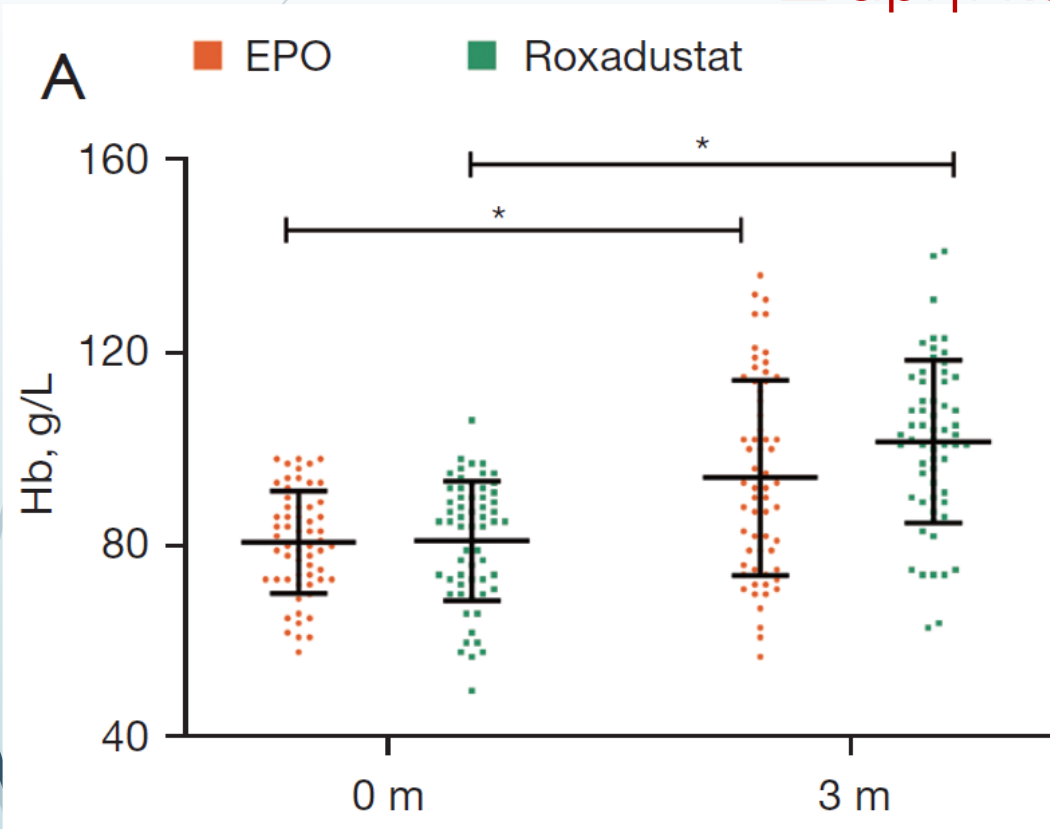
- Χορήγηση από το στόμα
- Μείωση της παραγωγής της Εψιδίνης
- Απλός τρόπος αποθήκευσης

