

# Managing Fabry disease: successes and challenges

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# Conflict of interest

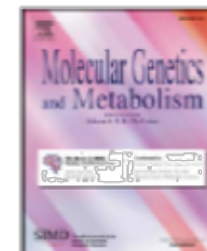
- Consultant: Sanofi Genzyme
- Speaker fees: Sanofi Genzyme, Shire, Amicus



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## Molecular Genetics and Metabolism

journal homepage: [www.elsevier.com/locate/ymgme](http://www.elsevier.com/locate/ymgme)



### Minireview

## Fabry disease revisited: Management and treatment recommendations for adult patients



Alberto Ortiz<sup>a,\*</sup>, Dominique P. Germain<sup>b</sup>, Robert J. Desnick<sup>c</sup>, Juan Politei<sup>d</sup>, Michael Mauer<sup>e</sup>,  
Alessandro Burlina<sup>f</sup>, Christine Eng<sup>g</sup>, Robert J. Hopkin<sup>h</sup>, Dawn Laney<sup>i</sup>, Aleš Linhart<sup>j</sup>,  
Stephen Waldek<sup>k</sup>, Eric Wallace<sup>l</sup>, Frank Weidemann<sup>m</sup>, William R. Wilcox<sup>l</sup>

Med Clin (Barc). 2017;148(3):132–138



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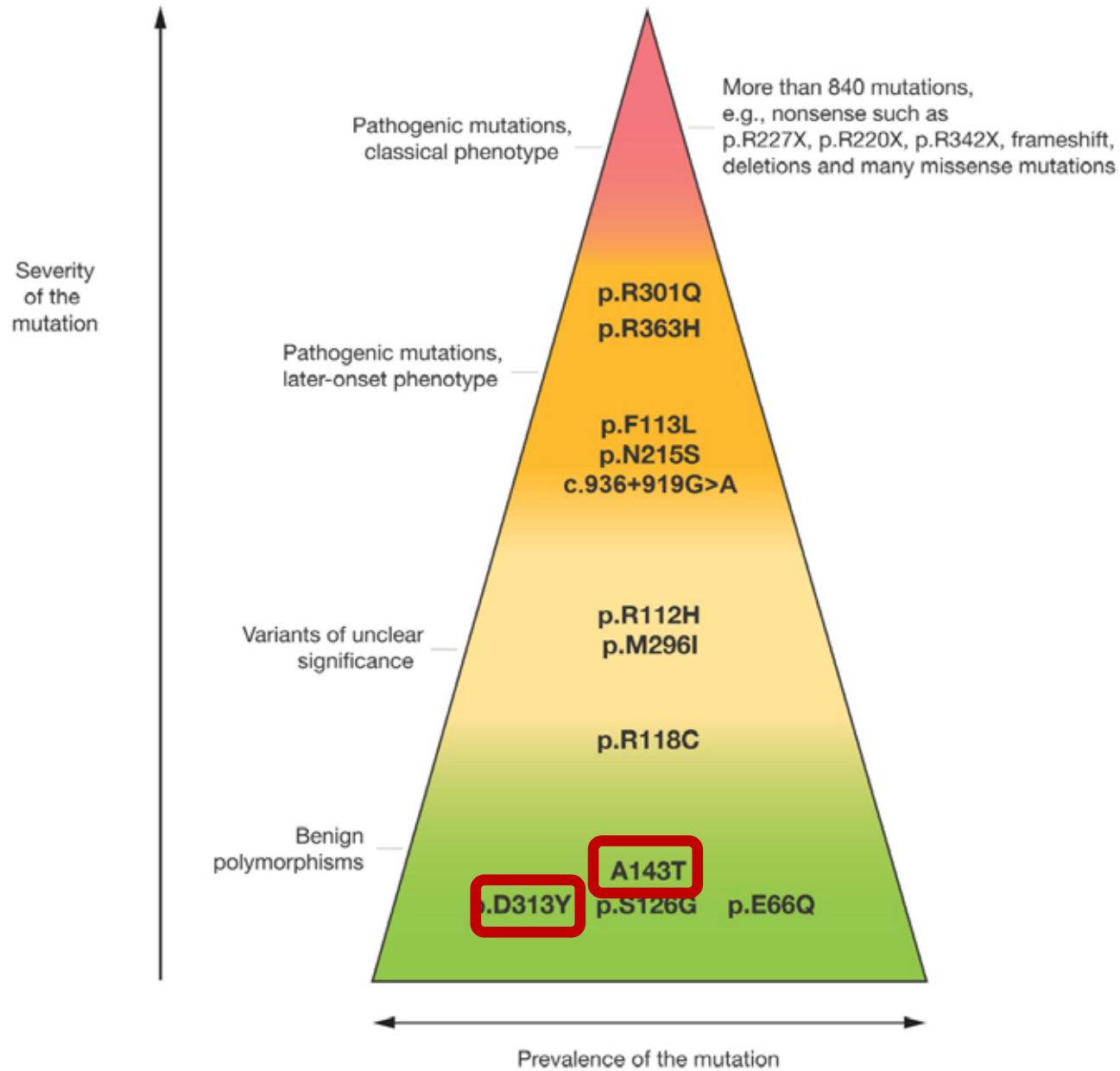


### Diagnosis and treatment

## Diagnosis and treatment of Fabry disease<sup>☆</sup>



Alberto Ortiz<sup>a,b,\*</sup>, Maria Dolores Sanchez-Niño<sup>a,b</sup>



Ortiz A, et al. Fabry disease revisited: Management and treatment recommendations for adult patients. Mol Genet Metab. 2018 Apr;123(4):416-427





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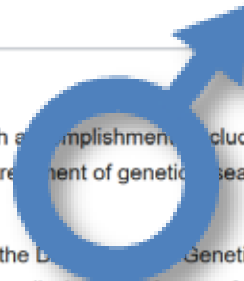
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# Robert J. Desnick

From Wikipedia, the free encyclopedia

75 y.o.



D313Y

**Robert J. Desnick, Ph.D., M.D.**, (born July 12, 1943) is a [human geneticist](#), whose research accomplishments include significant developments in [disease gene discovery](#), inherited [metabolic diseases](#), and the treatment of genetic diseases, including the development of [enzyme replacement therapy](#) for [Fabry disease](#).<sup>[1][2]</sup>


Desnick is the Dean for Genetics and Genomics, and Professor and Chairman Emeritus of the Department of Genetics & Genomic Sciences at The [Icahn School of Medicine at Mount Sinai](#) in [New York City](#). Additionally, he is Professor of Pediatrics, Professor of Oncological Sciences, and Professor of Obstetrics, Gynecology and Reproductive Science at The [Mount Sinai Hospital](#).

Desnick is the author of more than 600 peer-reviewed articles in scientific journals, 200 book chapters and is the editor of nine books. He holds 13 patents<sup>[3]</sup> and is included in Castle Connelly's lists of Best Doctors in America and Best Doctors in New York and [New York Magazine](#)'s list of the Best Doctors every year since the inception of the rating.<sup>[4][5]</sup> He was elected to the [Institute of Medicine](#) in 2004.<sup>[6]</sup>

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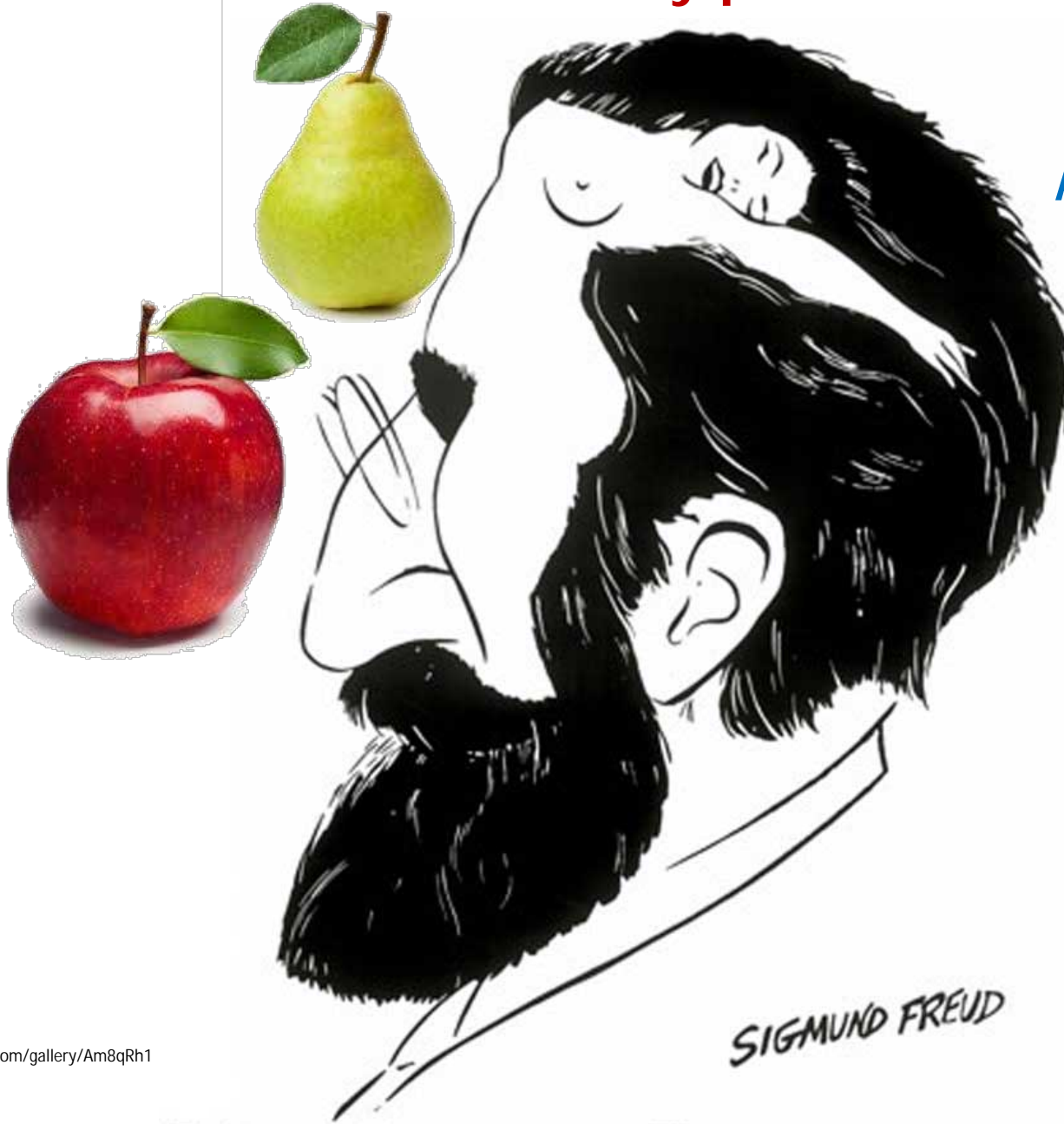
**Robert J. Desnick, M.D.**



<b>Born</b>	July 12, 1943 (age 73) Minneapolis, MN
<b>Nationality</b>	American
<b>Fields</b>	human genetics and genomics
<b>Institutions</b>	Mount Sinai Hospital
<b>Alma mater</b>	University of Minnesota Medical School

Spain D313Y:  
 1 in **100** males  
 1 in **50** females

# What's in a Fabry prescriber's mind?



Agalsidase-  
beta Agalsidase-  
alfa



If you were  
using both  
preparations

...

How would  
you **match**?

Agalsidase-  
beta



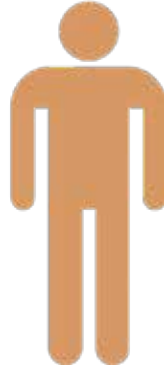
Agalsidase-  
alfa



**A**

Agalsidase-beta

Agalsidase-alfa



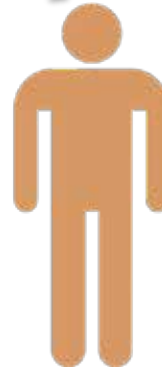
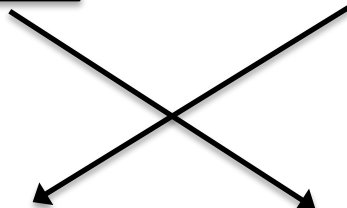
Severe disease

Less severe disease

**B**

Agalsidase-beta

Agalsidase-alfa



Severe disease

Less severe disease

**C**

Other combinations

Paul

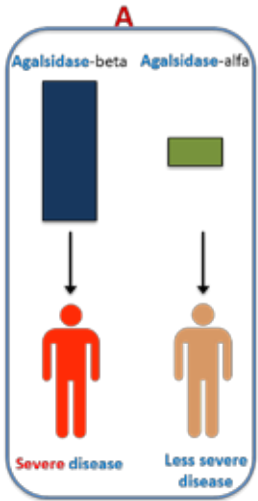
Bars represent dose of ERT. Note that these are different molecules and differ by more than just dose.



Paul

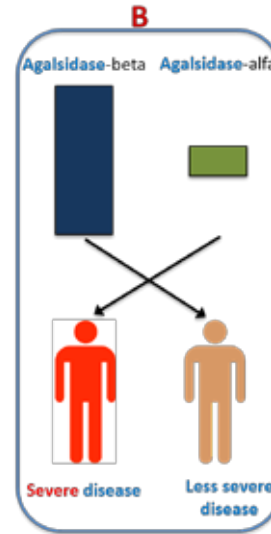


If you were using both preparations...  
How would you match?



A?

B?



C?

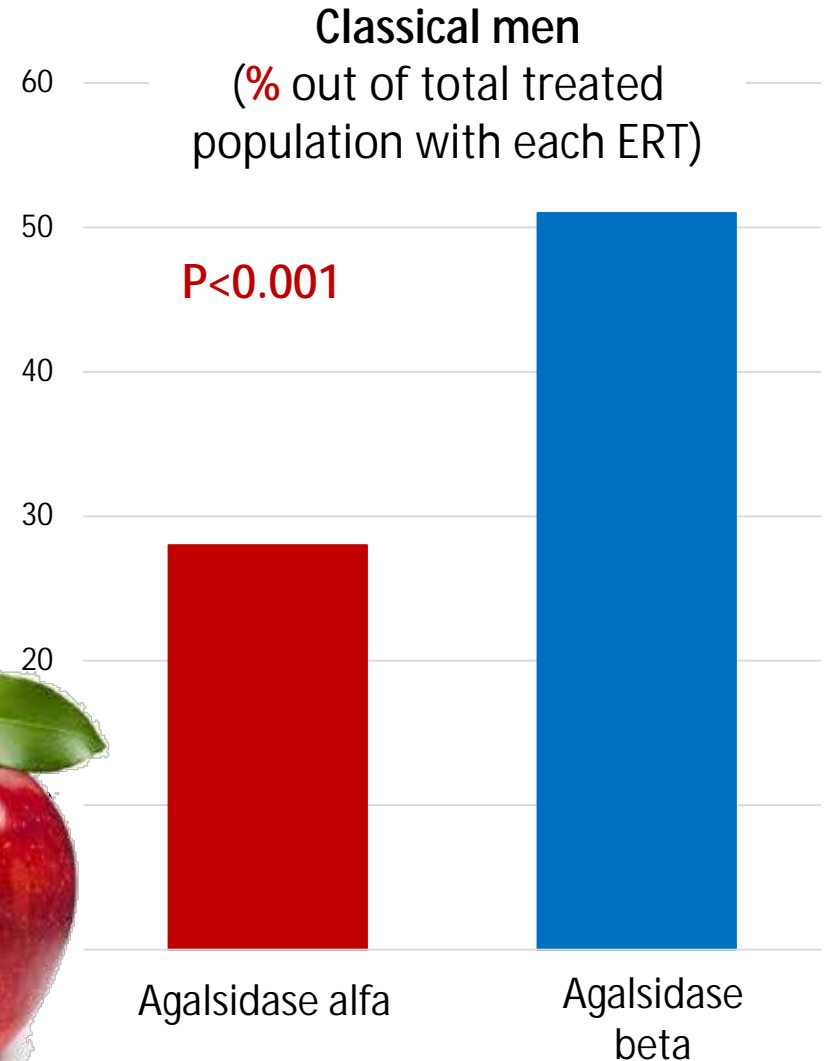


**Expert opinion?**

**What are their  
choices?**

# How were patients distributed between **Agalsidase-alfa 0.2** mg/kg/2weeks and **Agalsidase-beta 1.0** mg/kg/2 weeks in a recent multicenter observational study?

