Management of kidney transplant immunosuppression in positive coronavirus infection requiring hospital admission

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1.- Kidney transplant recipient < 60 years:

- Without pulmonary infiltrates: Maintain immunosuppressive treatment unchanged.

If you start treatment with hydroxychloroquine, decrease tacrolimus and iMTOR dose by 20% of input (due to the interactions between tacrolimus and iMTOR and chloroquine) and then always monitor levels every 48 hours and maintain tacrolimus levels: 4-6 ng/ml

- With pulmonary infiltrates:

- Without hipoxemia or fever:

1.- Stop only MMF and maintain tacrolimus¹ (levels 4-6 ng/ml) and prednisone 20 mg daily.

- With hipoxemia (with need of oxigen) or fever:

- 1.- Stop tacrolimus and MMF (or iMTOR) and keep only with prednisone 20 mg daily for the first 4 days.
- 2.- From the 5th day of admission, if the clinical situation improves (no fever and does not need oxygen): Restart tacrolimus¹ to maintain levels of 4-6 ng/ml associated with 20 mg prednisone.
- 3.- From the 5th day of admission, if the clinical situation does not improve (persists with fever or need for oxygen), maintain only with prednisone 20 mg daily. Tacrolimus¹ will be started again as in point 2 when it improves.

2.- Kidney transplant recipient > 60 years:

- Without pulmonary infiltrates: Stop MMF and maintain tacrolimus (levels 4-6 ng/ml) and prednisone (usual dose, do not increase to 20 mg)
- With pulmonary infiltrates:
 - Without hipoxemia or fever:
 - 1.- Stop MMF, decrease tacrolimus for levels 3-5 ng/ml and maintain prednisone (usual dose, do not increase to 20 mg)

- With hipoxemia (need for oxygen) or fever:

1.- Stop tacrolimus and MMF (ori MTOR) and keep only with prednisone 20 mg daily for the first 4 dyas

- 2.- From the 5th day, if the clinical situation improves (no fever and does not need oxygen): Restart tacrolimus¹ to maintain levels of 3-5 ng/ml associated with predniosne 20 mg daily
- 3.- From the 5th day, if the clinical situation does not improve (persists with fever or need for oxygen), maintain only with prednisone 20 mg daily. Tacrolimus¹ will be started again as in point 2 when it improves.

¹If you start or are already on hydroxychloroquine, decrease tacrolimus and iMTOR dose by 20% of entry (due to the interactions between tacrolimus and iMOTR and chloroquine).

3.- Kidney transplant patient who has been contact with a positive coronavirus patient and has no symptons:

Start with hydroxychloroquine 200 mg/12 hours during 5 days.

Decrease tacrolimus or iMTOR dose by 20% during the 5 days and then return to tacrolimus and iMTOR usual dose

Rest of immunosuppression unchanged

Antivirals:

- Hydroxychloroquine: 200 mg/12 hours 5-7 days: It interacts with CNI and iMTOR. Close monitoring of levels is recommended. When starting, decrease the dose of CNI and iMTOR by 20%
- Avoid the use of ritonavir/lopinavir: with iMTOR ins not recommended and with CNI it can be used but levels increase. Avoid its use for important side effects too.
- Remdesevir: can be used without interactions, but is subject to clinical trial.
- Tocilizumab: can be used without interactions
- Iv Ig: its use is not recommended due to multiple patient contact.