► Μειονεκτήματα

- Ενεργοποίηση άλλων γονιδίων ευαίσθητων στην υποξία

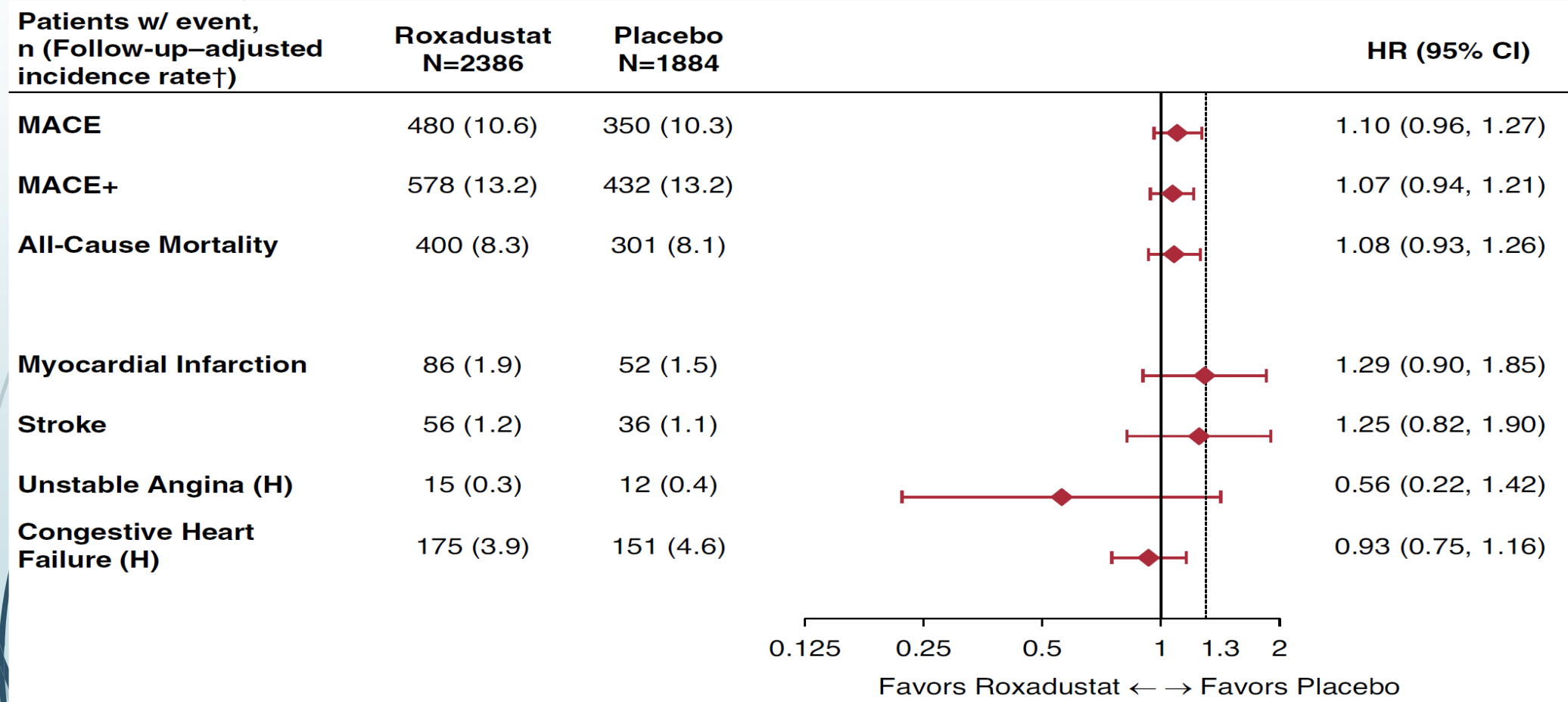
HIF-1 και αναστολείς προπυλ-υδροξυλάσης