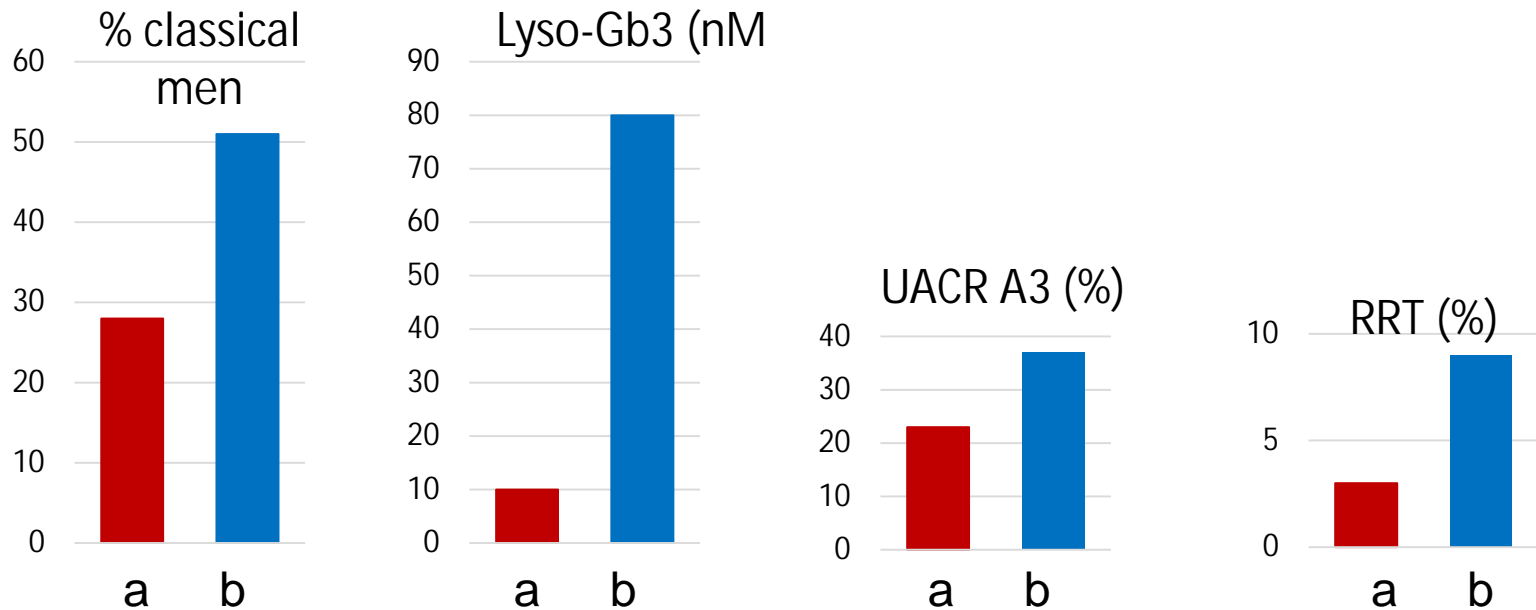
- Academic Medical Center, The **Netherlands**;
- Royal Free London NHS Foundation Trust, **UK**
- University Hospital Wuerzburg, **Germany**
- Cohort 1b, CFDI, **Canada**



The correct response is **A**



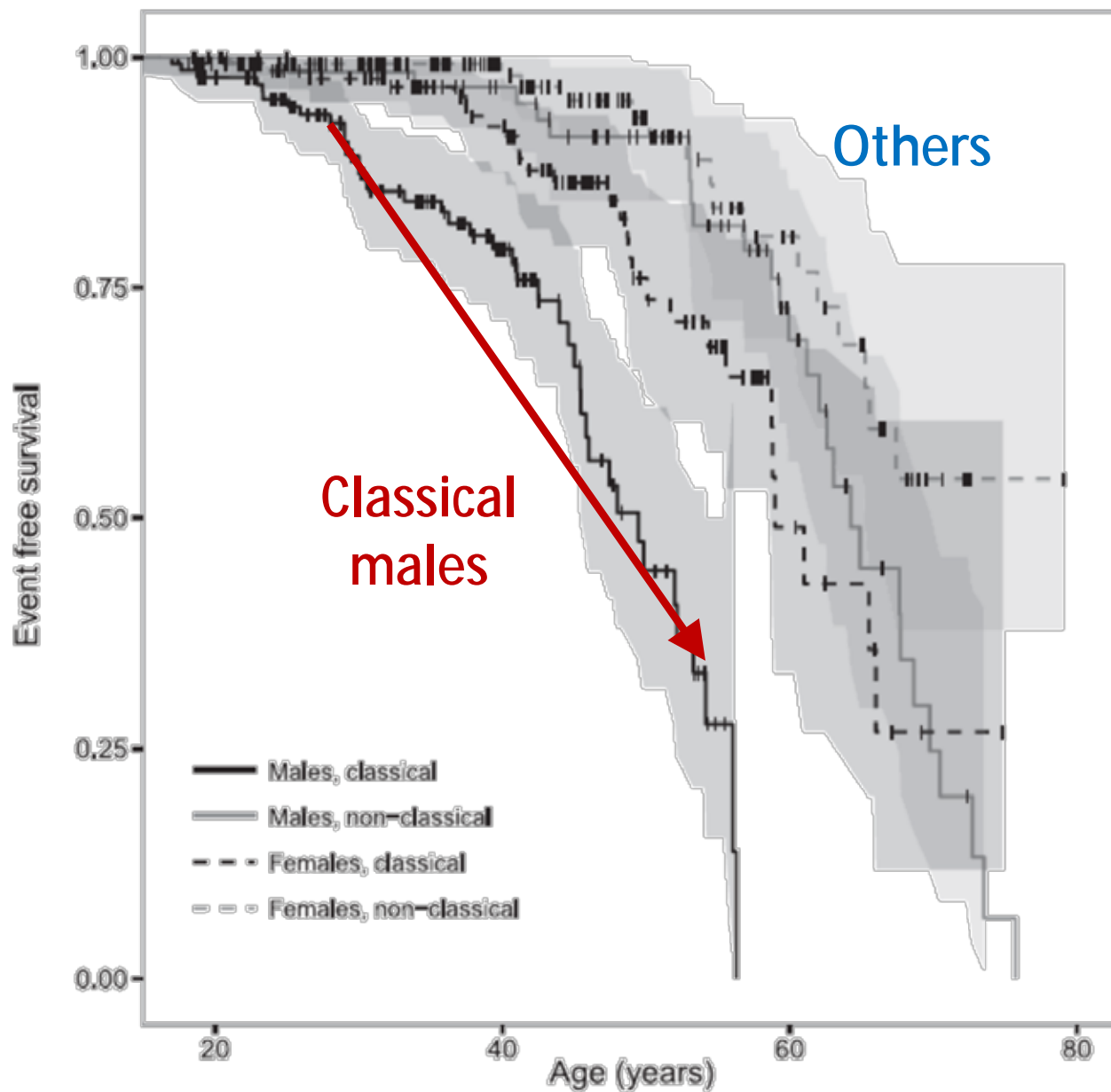
# The Fabry physician does separate pears from apples



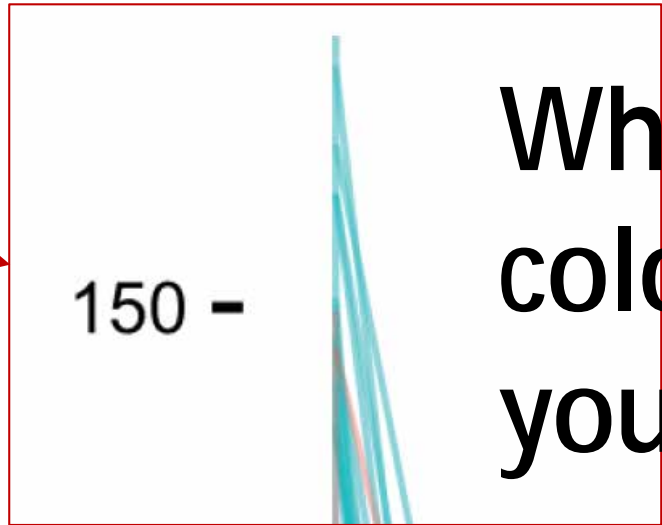
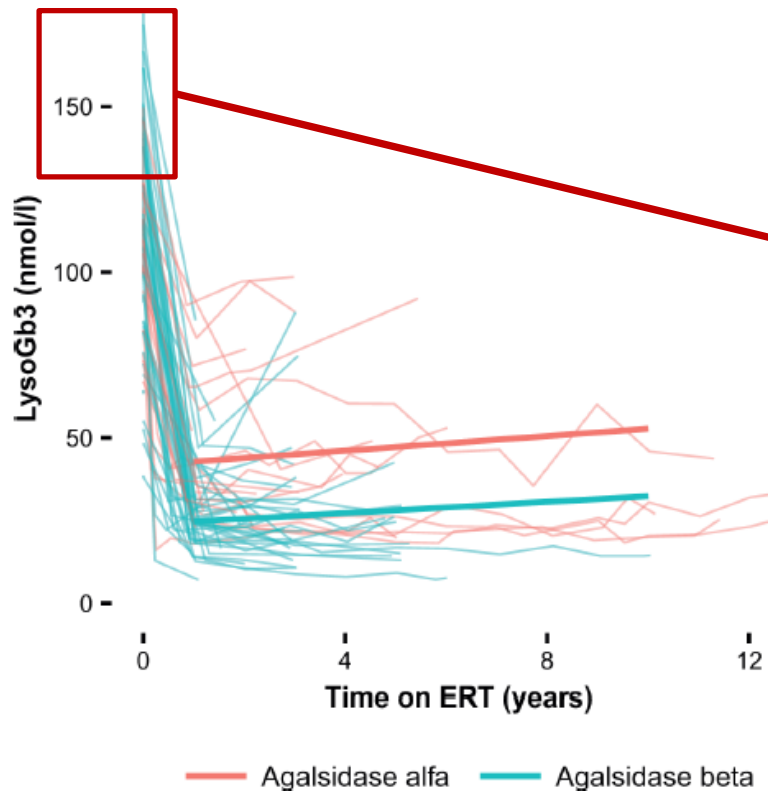
- Academic Medical Center (AMC), The Netherlands;
- Royal Free London NHS Foundation Trust, UK
- University Hospital Wuerzburg, Germany
- Cohort 1b, CFDI, Canada

# Classical males vs other Fabry patients

Natural history



Let us look only at **classical males!**



What  
color do  
you see?

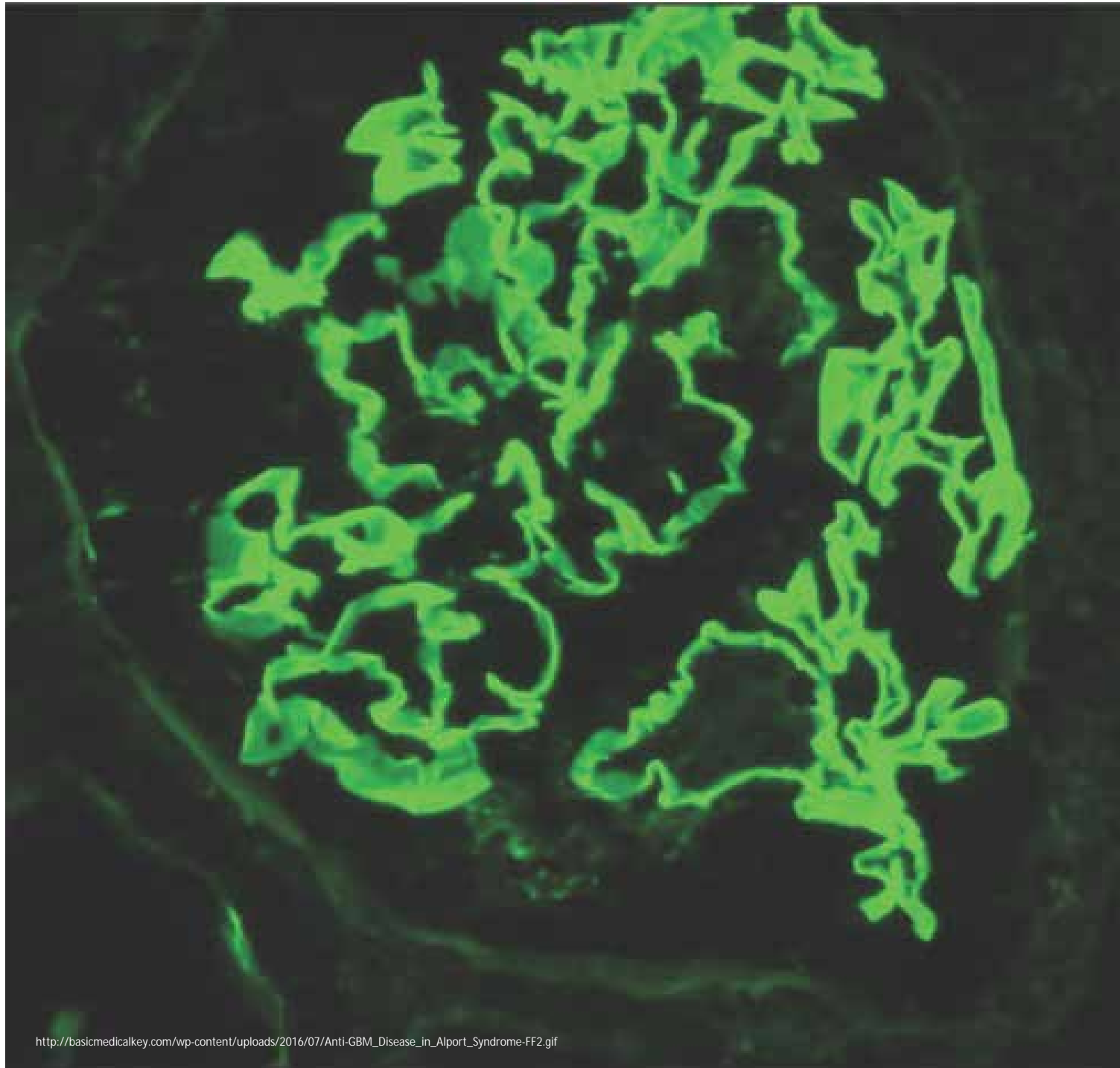
**Beta  
color!**

**Why** is this  
important?

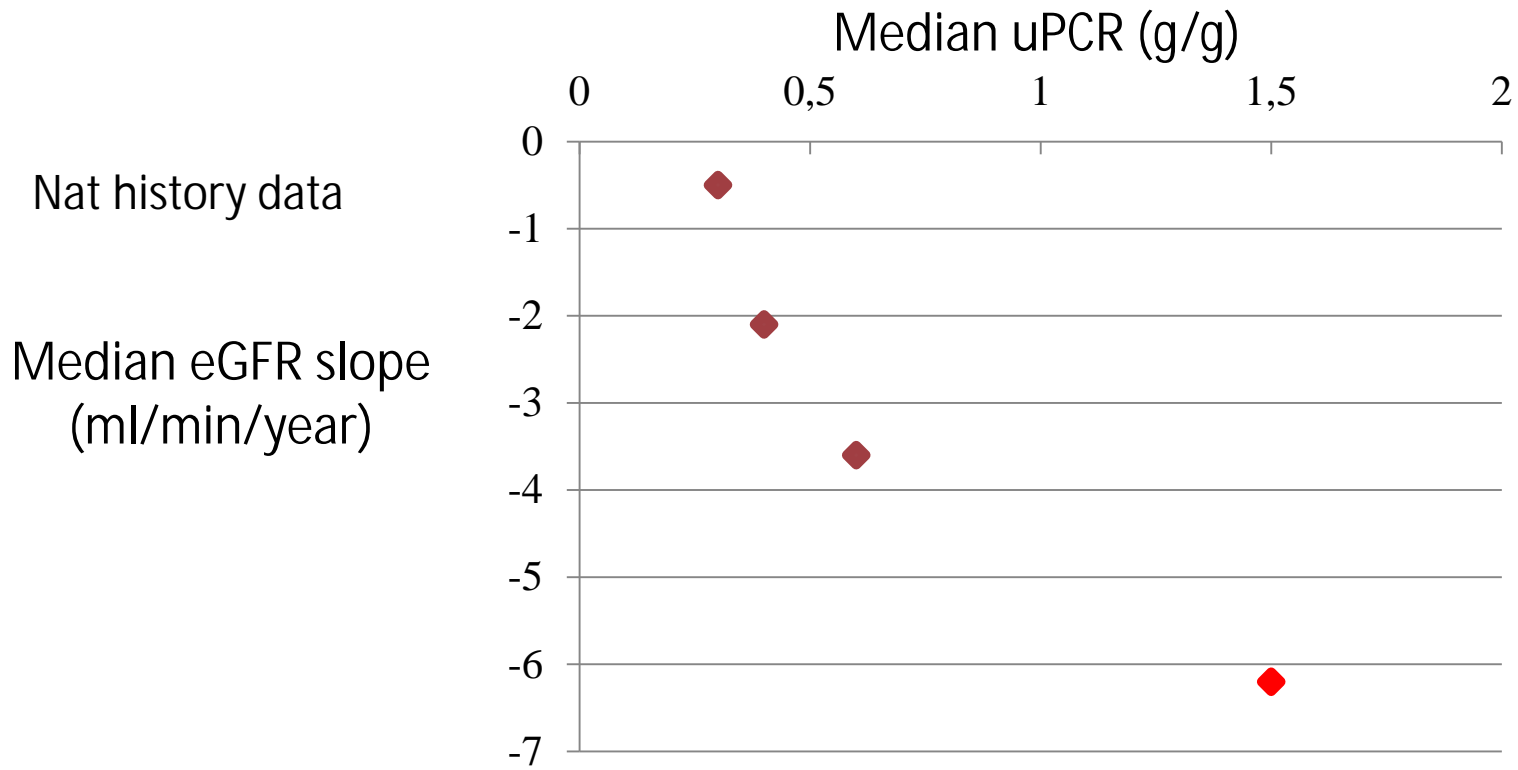


**Anti-GBM**  
antibodies in  
Alport patient  
receiving a  
kidney graft

Alport patients  
**lack** certain **GBM**  
components  
(type IV collagen)

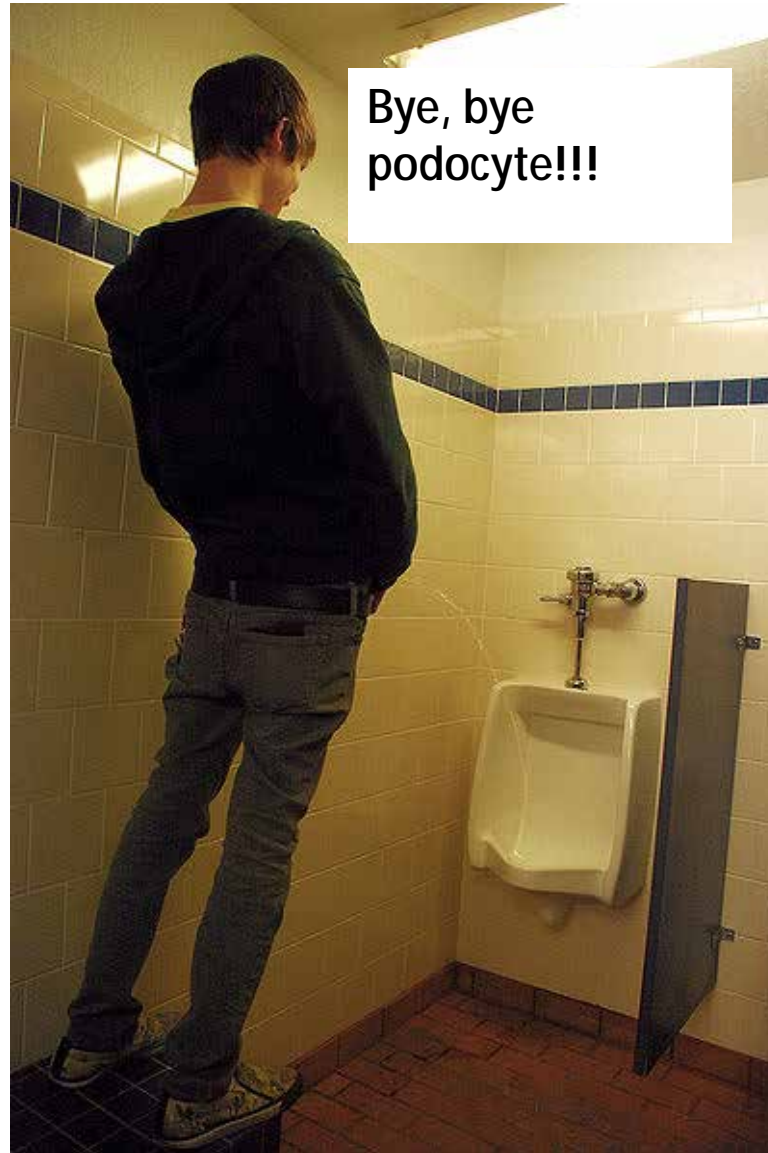


Albuminuria (proteinuria » albuminuria x 2) is a major **risk factor** for **progression** of CKD in Fabry disease



Warnock, et al. Nephrol Dial Transplant. 2012 Mar;27(3):1042-9.,  
Wanner, et al. Clin J Am Soc Nephrol. 2010 Dec;5(12):2220-8.?

# This is not what it seems!!!!



Podocyte farewell ceremony by [cell biology scientist](#)

RESEARCH

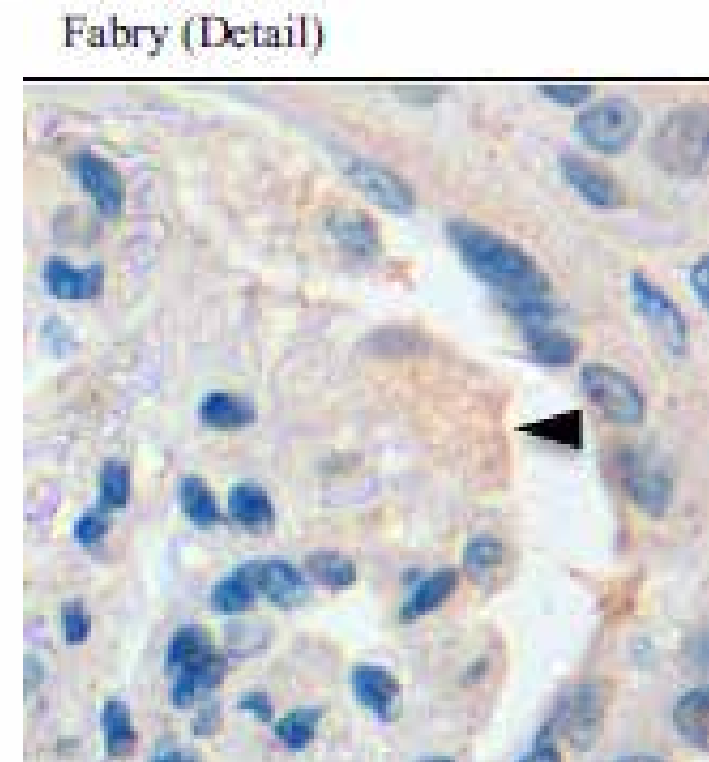
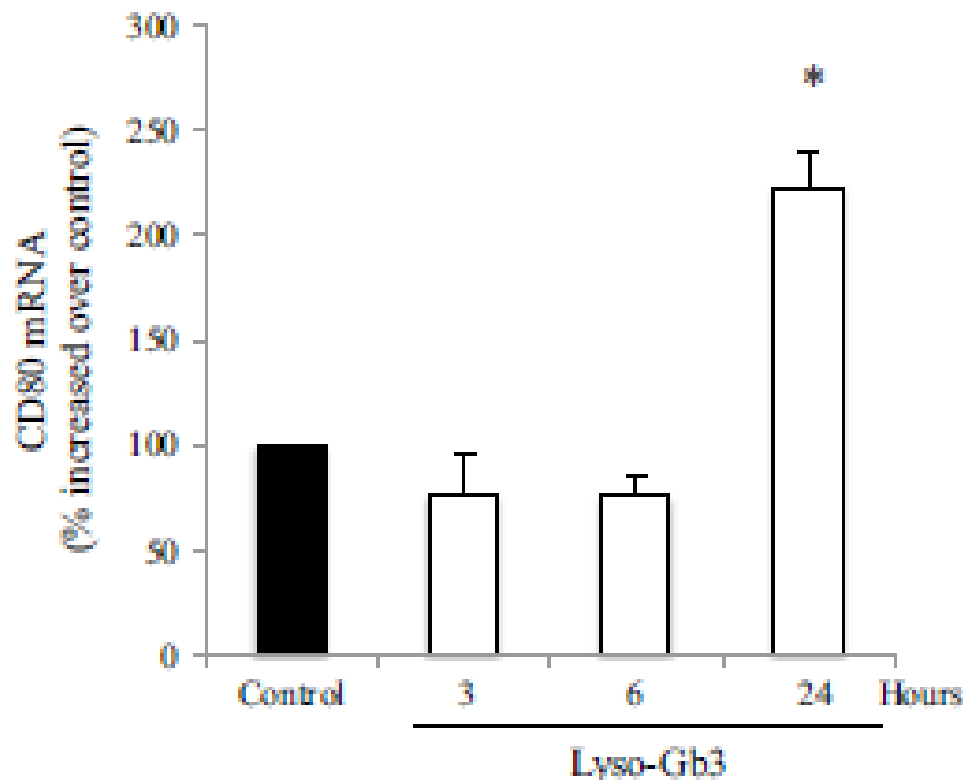
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# Increased urinary CD80 excretion and podocytyuria in Fabry disease

CD80 = B7-1

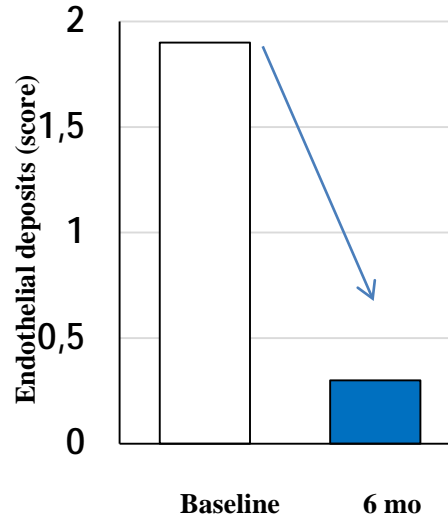
H. Trimarchi<sup>1\*</sup>, R. Canzonieri<sup>2</sup>, A. Schiel<sup>2</sup>, C. Costales-Collaguazo<sup>3</sup>, J. Politei<sup>4</sup>, A. Stern<sup>2</sup>, M. Paulero<sup>1</sup>, T. Rengel<sup>1</sup>, J. Andrews<sup>1</sup>, M. Forrester<sup>1</sup>, M. Lombi<sup>1</sup>, V. Pomeranz<sup>1</sup>, R. Iriarte<sup>1</sup>, A. Muryan<sup>2</sup>, E. Zotta<sup>3</sup>, M. D. Sanchez-Niño<sup>5,6†</sup> and A. Ortiz<sup>5,6†</sup>



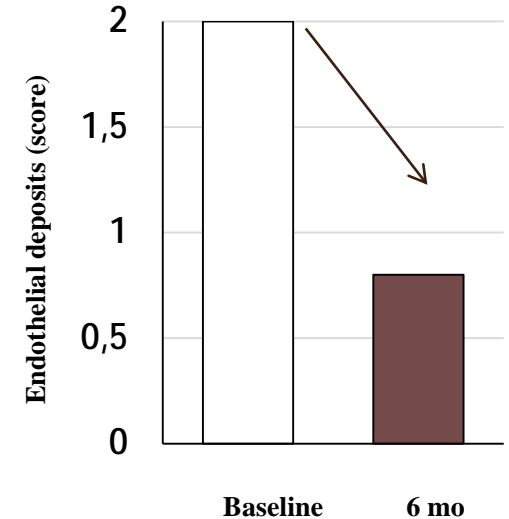
# Sesame Street suggests endothelial findings may not apply to podocytes



## Endothelial deposits in placebo-controlled phase II/III RCT of enzyme replacement therapy



agalsidase beta 1.0 mg/kg/2 weeks



agalsidase alpha 0.2 mg/kg/2 weeks

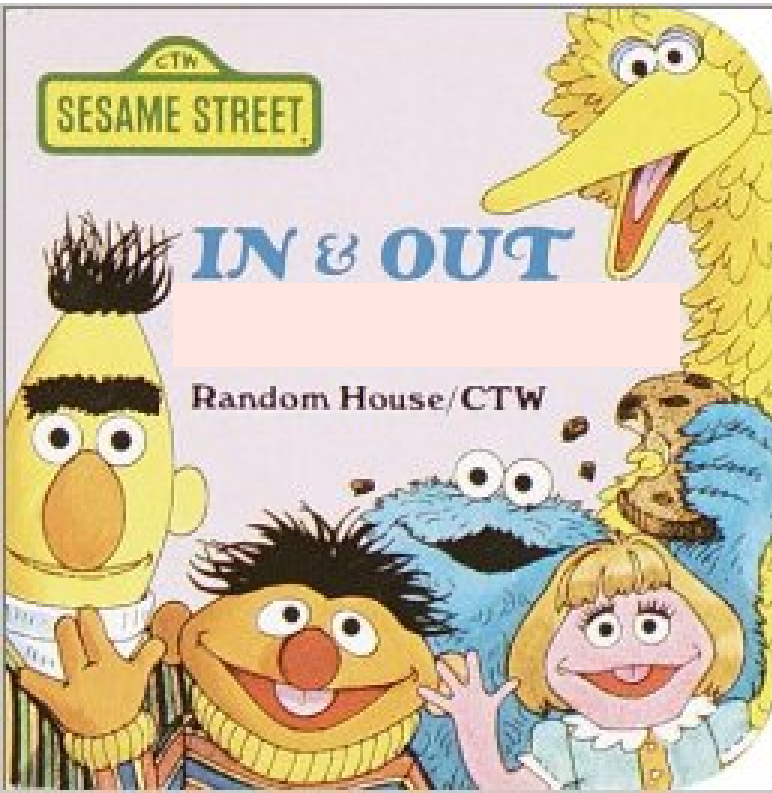
Eng, Christine M., et al. *New England Journal of Medicine* 345.1 (2001): 9-16.

Schiffmann, Raphael, et al. *Jama* 285.21 (2001): 2743-2749.