Διαβητικοί Ασθενείς



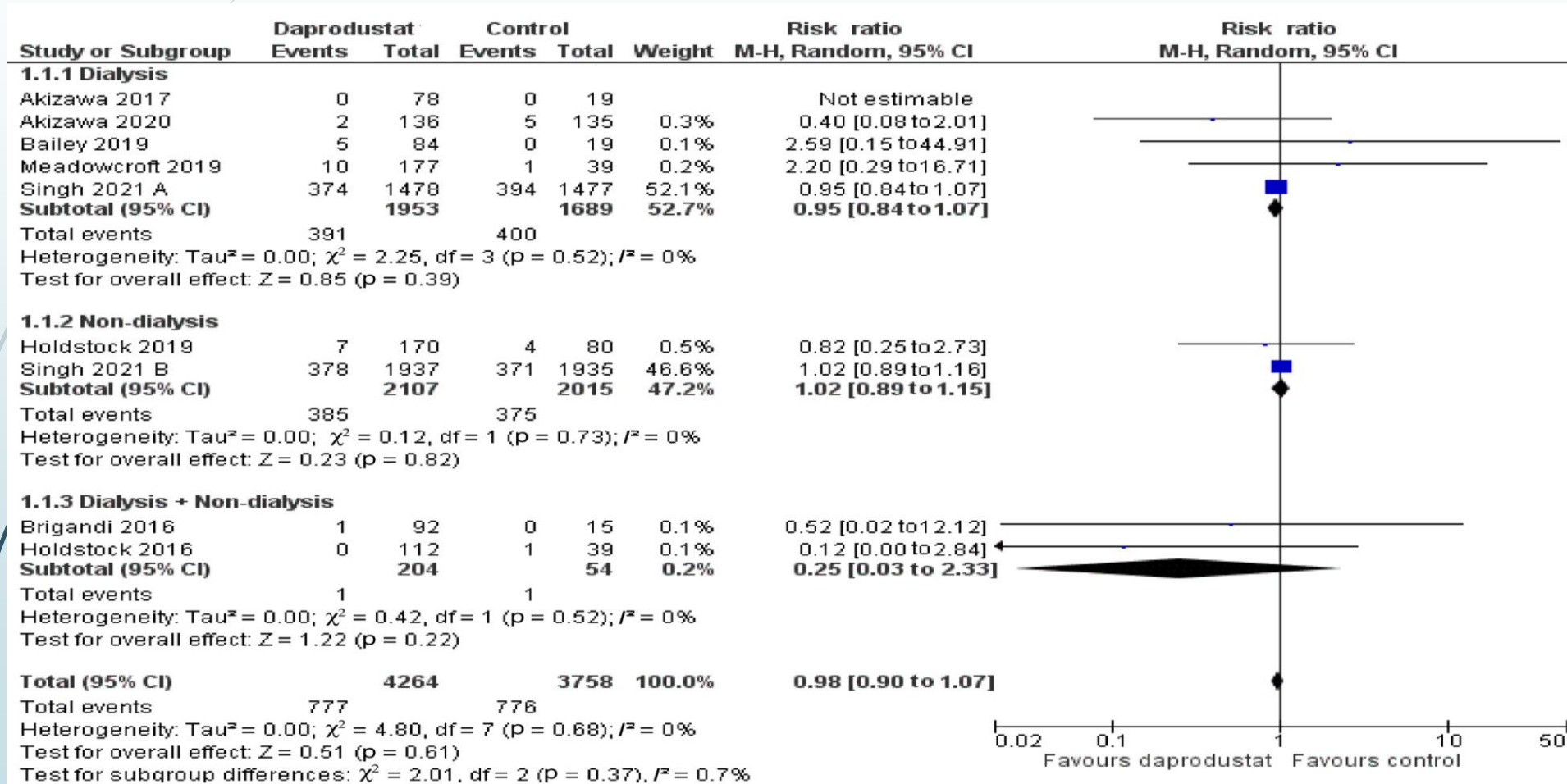
HIF-αναστολείς προφυλ-υδροξυλάσης

Καρδιαγγειακός κίνδυνος Roxadustat (ALPS – ANDES – OLYMPUS)