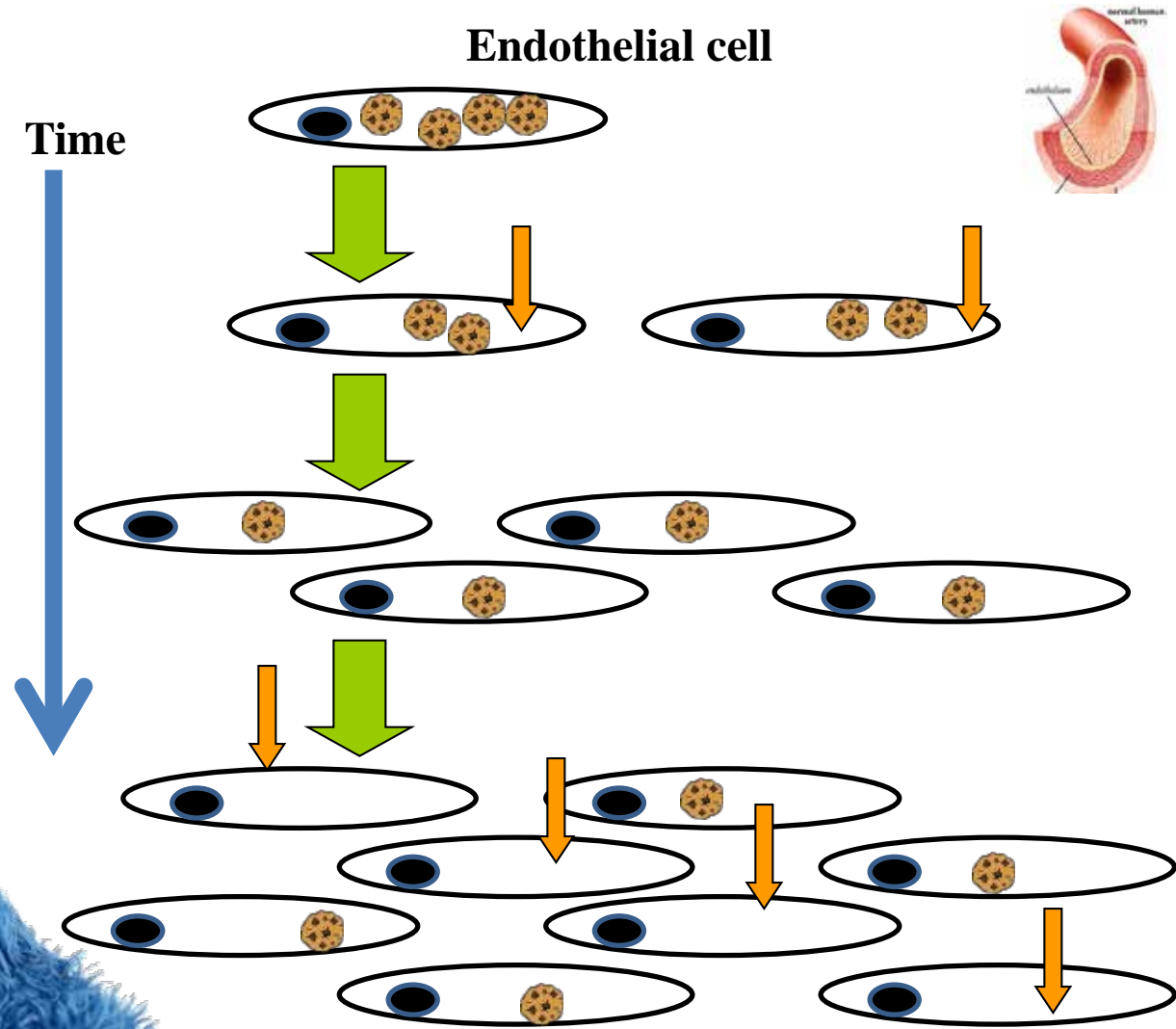
Ortiz et al, *Med Clin Med Clin (Barc)*. 148 (2017):132-138.

# Sesame Street issues: **In** and **out**

Beware of **larger** molecules!



# Sesame Street issues: **sharing cookies**

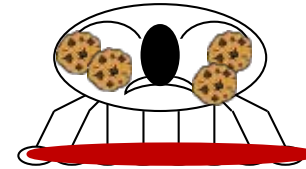


If you **don't**  
**share** your  
cookies, you get  
to **keep all** of  
them!

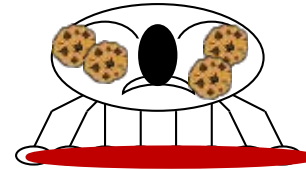
Time



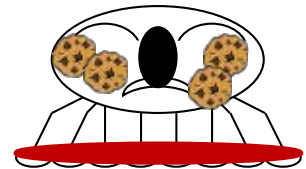
Podocyte



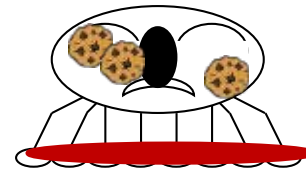
1 y



2 y

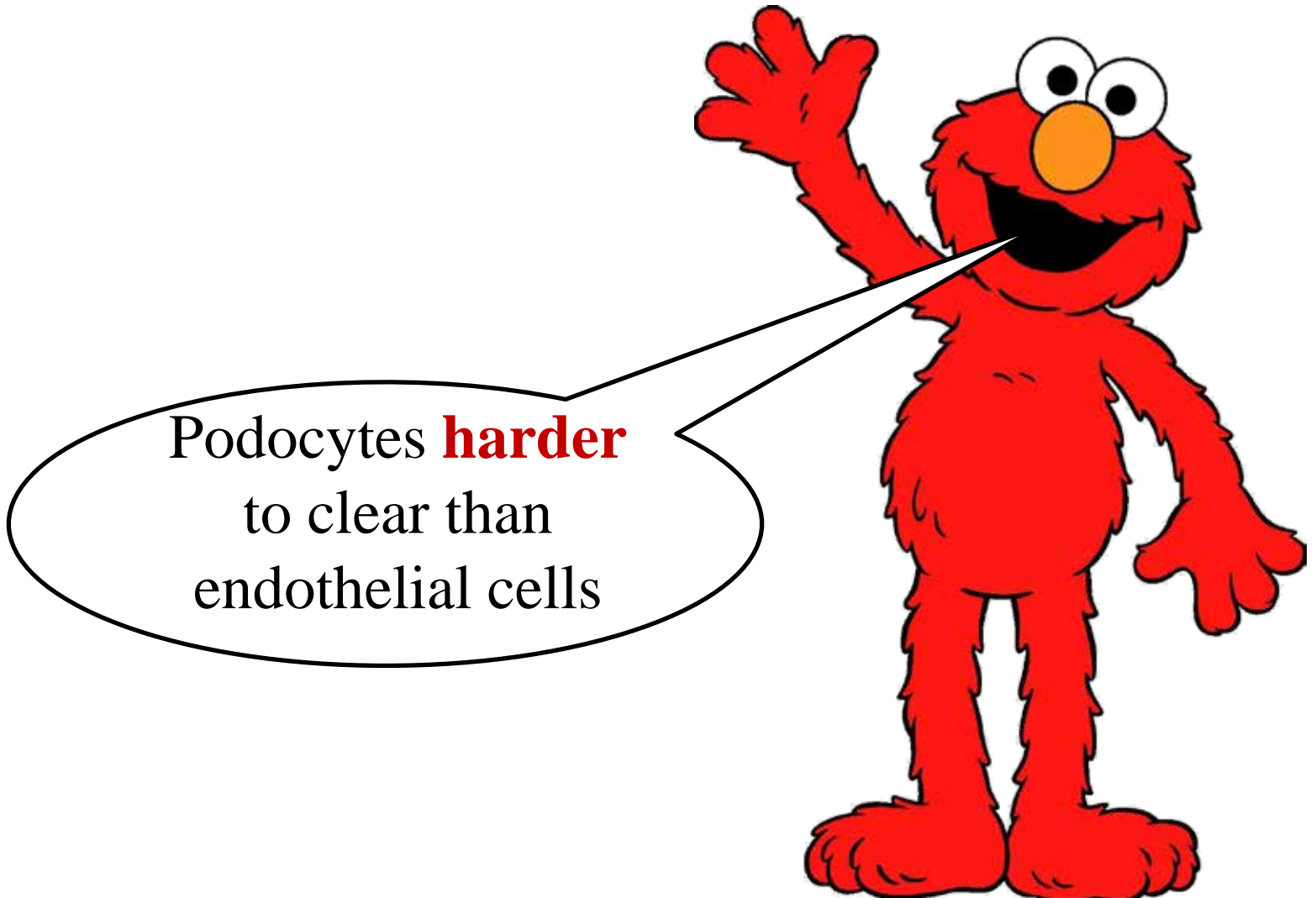


3 y





# The **Sesame Street** prediction

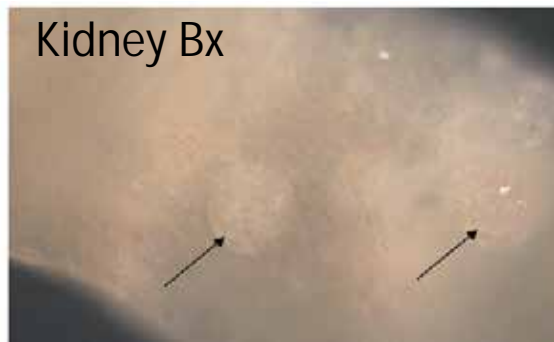


Podocytes **harder**  
to clear than  
endothelial cells

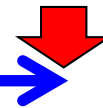
# ERT and GL-3 clearance from podocytes

Tøndel C, Bostad L, Larsen KK, Hirth A, Vikse BE, Houge G, Svarstad E. Agalsidase benefits renal histology in young patients with fabry disease. J Am Soc Nephrol. 2013;24:137-48

- 5 years of ERT with agalsidase alfa or agalsidase beta in 12 consecutive patients age 7-33 years (median 16 y).
  - agalsidase alfa, 0.2 mg/kg/EOW (n=5), 0.2 mg/kg/EW (n=1), 0.4 mg/kg/EOW (n=1)
  - agalsidase beta, 1.0 mg/kg/EOW (n=3), 0.2 EOW (n=1)
  - agalsidase alfa, 0.4 mg/kg/EOW + then agalsidase beta, 1.0 mg/kg/EOW (n=1)
- After a median of 65 months microalbuminuria normalized in 5 patients.
- Bx findings



5y



ERT (Years)

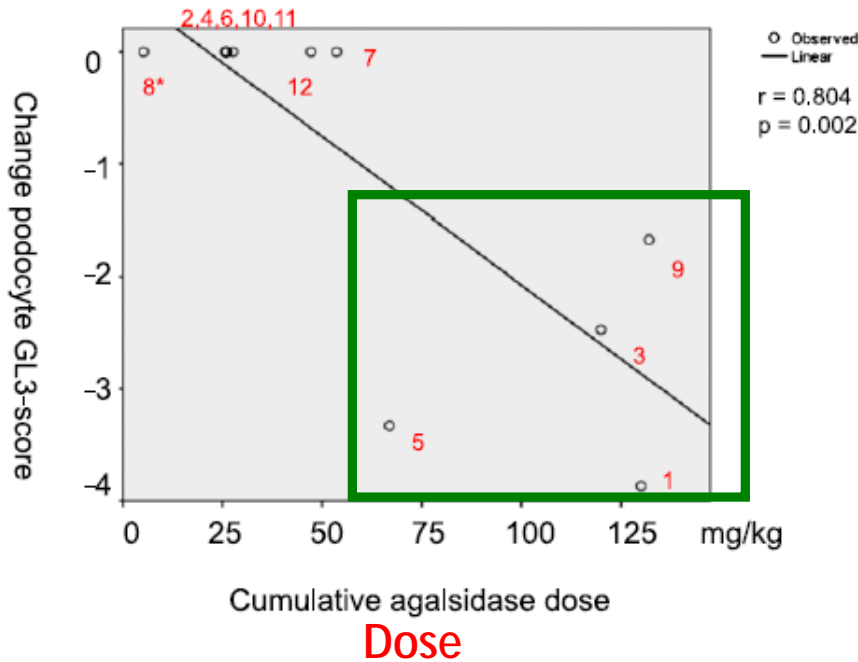
Please note: Fabrazyme (agalsidase beta) is indicated in patients  $\geq$  8 years old (EU SmPC, Jan 2017).

# Early ERT in Fabry: Renal Bx after 5 years of ERT

Correlation between cumulative dose and podocyte Gb3 clearance

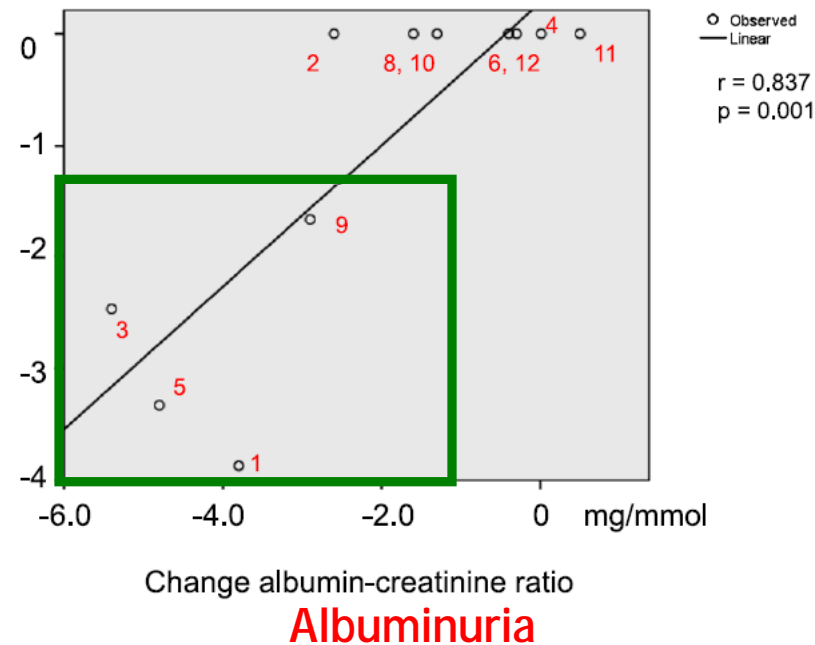
Endothelium cleared in all

Podocyte Gb3



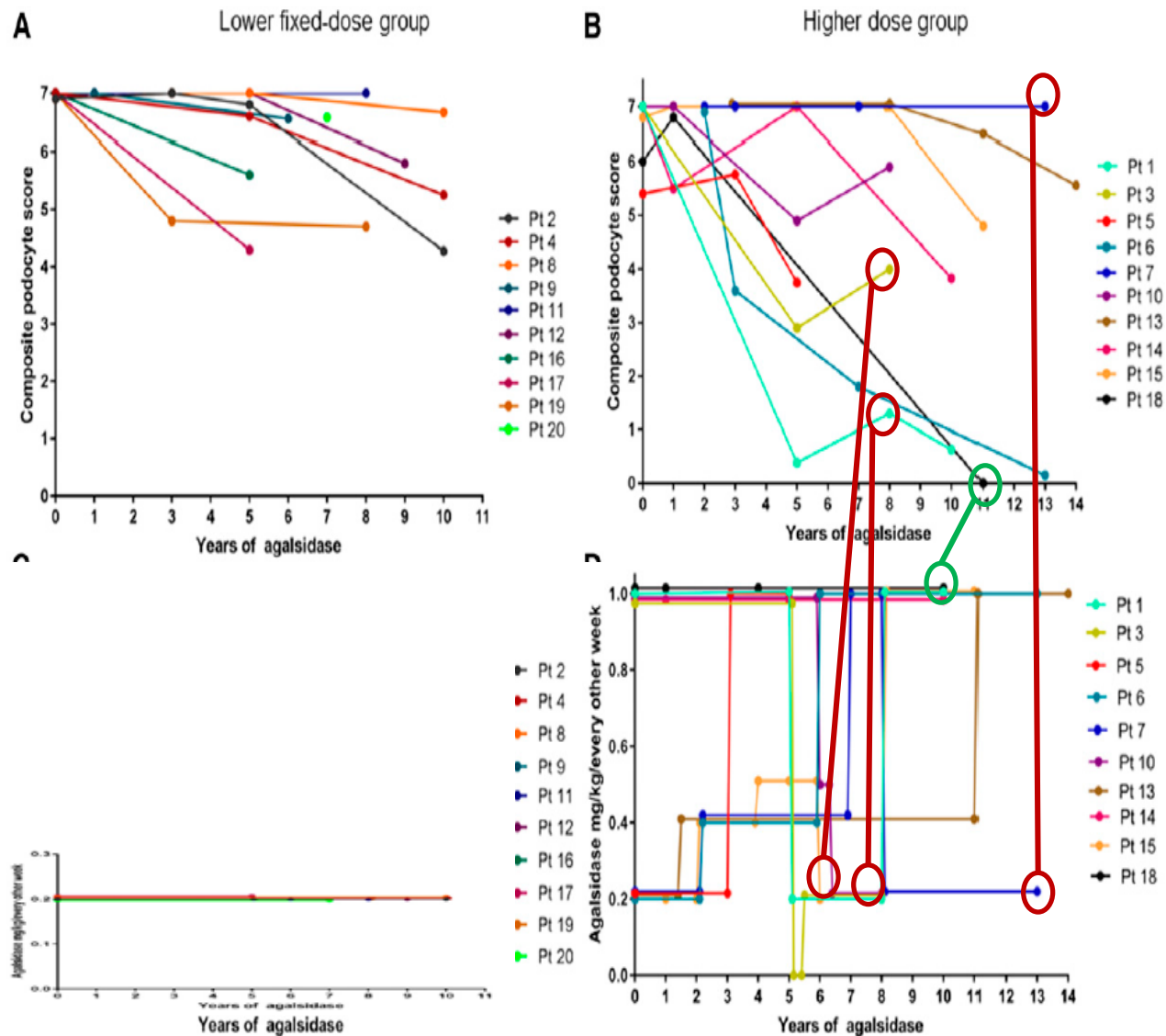
Better podocyte clearance, more reduction in albuminuria