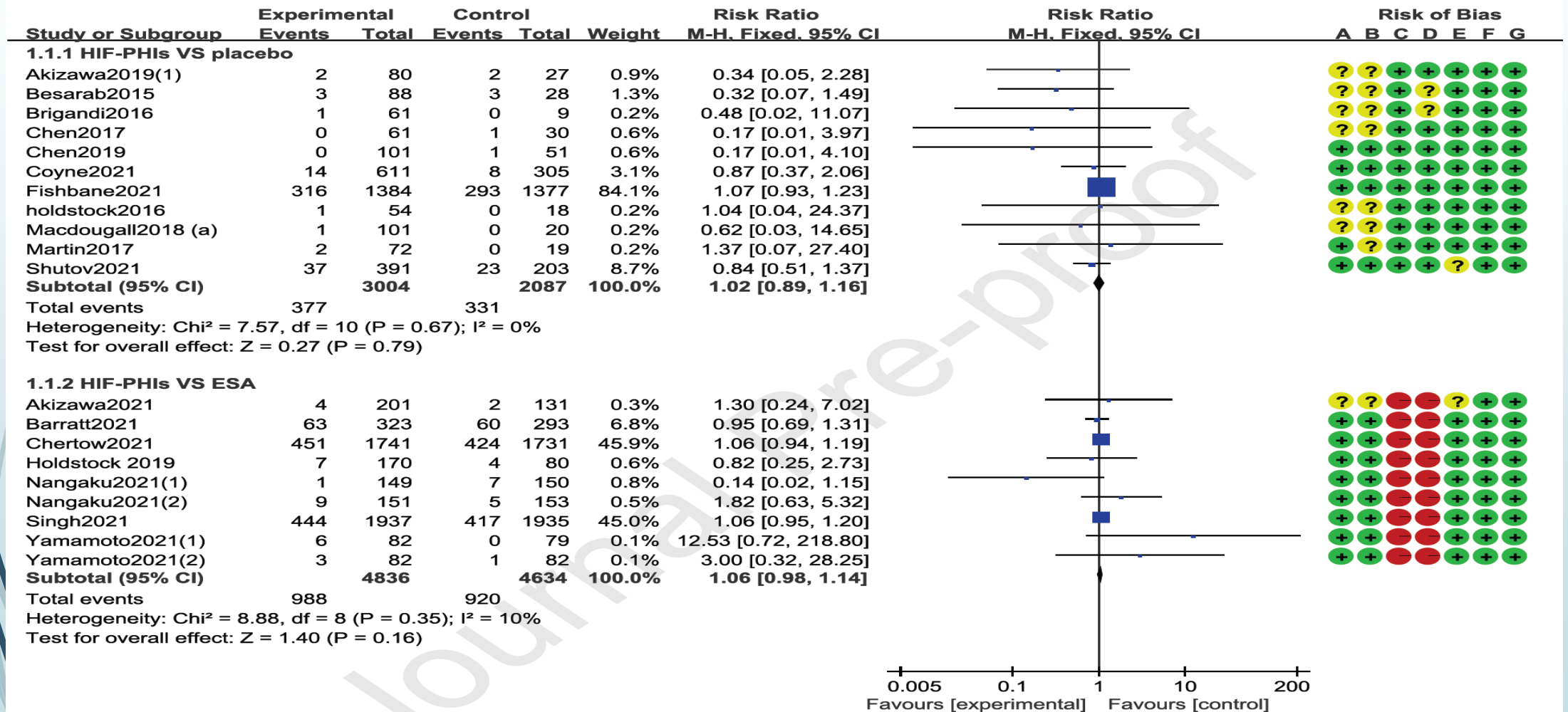
Σταθεροποιητές HIF – ND D patients

Daprodustat Καρδιαγγειακός κίνδυνος



HIF-αναστολείς προπυλ-υδροξυλάσης