Change podocyte GL3-score



# Long-Term Dose-Dependent Agalsidase Effects on Kidney Histology in Fabry Disease

- Reduction of **podocyte Gb3** correlated with **cumulative dose**
- Residual plasma **Lyso-Gb3** correlated with **cumulative dose** in men

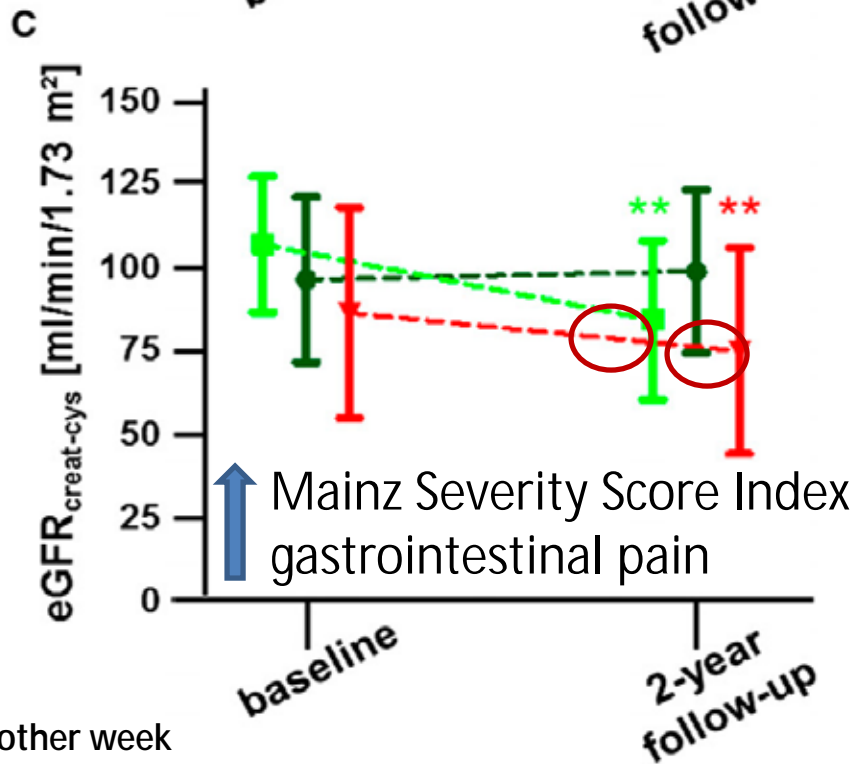
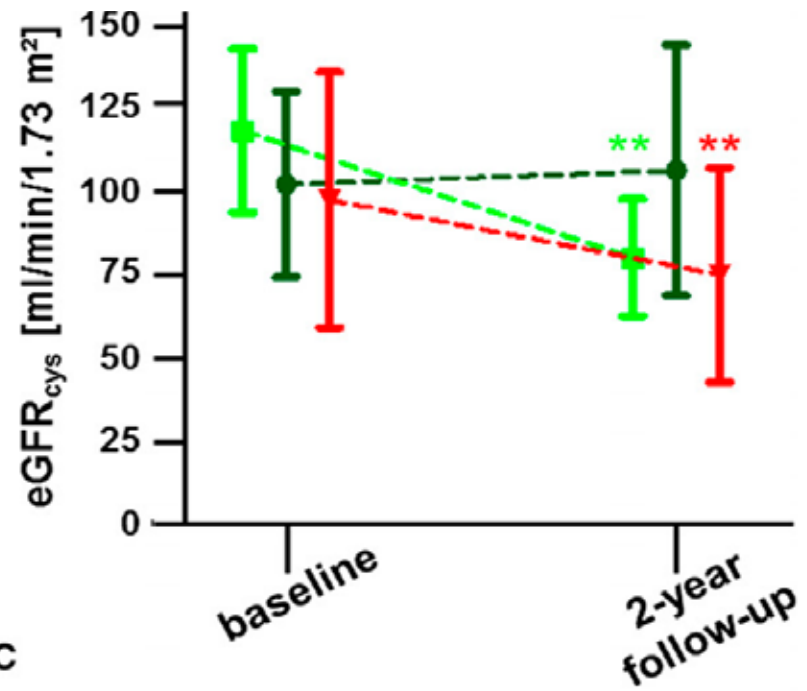
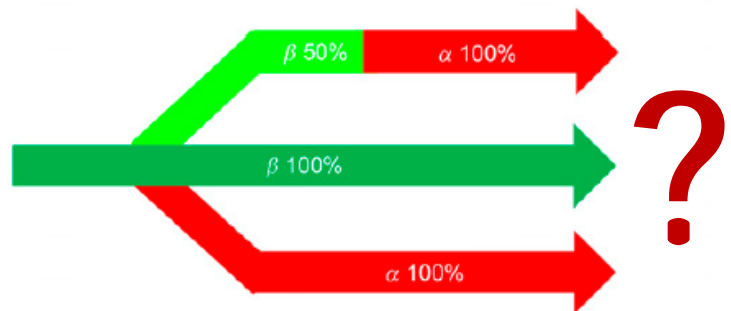
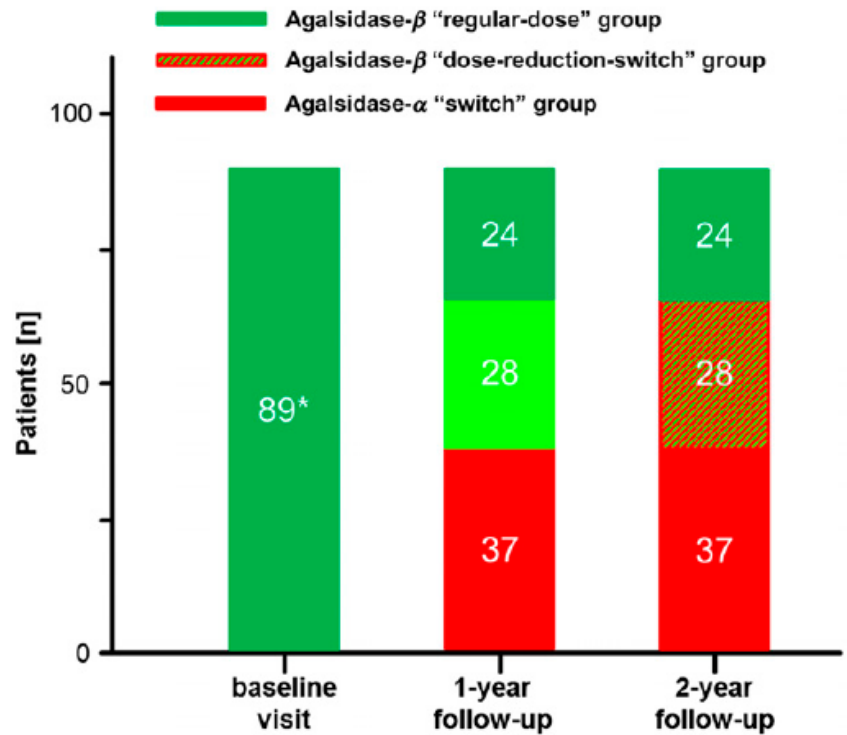


Efficacy and safety of Fabrazyme (agalsidase beta) in patients aged 0-7 years has not been established. Per approved leaflet in Brazil, Fabrazyme (agalsidase beta 1mg/kg/everly two weeks) is indicated in adults and adolescents aged 16 years and older.

# The shortage: **dose** matters?

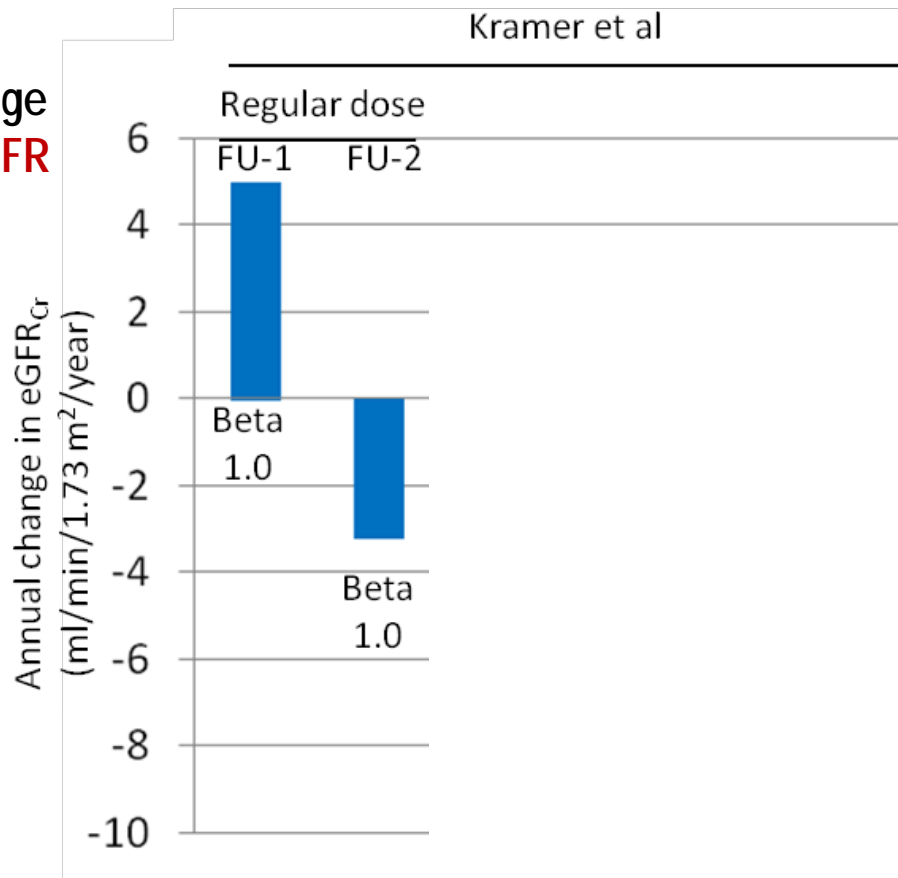
- June 2009: viral contamination of Manufacturer production facility
- Worldwide **shortage** of agalsidase beta
- Leading to involuntary **dose reductions** (approved dose 1.0 mg/kg/eow, reduced dose 0.5 mg/kg/eow), or **switch to** agalsidase alfa (administered dose 0.2 mg/kg/eow).

# 2 years of dose-reduction of agalsidase-b 1.0 mg/kg/eow and/or switch to agalsidase-a 0.2mg/kg/eow and eGFR



# Dose and the shortage: impact of switching back to agalsidase beta 1.0 mg/kg/EOW

Change  
in eGFR



Ortiz et al. *Nephrol Dial Trasplant* 2018. Elaborated with data from:

Krämer J et al. *Nephrol Dial Transplant* 2017 Nov 23. doi: 10.1093/ndt/gfx319. [Epub ahead of print]

[www.fda.gov/ohrms/dockets/ac/03/briefing/3917B2\\_01\\_TKT%20Replagal%20Background%20.pdf](http://www.fda.gov/ohrms/dockets/ac/03/briefing/3917B2_01_TKT%20Replagal%20Background%20.pdf)

# Hard outcomes: severe clinical events



Myocardial infarction  
Heart failure  
Heart intervention



Dialysis/transplantation



Stroke



Death



What is the  
evidence on **ERT**  
and **severe**  
clinical events?

# 1. RCT

# ERT for Fabry disease

---

Agalsidase **alfa**

Agalsidase **beta**

Approved dose

0.2 mg/kg/2w

1 mg/kg/2w

Phase **II/III**

**YES**

**YES**

Phase **IV** Placebo controlled  
Events as primary  
outcome

**NO**

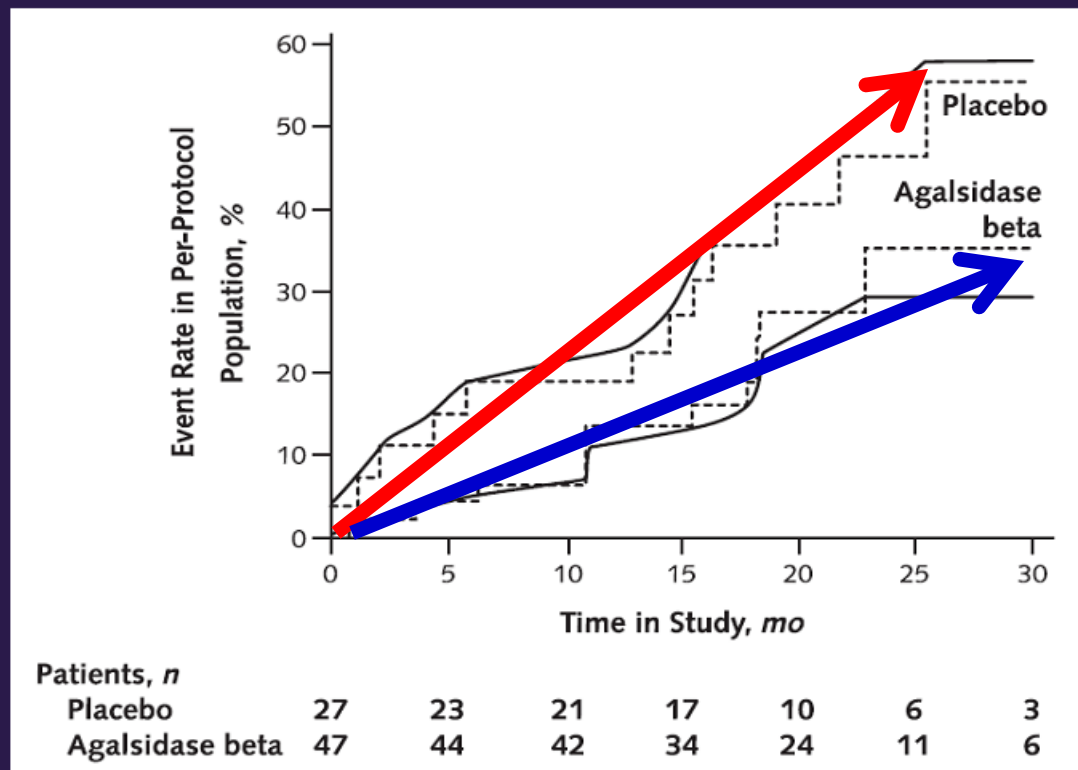
**YES**

# Agalsidase beta, phase IV **1** mg/kg/2 week

Mean age **47** years (ERT) vs 44 (placebo)

Mean UACR **1.3** g/g (ERT) vs 0.9 years (placebo)

## ■ 82 adults with mild to moderate kidney disease



hazard ratio 0.39  
*P* 0.034  
adjusted for  
baseline proteinuria

*Events: composite clinical  
outcome of renal, cardiac,  
and cerebrovascular  
complications or death*

Per protocol population

ITT population (HR 0.47, *p*=0.06)

Banikazemi et al. Ann Intern Med 2007.

1. RCT

2. Registry data

ERT at 1 mg/kg/2 weeks with agalsidase beta was associated with a decrease in incidence of severe clinical events\* AFTER 6 months of treatment

Fabry registry data:  
1044 patients

Median age at start ERT: 40 years = late!!

**Non-classical mutations  
excluded from analysis!**

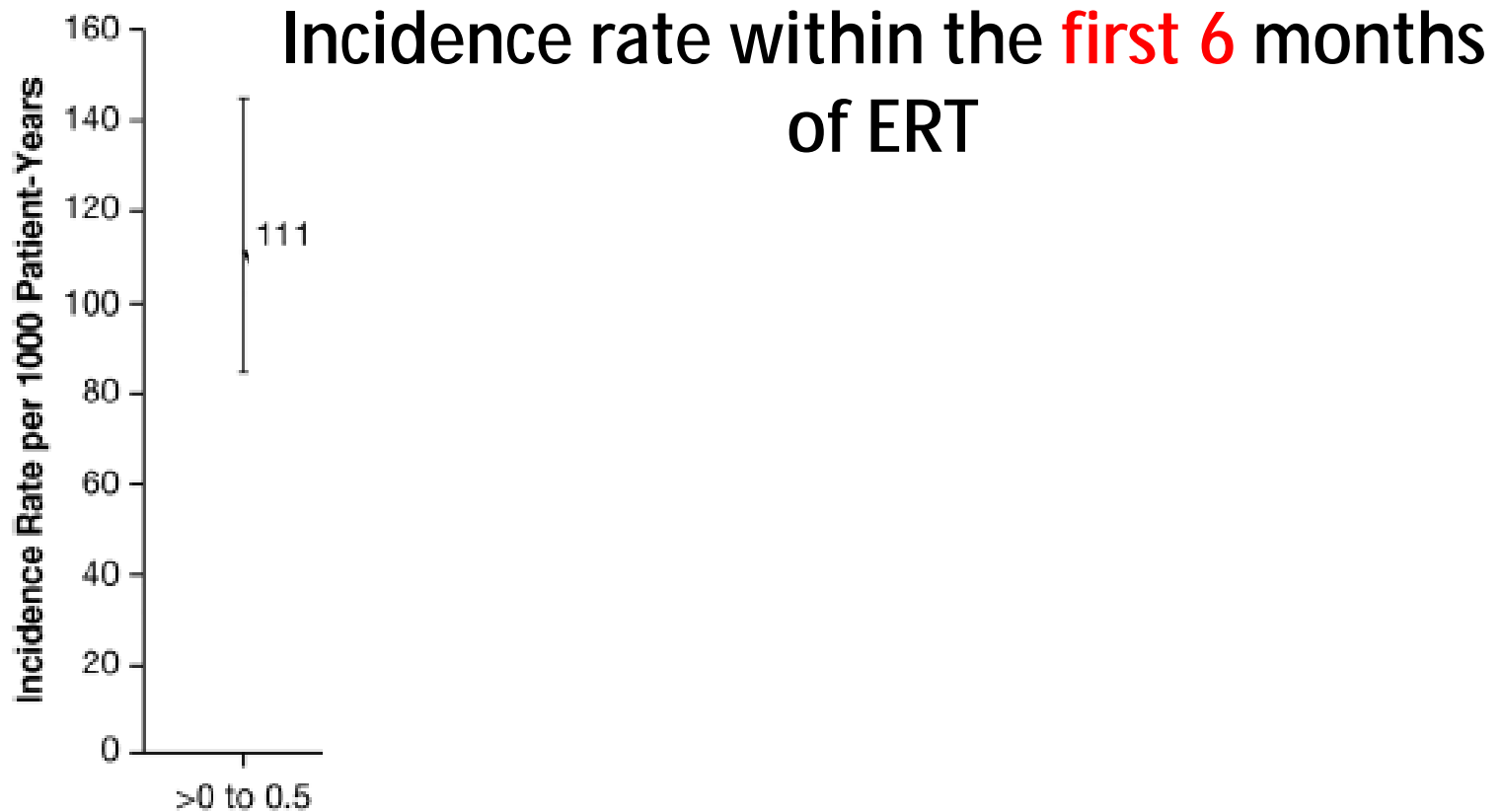
\* severe clinical events were defined as:  
death , renal, cardiac event or stroke.

Ortiz et al J Med Genet. 2016 Jul;53(7):495-502.

ERT at 1 mg/kg/2 weeks with agalsidase beta was associated with a decrease in incidence of severe clinical events\* AFTER 6 months of treatment

Fabry registry data:  
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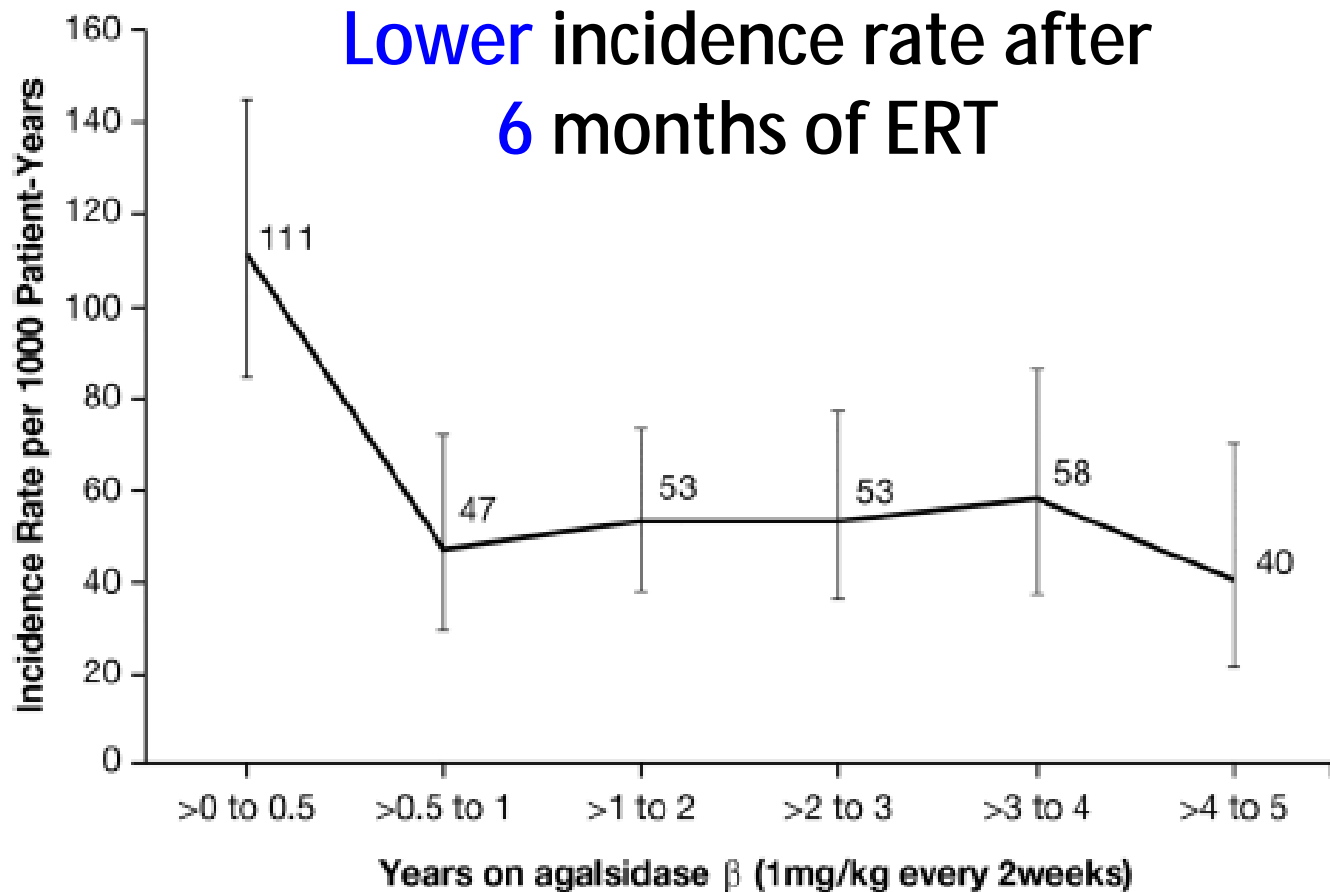


\* severe clinical events were defined as: death , renal, cardiac event or stroke.

ERT at 1 mg/kg/2 weeks with agalsidase beta was associated with a decrease in incidence of severe clinical events\* AFTER 6 months of treatment

Fabry registry data:  
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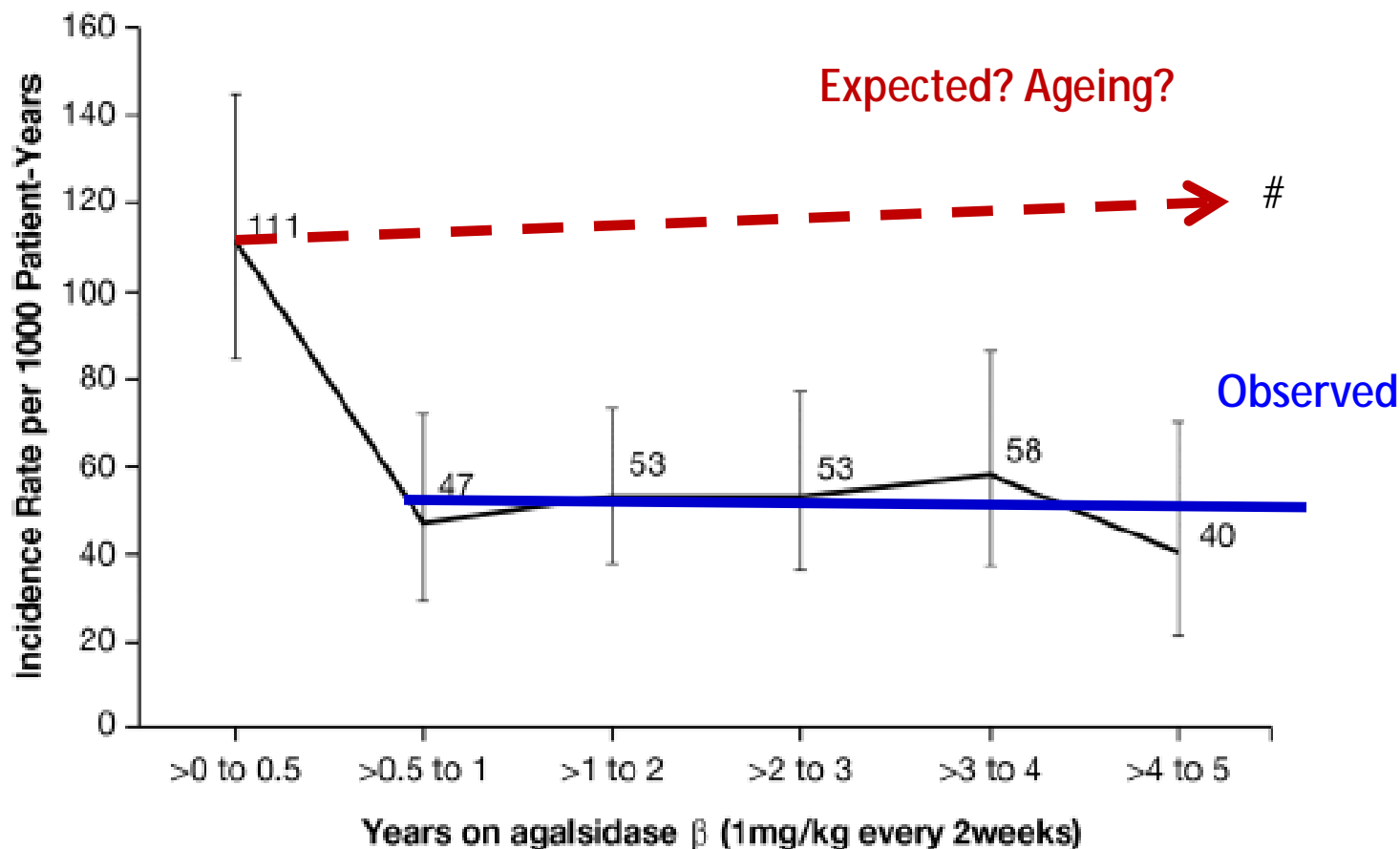
Median age at start ERT: 40 years = late!!



\* severe clinical events were defined as: death, renal, cardiac event or stroke.



ERT at 1 mg/kg/2 weeks with agalsidase beta was associated with a decrease in incidence of severe clinical events\* AFTER 6 months of treatment



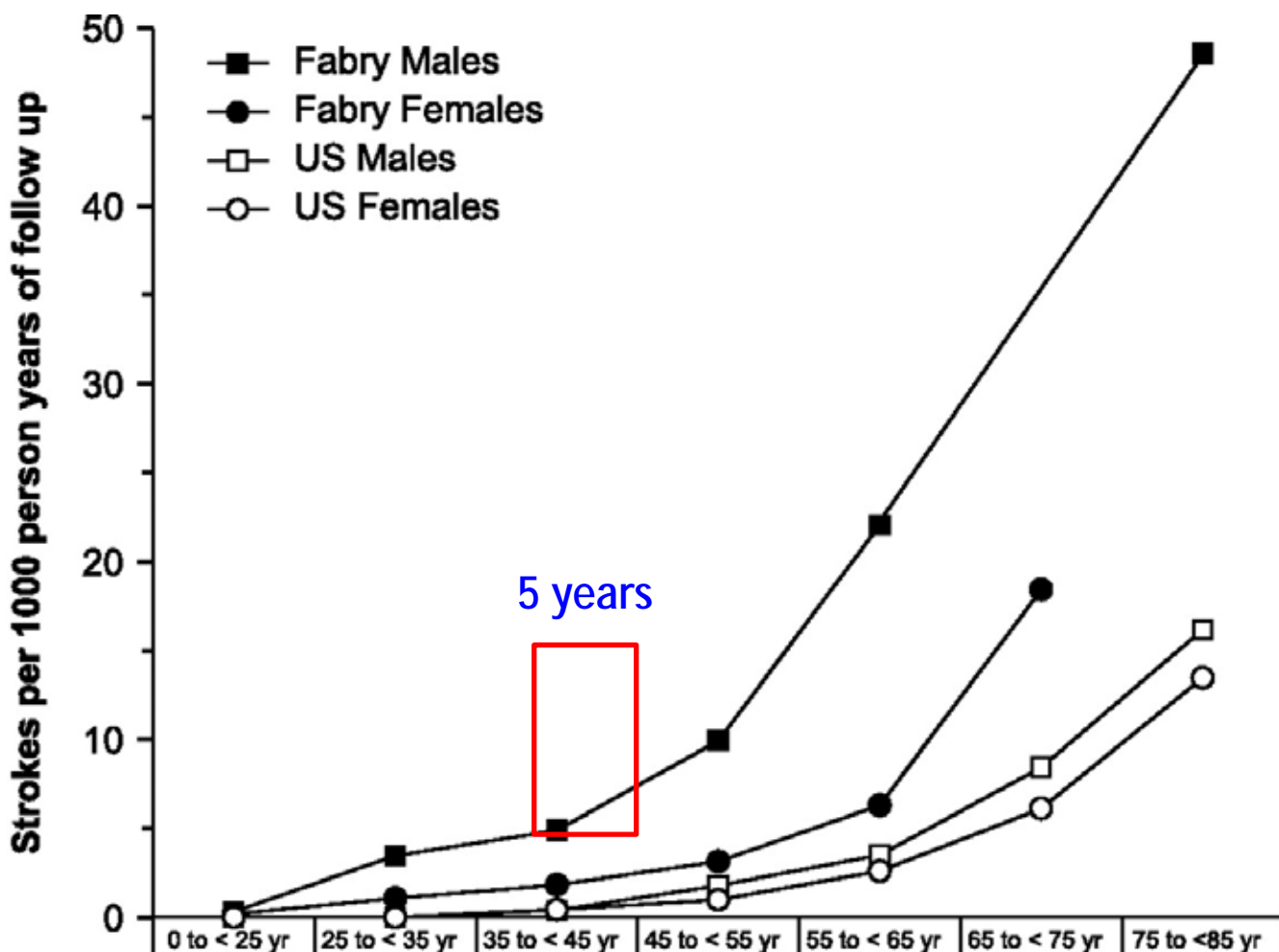
\* severe clinical events were defined as: death, renal, cardiac event or stroke.