Καρδιαγγειακός κίνδυνος





Αναιμία

Αντιμετώπιση

- ▶ Χορήγηση ανασυνδυσασμένης Ερυθροποιητίνης
- ▶ Χορήγηση Σιδήρου

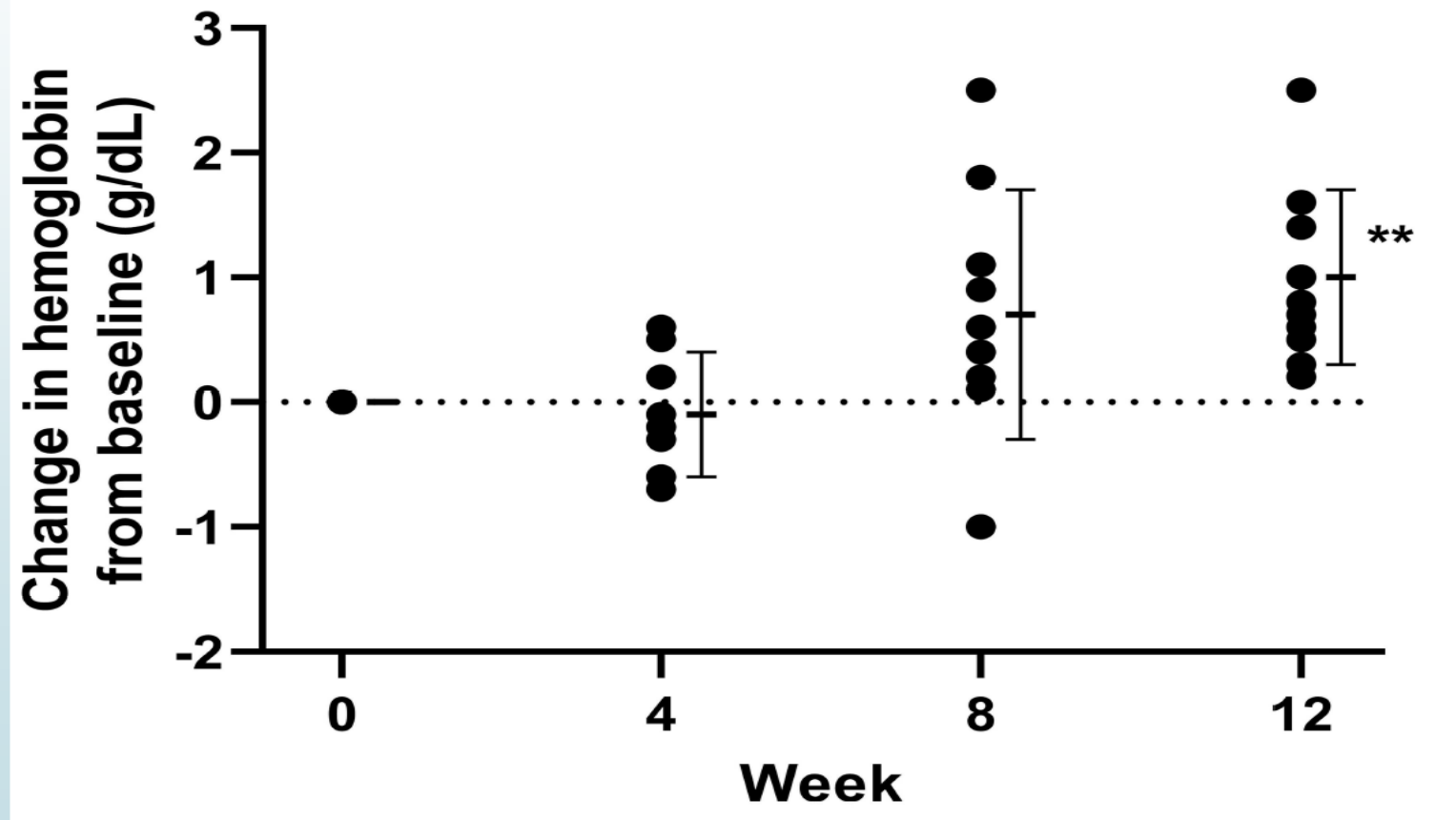
- ▶ Νέοι Ερυθροποιητικοί παράγοντες

- ▶ SGLT2 inhibitors

Αναιμία

Αντιμετώπιση

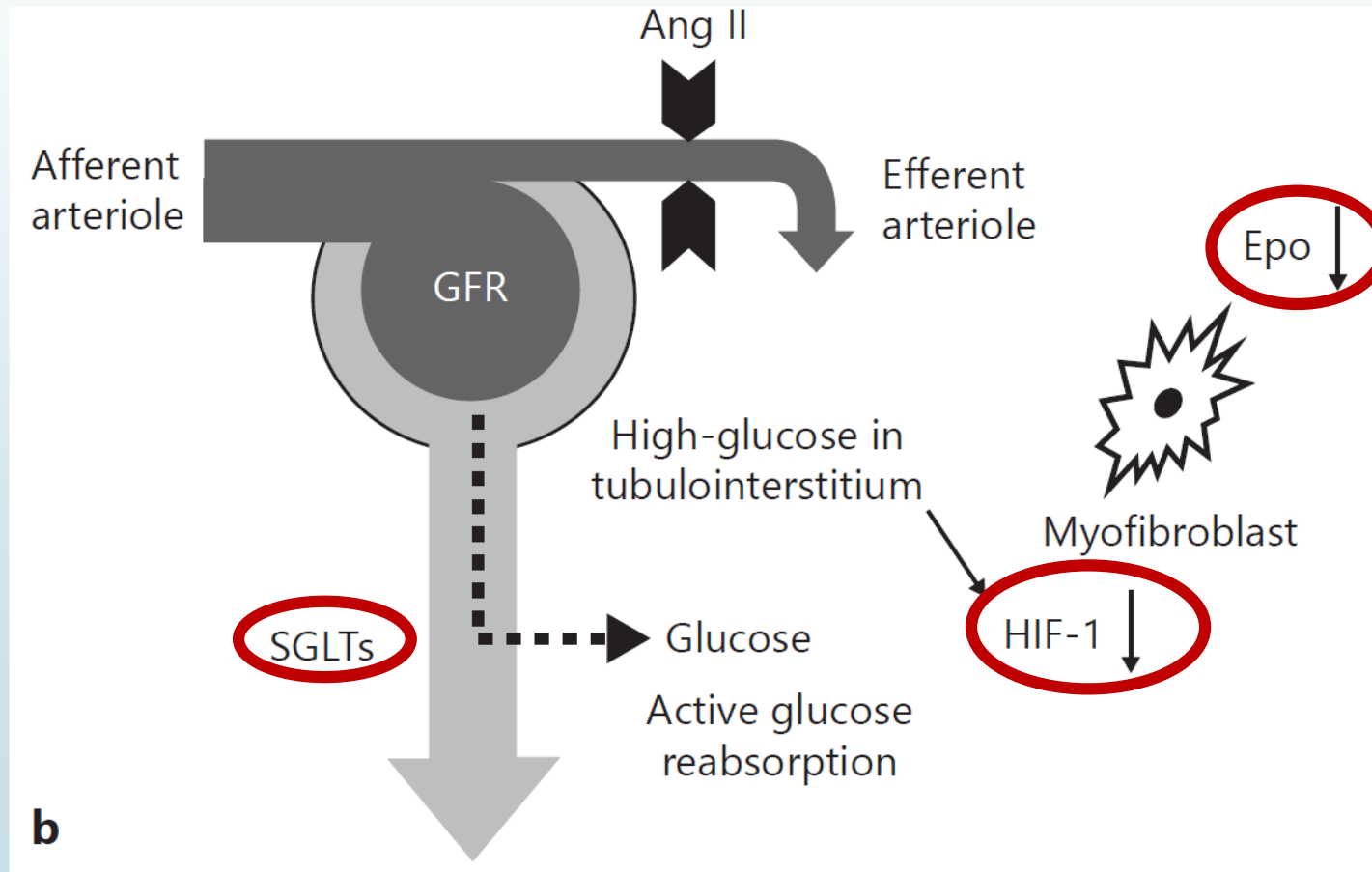