Ortiz et al J Med Genet. 2016 Jul;53(7):495-502.

# Dr ortiz's Estimates/ personal opinions based on Katherine Sims et al. Stroke. 2009;40:788-794

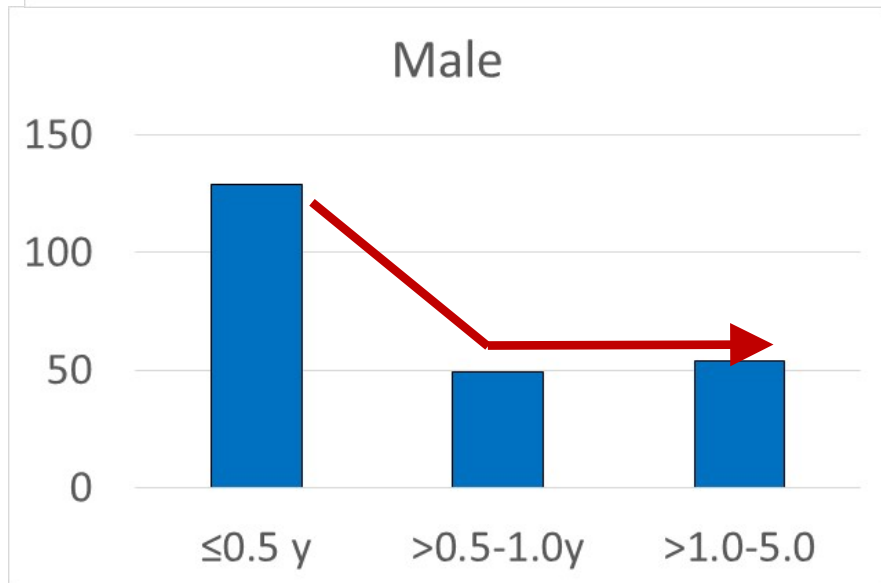
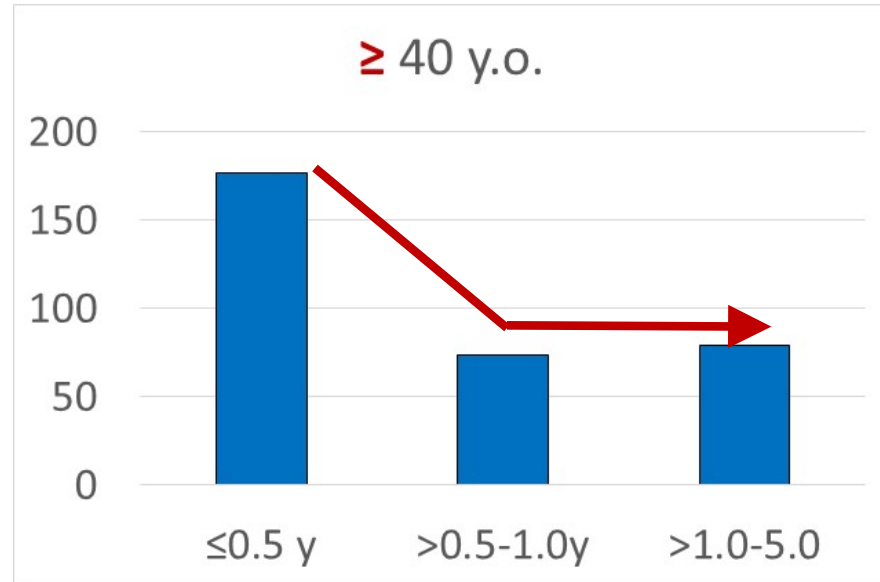
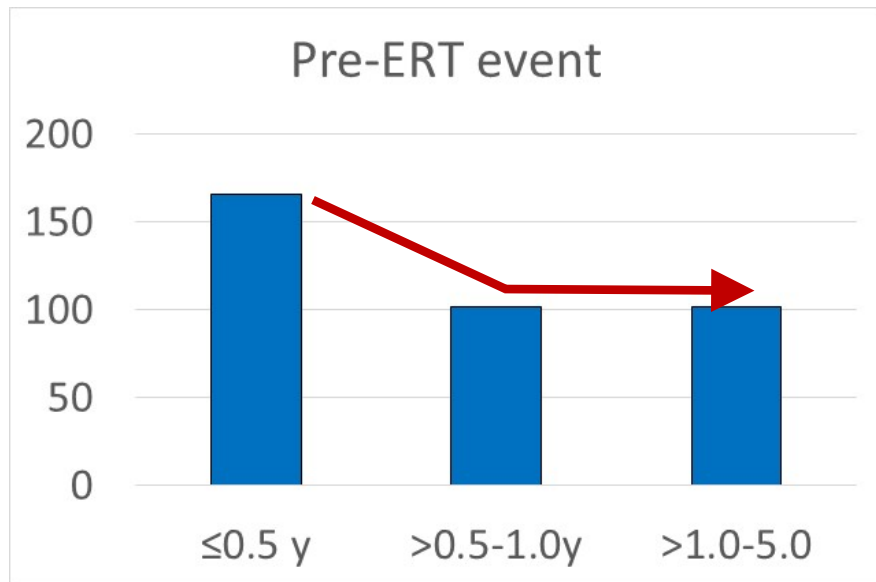


# Incidence of strokes increases with age in untreated Fabry patients and the general population



	0 to < 25 yr	25 to < 35 yr	35 to < 45 yr	45 to < 55 yr	55 to < 65 yr	65 to < 75 yr	75 to <85 yr
■ Fabry Males	0.32	3.47	4.89	9.92	22.05	*	48.58
● Fabry Females	0.18	1.09	1.83	3.14	6.30	18.43	#
□ US Males	0.00	0.00	0.40	1.79	3.50	8.43	16.17
○ US Females	0.00	0.00	0.44	0.99	2.60	6.12	13.46

# Incidence rates of severe clinical events per 1000 patient years while on agalsidase beta: **higher risk** populations



1. RCT

2. Registry data

3. Meta-analysis

# ERT and **hard** outcomes

El Dib R et al. **Cochrane** Database of Syst Rev 2016;7:CD006663

- The long-term influence of ERT on **risk of morbidity and mortality** related to Anderson-Fabry disease remains **to be established**
- There is **no evidence** identifying if the alfa or beta form is superior or the optimal dose or frequency of ERT.

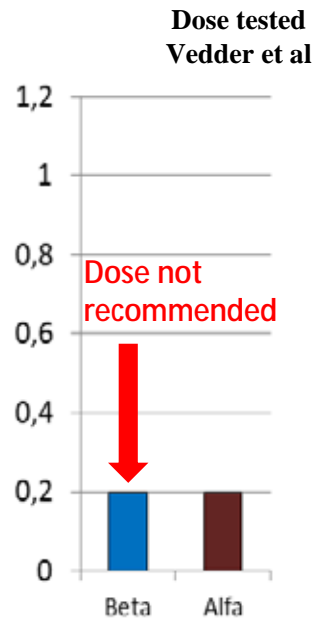
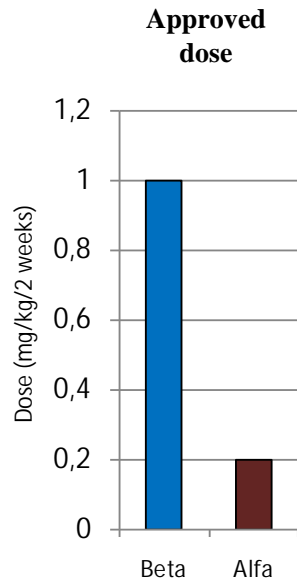
## **Cochrane** Selection criteria:

- Randomized controlled trials
- of agalsidase alfa or beta

**a.** This is a **rare** disease with 40 year natural history: health authorities requested **Registries**

**b. only 1** completed head-to-head RCT alfa vs beta

**Cochrane: only 1** completed head-to-head RCT agalsidase alfa vs agalsidase beta



Vedder CONCLUSION:

**Treatment failure** occurred

**frequently**

in **both** groups

# ERT and **hard** outcomes

## Observational studies meta-analysis

CONCLUSIONS: "Agalsidase **beta** is associated to a

**significantly lower incidence** of renal, cardiovascular and cerebrovascular events **than no ERT**

**significantly lower incidence of cerebrovascular** events **than agalsidase alfa**

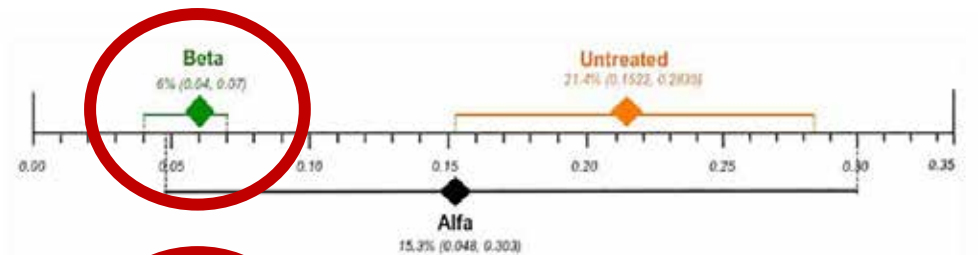
# ERT and **hard** outcomes: **fresh news!**

Enzyme replacement therapy for Anderson-Fabry disease: A **complementary** overview of a **Cochrane** publication through a linear regression and a pooled analysis of proportions from **cohort studies**

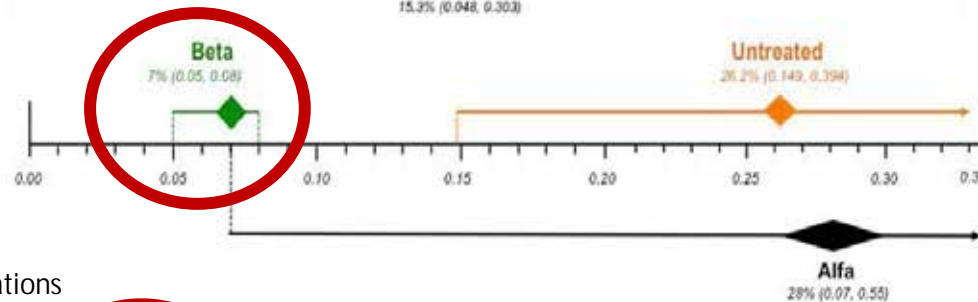
## Comparison of the plotted proportional meta-analysis, according to ERT regimens, for severe complications



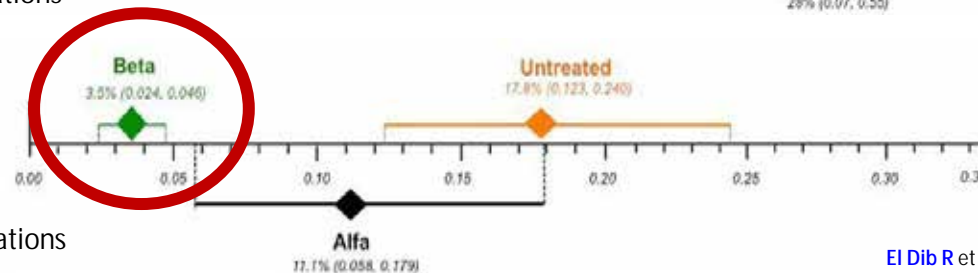
Renal complications



Cardiovascular complications



Cerebrovascular complications





# Take home message

How to **treat**? with **optimal dose** to halt progression

- **Podocytes** should be immortal: published data suggests ERT may clear them in dose-dependent manner
- Lessons from the **shortage: dose** and preservation of **GFR**
- Long-term agalsidase beta 1 mg/kg/EOW results in **a reduction of incidence** of severe clinical events (evidence from RCT, the largest Fabry disease Registry study and meta-analysis)

And remember conventional **nephroprotection!!**



## 3 key concepts

1. Fabry nephropathy is a form of **CKD**

# What is chronic kidney disease?

Criteria for CKD (**either** of the following present for **>3** months)

## 1. Markers of **kidney damage** (one or more)

- **Albuminuria (>30 mg/g creatinine)** A c
- Urine sediment abnormalities
- Electrolyte and other abnormalities du
- **Abnormalities detected by histology**
- Structural abnormalities detected by imagin
- History of kidney transplantation

Albuminuria **>30** mg/g  
diagnoses **CKD**

Histology  
diagnoses **CKD**

**or**

## 2. **Decreased GFR: <60 ml/min/1.73 m<sup>2</sup>** (GFR categories G3a–G5)

Where do the GFR and albuminuria **thresholds** come from?