SGLT2 Αναστολείς



Αναιμία

Αντιμετώπιση

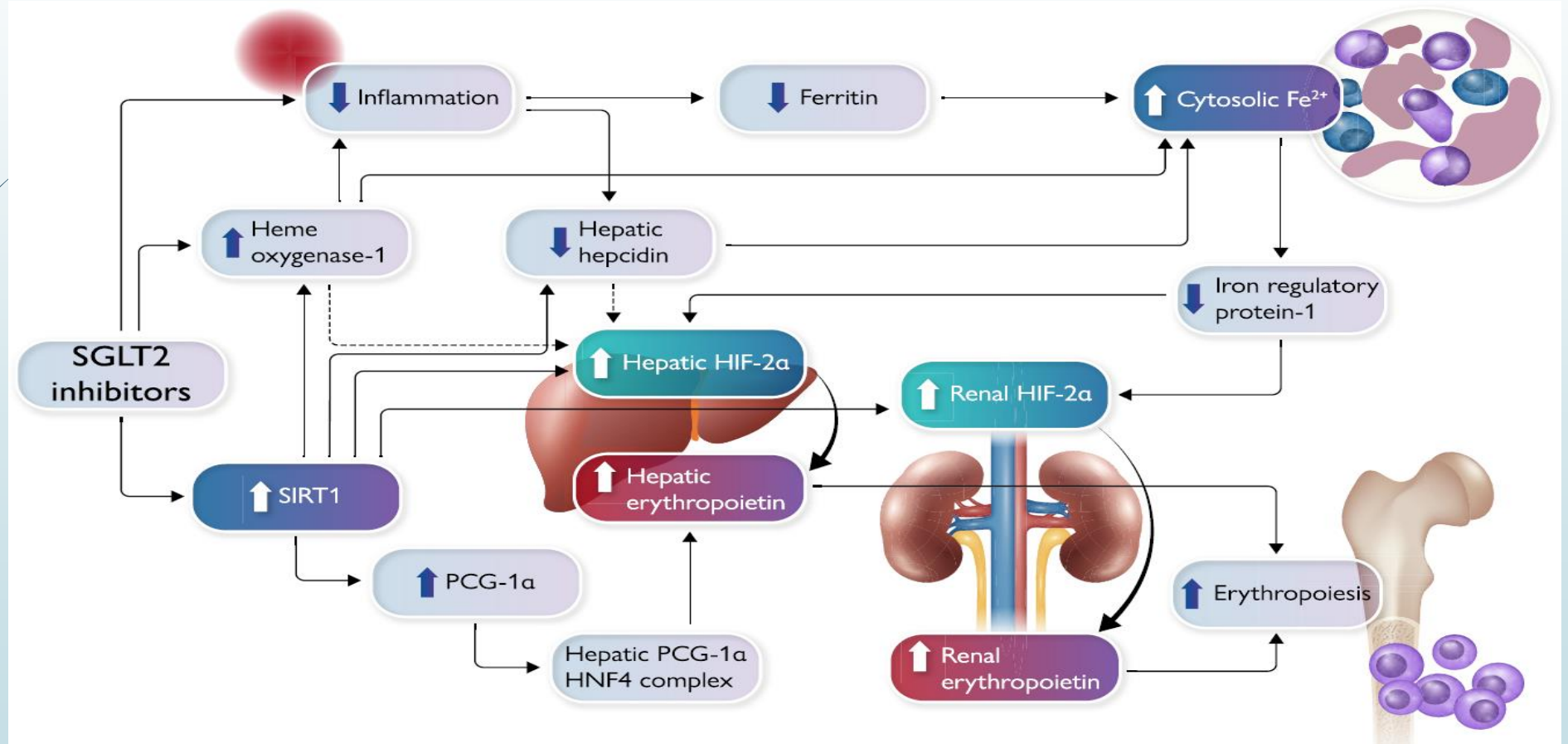
SGLT2 Αναστολείς



Αναιμία

Αντιμετώπιση

SGLT2 Αναστολείς





Ευχαριστώ