## Risk

- For CKD progression
- For all-cause and cardiovascular **death**
  - Death, the **ultimate** outcome
  - The issue is not if, but **when**



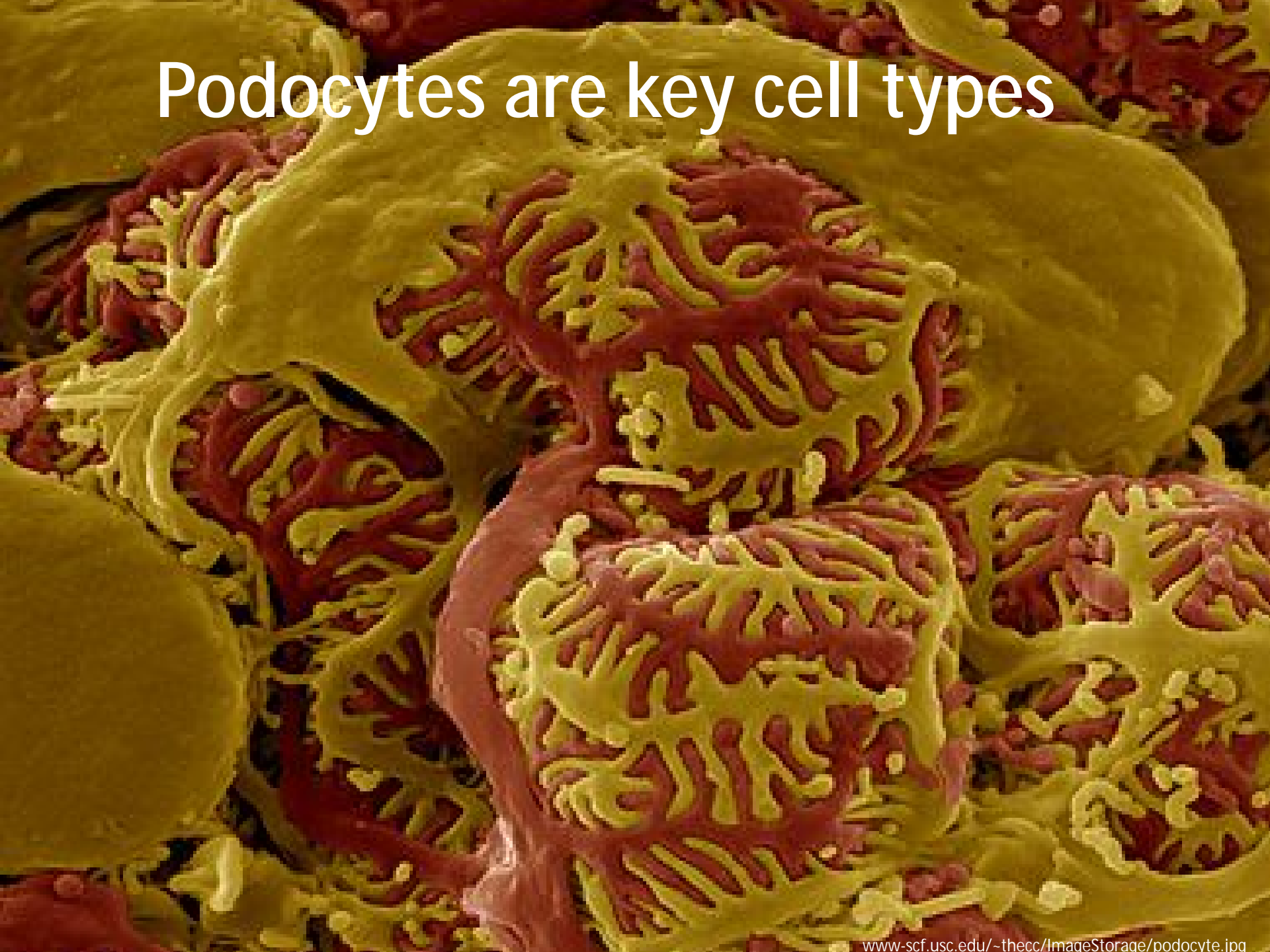
**Premature!**

## 3 key concepts

1. Fabry nephropathy is a form of **CKD**

2. Fabry CKD is **proteinuric**

Podocytes are key cell types



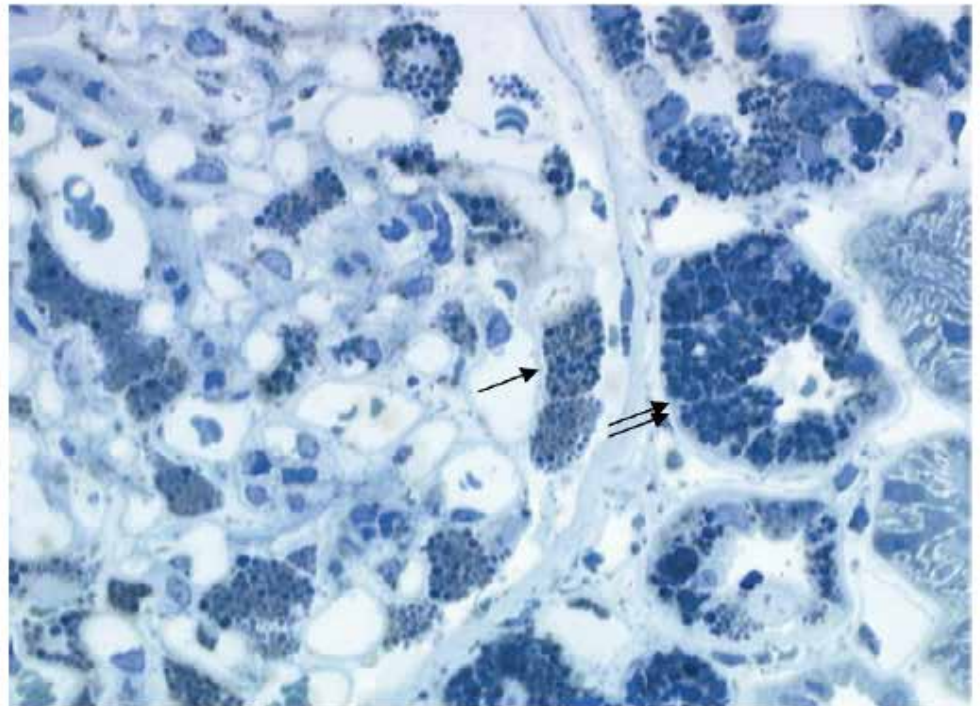
# Fabry podocytes are **fuuuuull** of glycolipids



## Renal Biopsy Findings in Children and Adolescents With Fabry Disease and Minimal Albuminuria

Camilla Tøndel, MD,<sup>1</sup> Leif Bostad, MD,<sup>2,3</sup> Asle Hirth, MD,<sup>4,5</sup> and Einar Svarstad, MD, PhD<sup>6,7</sup>

*Am J Kidney Dis.* 2008 May;51(5):767-76



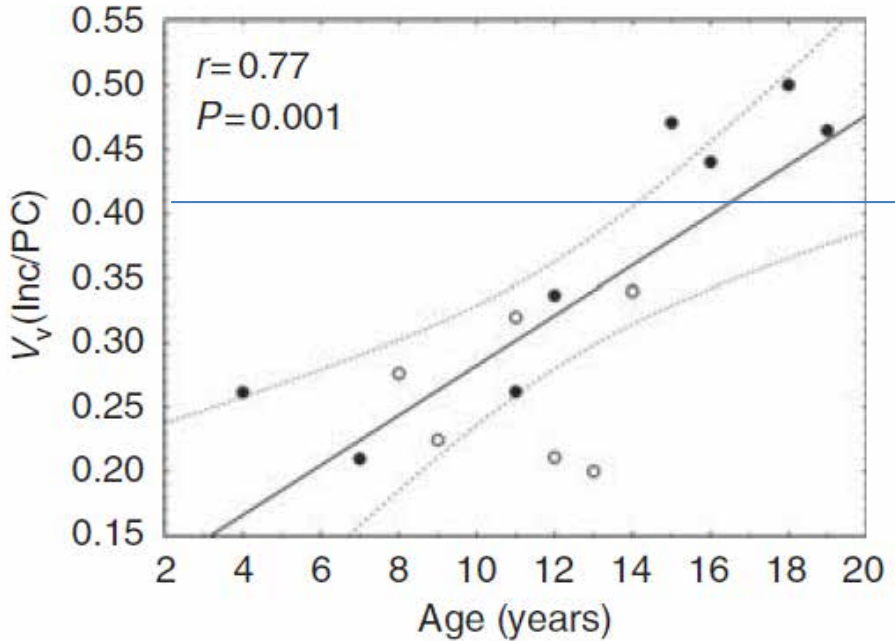
**Figure 2.** Patient 6. Dark-blue inclusion bodies in podocytes (arrow) and distal tubule epithelial cells (double arrow) are commonly found in all our patients who underwent biopsy. (Osmicated toluidine-stained semi-thin section.)



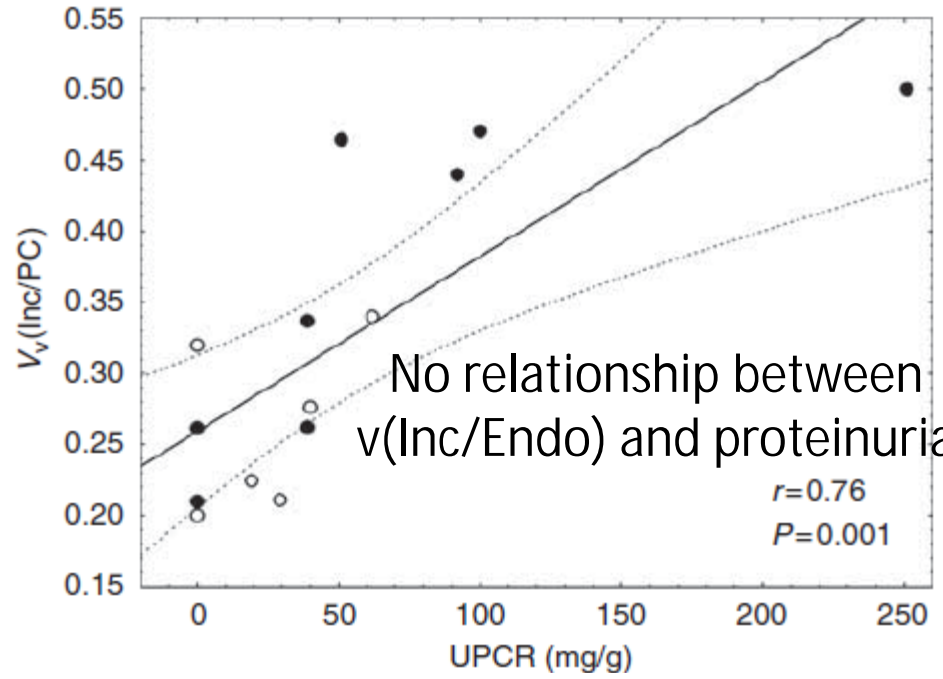
# Progressive podocyte injury and globotriaosylceramide (GL-3) accumulation in young patients with Fabry disease

Behzad Najafian<sup>1</sup>, Einar Svarstad<sup>2,3</sup>, Leif Bostad<sup>4,5</sup>, Marie-Claire Gubler<sup>6</sup>, Camilla Tøndel<sup>3,7</sup>, Chester Whitley<sup>8</sup> and Michael Mauer<sup>8,9</sup>

Podocyte inclusions vs age



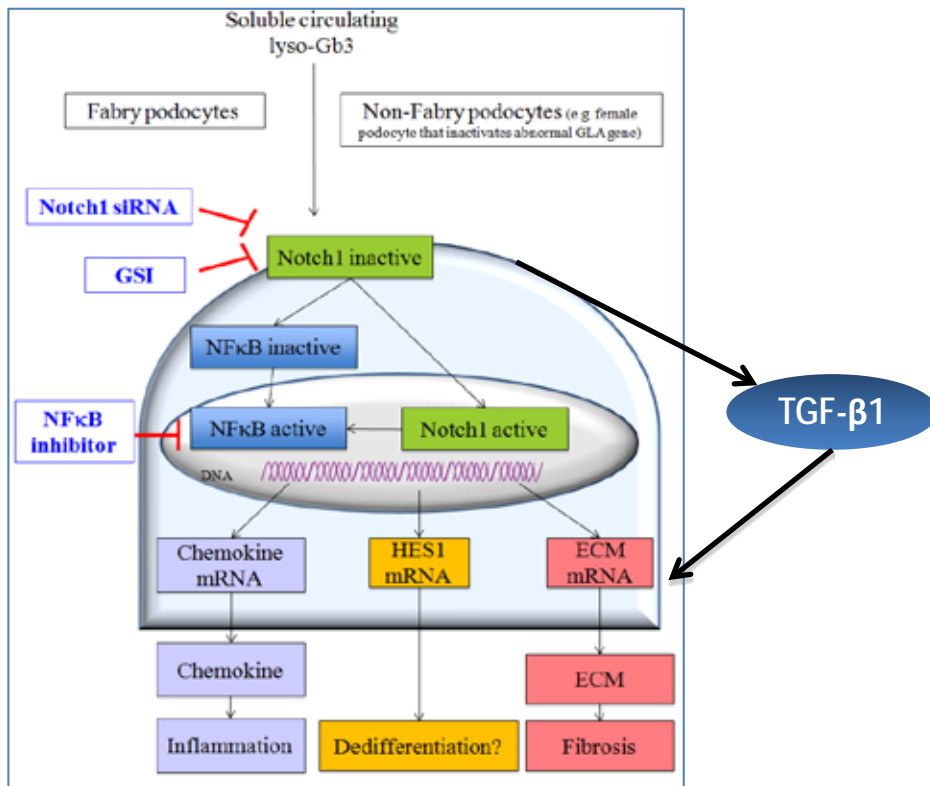
Podocyte inclusions vs proteinuria



Relationship between age and podocyte ( $V_v(\text{Inc/PC})$ ), and endothelial cell ( $V_v(\text{Inc/Endo})$ ) GL-3 fractional volume of inclusions per cytoplasm

Segmental foot process effacement was present in all glomeruli

# Lyso-Gb3 Promotes Podocyte Stress



TGF-β1, transforming growth factor beta 1.

100 nM  
lyso-Gb3

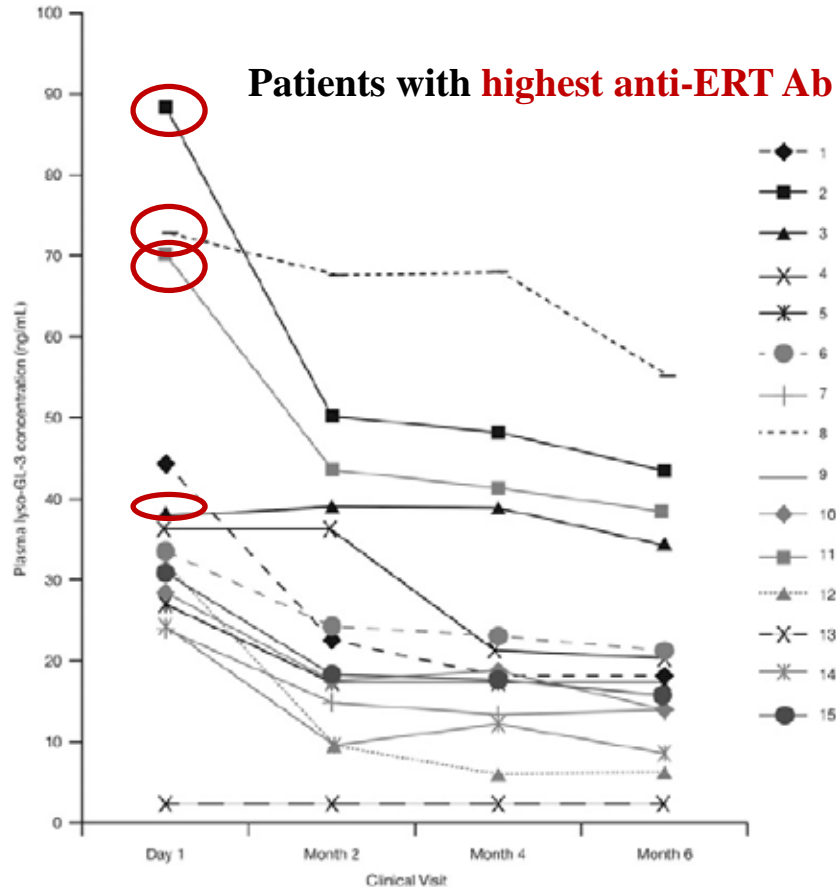
Effect of lyso-Gb3 on Fabry nephropathy<sup>1,2</sup>



1. Sanchez-Niño MD, et al. Nephrol Dial Transplant. 2011;26:1797-802.
2. Sanchez-Niño MD, et al. Human Mol Genet. 2015;24:5720-32.

# Monitoring

Plasma **lyso-Gb3** decreased when ERT **switched** from agalsidase **alfa 0.2 mg/kg/EOW** to agalsidase **beta 1.0 mg/kg/EOW**



## 3 key concepts

1. Fabry nephropathy is a form of **CKD**

2. Fabry CKD is **proteinuric**

3. Fabry CKD is **progressive**

of proper monitoring and goal setting in Fabry patients' management. Pending on whether at that moment you could disclose the upcoming Therapeutic Goals for Fabry disease or not, this would be an excellent addition to your lecture